

PIPELINE

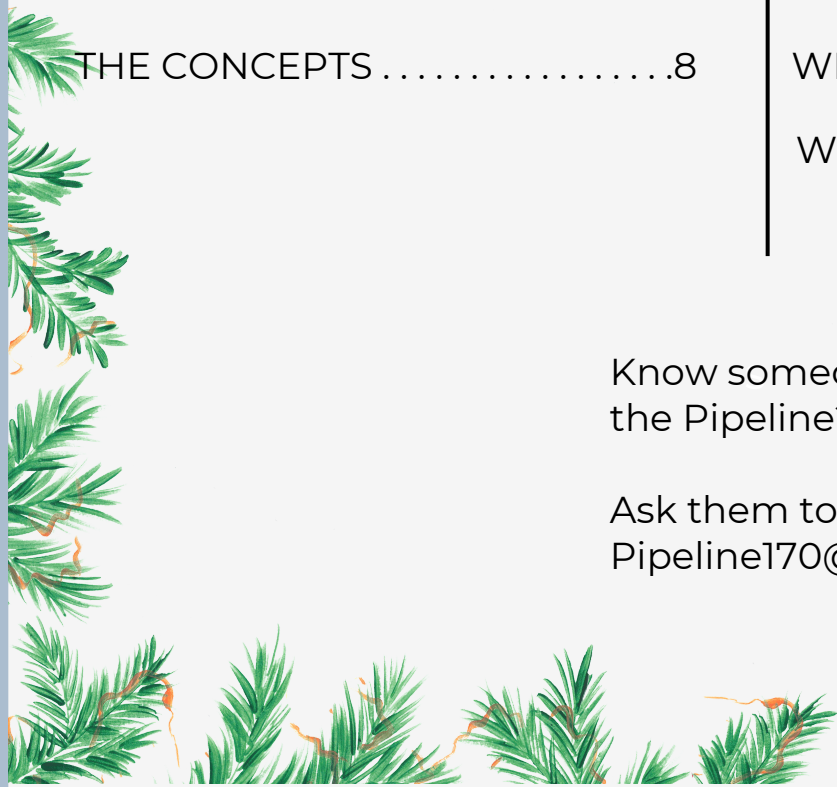
Our Three Legacies: Steps, Traditions and Concepts. The threefold guides of Al-Anon point the way to a normal, useful life for the individual. They are also a framework within which the groups can carry on their affairs in harmony.

WHAT'S INSIDE

LITERATURE	7	THE TRADITIONS	6
MEETING CHANGES.....	7	THE TWELVE STEPS.....	4
SERVICE OPPORTUNITIES	2	UPCOMING EVENTS	5
THE CONCEPTS	8	WHERE AND WHEN	10
		WHO'S WHO.....	3

Know someone who could use a copy of the Pipeline?

Ask them to send an email to Pipeline170@gmail.com to get on the list.



Service Opportunities

The new panel of Trusted Servants began January 1, 2024. The following positions are still open for District 170:

Alternate District Representative -- Supports the District Representative. Must have served a full three-year term as a group representative. May not be a member of AA or any other 12-step program.

Alt AISL -- Supports the AISL. Must attend District meetings.

Telephone Answering Chairperson -- Maintains a list of people manning the telephone answering services, informs volunteers of any change in meetings and advises District of any open slots to be filled.

If you are interested in any of these positions, please come to the District meeting on February 10, 2024 or speak to your Group Representative.

DISTRICT 170 BUSINESS MEETING

February 10, 2024, 10:00 a.m.

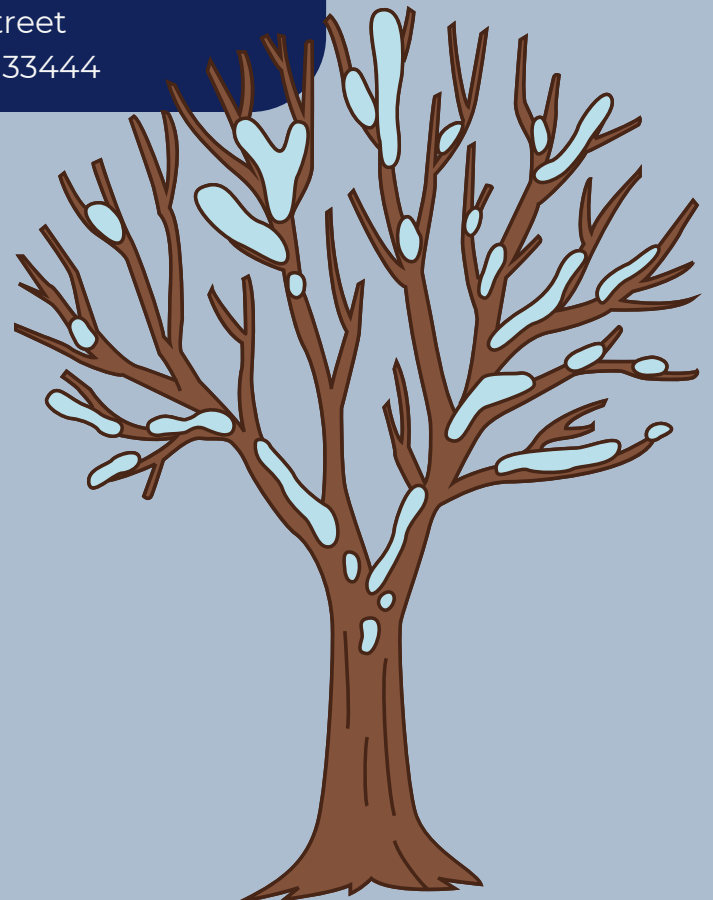
All Al-Anon Members are encouraged to attend
Unity Church (Fellowship Hall)
101 NW 22nd Street
Delray Beach, FL 33444

LET'S REVIVE CAMP!

Camp Al-Anon has been a District 170 tradition since the early 2000s. It is a fun event which includes workshops, games, crafts, meals, maybe overnight, entertainment and fun.

Please consider joining a committee to plan for the spring. There is a substantial seed fund in the camp treasury and lots and lots of supplies to make it a success.

Call me for more information.
Chris A 954-415-6574



Who's Who

These are the trusted servants serving District 170 and their contact information:

District Representative: Luci
Telephone: 201-913-8543

Alternate District Representative: **OPEN**

Secretary: Christa
Telephone: 561-281-2299

Treasurer: Diana
Telephone: 561-727-4473

AI SL: Keith
(Al-Anon Information Service Liaison)
Telephone: 843-455-1902

Al-Ateen: Agnee
Telephone: 832-754-8626

Archivist: Kathy
Email: 561-665-0721

Group Records: Chuck
Telephone: 720-837-4151

Institutions: Racheal
Telephone: 561-703-7636

Literature: Larry
Telephone: 561-452-8998

Pipeline: Rhonni
Telephone: 561-703-9358

Thank you for your service!

Public Outreach: Kathy
Telephone: 305-333-9390

Speaker List: Michele
Telephone: 561-577-3211

Sunshine Fund: Cathy
Telephone: 561-670-5354

Telephone Answering Service: **OPEN**

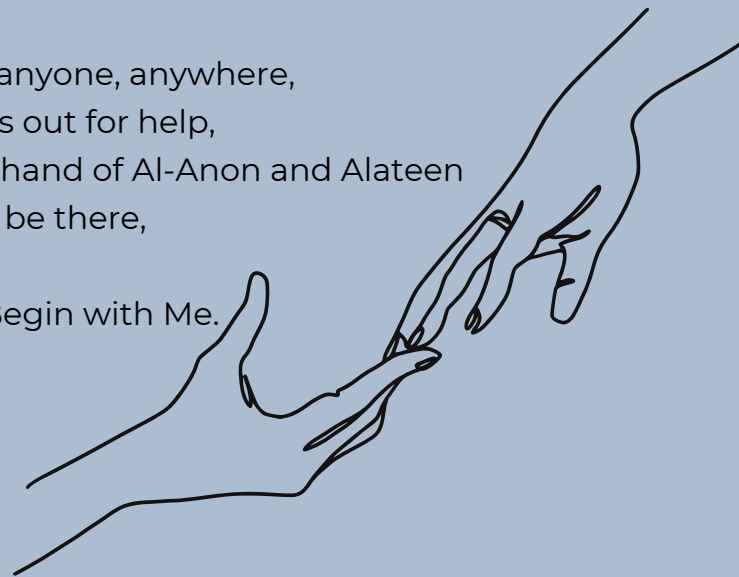
Webmaster: Deb D
Telephone: 772-631-7466

Where and When: Chuck
Telephone: 720-837-4151

Events/Committees: Gail
Telephone: 305-978-1879

Let It Begin with Me

When anyone, anywhere,
reaches out for help,
let the hand of Al-Anon and Alateen
always be there,
and
Let It Begin with Me.



Steps

1. We admitted we were powerless over alcohol - that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over the care of God *as we understood Him*.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and become willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God *as we understood Him*, praying only for knowledge of his will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to others, and to practice these principles in all our affairs.

Step 1

“My acceptance of this family disease allows me to stop wasting energy fighting a hopeless battle, and to turn instead to sources of genuine help and hope - Al-Anon and my Higher Power.”

Upcoming Events

February 2024

February 10, 2024, 10:00 a.m.
District 170 Meeting
Unity Church (Fellowship Hall)
101 NW 22nd Street
Delray Beach, FL 33444

March 2024

March 2, 2024, 10:00 a.m.
District 170 Meeting
Unity Church (Fellowship Hall)
101 NW 22nd Street
Delray Beach, FL 33444

March 9-10, 2024
Winter AWSC
Hampton Inn Clewiston
305 W Sugarland Hwy
Clewiston, FL 33440

March 16, 2024, 8:00 a.m. to 3:00 p.m.
District 170 Day of Workshops
St. Joseph's Episcopal Church
3300 S. Seacrest Boulevard
Boynton Beach, FL

May 2024

May 31-June 2, 2024
Spring Assembly
Contract pending

July 2024


July 26-28, 2024
Summer AWSC
Location to be determined

August 2024

August 16-18, 2024
34th Annual AFG Florida South Area 10
Convention with AA Participation
Hilton Fort Lauderdale Marina
1881 SE 17th Street, Fort Lauderdale, FL
33316

October 2024

October 25-27, 2024
Fall Assembly
Location to be determined



**NOT EVERYONE
TRAPPED BY ALCOHOL
IS AN ALCOHOLIC**


Families and friends are suffering too.

•

Do you worry about how much
someone drinks?

•

Al-Anon and Alateen can help.


Al-Anon Family Groups
Help and hope for families and friends of alcoholics

Find a Local AL-ANON Meeting
Virtual (Zoom), Telephone, & In-Person Meetings
(561) 278-3481
SouthPalmBeachAFG.org
Beginners Zoom Meeting Every Monday 7pm EST

1-888-4AL-ANON • AL-ANON.ORG

Traditions

1. Our common welfare should come first; personal progress for the greatest number depends on unity.
2. For our group purpose there is but one authority - a loving God as he may express Himself in our group conscience. Our leaders are but trusted servants - they do not govern.
3. The relatives of alcoholics, when gathered together for mutual aid, may call themselves an Al-Anon Family Group, provided that, as a group, they have no other affiliation. The only requirement for membership is that there be a problem of alcoholism in a relative or friend.
4. Each group should be autonomous, except in matters affecting another group or Al-Anon or AA as a whole.
5. Each Al-Anon Family Group has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps of AA ourselves, by encouraging and understanding our alcoholic relatives, and by welcoming and giving comfort to families of alcoholics.
6. Our Family Groups ought never endorse, finance or lend our name to any outside enterprise, lest problems of money, property and prestige divert us from our primary spiritual aim. Although a separate entity, we should always co-operate with Alcoholics Anonymous.
7. Every group ought to be fully self-supporting, declining outside contributions.
8. Al-Anon Twelfth Step work should remain forever non-professional, but our service centers may employ special workers.
9. Our groups, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. The Al-Anon Family Groups have no opinion on outside issues; hence our name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, films, and TV. We need guard with special care the anonymity of all AA members.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles above personalities.

Meeting Changes

Al-Ateen meeting
Tuesdays @ 7:00 p.m.
Crossroads
through month of February

Starting March 7, 7:30 p.m.
Al-Ateen meeting moves to
St. Mark's Catholic Church
643 St. Mark Place
Boynton Beach

Friday Hope AFG
Will start meeting at Church on the
Hill.

Electronic only meeting
Saturday Morning Peace, 10:30 a.m.
Meeting ID 848 7939 4282
Password 552501
Correction to Where & When on
meeting ID



Conference Approved Literature (CAL) is important to have at all meetings. The Literature Distribution Center (LDC) located at the Crossroads Clubhouse (1700 Lake Ida Road, Delray Beach) is open on Tuesdays between 5:00 p.m. and 7:00 p.m. (except holidays). Or contact Larry at labeledyosel99@yahoo.com



1-888-4AL-ANON • al-anon.org/teen-info

Alateen Meeting
Tuesdays 7 pm

The Crossroads Club
1700 Lake Ida Rd, Room E
Delray Beach, FL 33445

1 IN 4
CHILDREN
are affected
by someone's
drinking.

You are not alone.

Alateen can help.


Al-Anon Family Groups
Help and hope for families and friends of alcoholics

Agnee: 832-754-8626
SouthFloridaAl-Anon.org

Concepts of Service

1. The ultimate responsibility and authority for Al-Anon world services belongs to the Al-Anon groups.
2. The Al-Anon Family Groups have delegated complete administrative and operational authority to their Conference and its service arms.
3. The right of decision makes effective leadership possible.
4. Participation is the key to harmony.
5. The rights of appeal and petition protect minorities and insure that they be heard.
6. The Conference acknowledges the primary administrative responsibility of the Trustees.
7. The Trustees have legal rights while the rights of the Conference are traditional.
8. The Board of Trustees delegates full authority for routine management of Al-Anon Headquarters to its executive committees.
9. Good personal leadership at all service levels is a necessity. In the field of world service the Board of Trustees assumes the primary leadership.
10. Service responsibility is balanced by carefully defined service authority and double-headed management is avoided. (128)
11. The World Service Office is composed of selected committees, executives and staff members.
12. The spiritual foundation for Al-Anon's world services is contained in the General Warranties of the Conference, Article 12 of the Charter.

There's more to maintaining a fully self-supporting Al-Anon group than just paying the rent. Continuity of service is important to our common welfare. Today I will think about the contribution I am making to my home group.

Courage to Change, page 251.

DISTRICT 170 PRESENTS

Spring into Freedom

With the Tools of the Program

DAY OF WORKSHOPS

SATURDAY,
MARCH 16, 2024

FEATURING

4 workshop sessions; choose from 12

PLUS: food ~ fellowship ~ fun

50/50 cash raffle ~ door prize raffle

Save \$5 when you buy in advance!

*Two door prize raffle tickets come free with all advance tickets**

Tickets

\$10 advance; \$15 at the door

Cash: Pay with cash and get a paper ticket from your group representative. Bring it with you to the DOW.

Digital: Pay with Venmo or Zelle to get a will call ticket at the door. No paper ticket will be given.

Venmo: Payment goes to @Keith-McNeal-64267

(843) 455-1902. Scan Venmo code here: →

—> Please enter "DOW" under "What's this for?"

Zelle: (843) 455-1902 or bangersc@gmail.com

—> Please enter "DOW" in the memo field.



Scan code to pay via Venmo. Enter "DOW" in memo field.

Details

When: 8 a.m. to 3 p.m. Saturday, March 16, 2024. Workshop schedule TBD.

Where: St. Joseph's Episcopal Church, 3300 S. Seacrest Blvd., Boynton Beach, FL

Meals: Continental breakfast/coffee included; bring your own lunch (fridge/micro not available). One hour break for lunch.

Snacks: Please bring a snack to share.

* One door prize raffle ticket free if you buy on the day of event. Pick up raffle tickets at the registration table at DOW.

THE TWELVE STEPS

1. We admitted we were powerless over alcohol—that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to others, and to practice these principles in all our affairs.

THE TWELVE TRADITIONS

1. Our common welfare should come first; personal progress for the greatest number depends upon unity.
2. For our group purpose there is but one authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants—they do not govern.
3. The relatives of alcoholics, when gathered together for mutual aid, may call themselves an Al-Anon Family Group, provided that, as a group, they have no other affiliation. The only requirement for membership is that there be a problem of alcoholism in a relative or friend.
4. Each group should be autonomous, except in matters affecting another group or Al-Anon or AA as a whole.
5. Each Al-Anon Family Group has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps of AA ourselves, by encouraging and understanding our alcoholic relatives, and by welcoming and giving comfort to families of alcoholics.
6. Our Family Groups ought never endorse, finance or lend our name to any outside enterprise, lest problems of money, property and prestige divert us from our primary spiritual aim. Although a separate entity, we should always cooperate with Alcoholics Anonymous.
7. Every group ought to be fully self-supporting, declining outside contributions.
8. Al-Anon Twelfth Step work should remain forever non-professional, but our service centers may employ special workers.
9. Our groups, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. The Al-Anon Family Groups have no opinion on outside issues; hence our name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, films, and TV. We need guard with special care the anonymity of all AA members.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles above personalities.

ANONYMITY

Whom you see here, What you hear here, When you leave here, Let it stay here.

THE SERENITY PRAYER

God, Grant me the Serenity to accept the things I cannot change, Courage to change the things I can, and Wisdom to know the difference.

DISTRICT 170 BUSINESS MEETING

2nd Saturday Each Month 10:00 AM

All Al-Anon Members are encouraged to attend
Unity Church (Fellowship Hall)
101 NW 22nd Street
Delray Beach, FL 33444

LITERATURE DISTRIBUTION CENTER

Crossroads Club (LDC Room)
1700 Lake Ida Rd
Delray Beach 33445
Email: labelyosel99@yahoo.com
5:00PM – 7:00PM Tuesdays
EXCEPT HOLIDAYS*

ALATEEN

Al-anon.org/teen-info
1-888-4AL-ANON
Agnee 832-754-8626(local contact)

ONLINE SITES

Al-Anon Family Group
Headquarters, Inc.
MORE MEETINGS AVAILABLE WORLDWIDE
al-anon.org
Florida South Area 10
southfloridaal-anon.org
Al-Anon Official YouTube Channel
<https://www.youtube.com/channel/UCRP2-e3CnVpa-Vg5Praa9Vw>

ARE YOU AFFECTED BY SOMEONE'S DRINKING? _____

AL-ANON & ALATEEN FAMILY GROUPS

The relatives of alcoholics, when gathered together for mutual aid, may call themselves an Al-Anon Family Group, provided that, as a group they have no other affiliation. The only requirement for membership is that there be a problem of alcoholism in a relative or friend.

DISTRICT 170

Lake Worth Road – Boca Raton
PO Box 928, Boynton Beach, Florida 33425

WHERE & WHEN

Meeting Schedule
REVISION 01/02/2024

Check online for latest meeting information

southpalmbeachafg.org
Electronic/Phone Meetings Available
District 170 Newsletter - Pipeline
pipeline170@gmail.com
send email request to subscribe

561-278-3481
24 hours – 7 days a week

YOU ARE NOT ALONE

WORLDWIDE MEETINGS
al-anon.org/al-anon-meetings/
1-800-344-2666

MEETING CODES:
+ Families & Friends Only
++ Families, Friends & Observers Welcome
w/c Wheelchair Access
E Electronic Online Meeting

MONDAY

Fresh Start AFG ++ E
ZOOM Meeting ID: 851 3763 3453
Password: 880208
Or Dial 1-646-558-8656
2:00 PM – Regular Meeting

Beginners Meeting ++ E
ZOOM Meeting ID: 837 3059 6643
Password: 021146
Or Dial 1-929-205-6099
7:00 PM – Beginners (Open to All)

Courage to Change ++ w/c
Beachcomber Outpatient
(Children Under 10 discouraged)
115 E Woolbright Rd
Boynton Beach
6:30 PM - Regular Meeting

Alegria de Vivir +
(Spanish Speaking)
Our Lady Queen of Peace
9600 W Atlantic Ave
Delray Beach
7:00PM – Adult Child Focus

TUESDAY

Tues Morning Serenity + w/c
St. Mark Church
St. Francis Center (St Clare Room)
643 St. Mark Pl
Boynton Beach
10:00 AM - Regular Meeting

Boca Keep in Step + w/c
Our Lady of Lourdes Church
(Upstairs, Room 205)
22094 Lyons Rd
Boca Raton
7:00 PM – Step Meeting

Hope For Today ++ w/c
Crossroads Club (Board Room)
1700 Lake Ida Rd
Delray Beach
7:00 PM - Adult Child Focus

ALATEEN Meeting (Name TBD)
Crossroads Club
1700 Lake Ida Rd
Delray Beach
7:00 PM – ALATEEN

Open Step Study ++ w/c
Unity Church of Delray
(Fellowship Hall)
101 NW 22 St
Delray Beach
7:00 PM – Step Meeting

West Boca Lost & Found ++ w/c
Glades Presbyterian Church
21121 Judge Winikoff Rd
Boca Raton
7:30 PM – Regular Meeting

WEDNESDAY

Men's Wednesday Night ++ E
ZOOM Meeting ID: 383 519 685
Password: 803178
Or Dial 1-646-876-9923
7:30PM – Regular Meeting

Highland Beach AFG + w/c
St. Lucy Catholic Church
(Rear Building)
3510 S Ocean Blvd
Highland Beach
10:30 AM – Regular Meeting

Wednesday Morning Serenity ++ w/c
Lake Osborne Presbyterian Church
2102 6th Ave. S
Lake Worth
10:30 AM – Regular Meeting

Wednesday Back to Life ++ w/c
Crossroads Club (Board Room)
1700 Lake Ida Road
Delray Beach
12:00 PM – Regular Meeting

Live and Let Live AFG ++
Boca Pines Club
9910 Sandalfoot Blvd
Boca Raton
4:00 PM – Regular Meeting

Delray Women's Healing Through Surrender ++
Temple Sinai (Classroom 107)
2475 W Atlantic Ave
Delray Beach
7:00PM – Regular Meeting

THURSDAY

Thankful Thursday ++ E
ZOOM Meeting ID: 84626189953
Password: thankful
Or Dial 1-845-216-9077
9:00AM – Beginners Meeting
10:00AM – Regular Meeting

Thursday Morning AFG + w/c
Unitarian Universalist Church
(Park Left Side of Church, Thru Breezeway
Door on Left, Classroom #2)
2601 St. Andrews Blvd
Boca Raton
10:00 AM – Regular Meeting

Parents Sunshine ++
First United Methodist Church
(Back of Parking Lot, Look for Signs)
625 NE Mizner Blvd
Boca Raton
6:30 PM – Beginners Meeting
7:00 PM – Regular Meeting

Boynton West + w/c
St Mark Church
St Francis Center (St Clare Room)
643 St Mark Pl
Boynton Beach
7:00 PM – Beginners Meeting
7:30 PM – Regular Meeting

FRIDAY

Friday Serenity ++ w/c E
ZOOM Meeting ID: 825 1136 4927
Password: serenity
10:00 AM – Regular Meeting
Friday Night Men's Fellowship ++ w/c E
Boca Community Center
(Queen Palm West Rm)
150 Crawford Blvd
Boca Raton
ZOOM Meeting ID: 816 8229 4108
No Password
7:30 PM – Regular Meeting ZOOM & In-Person

Camino AFG ++ w/c
Grace Community Church
(Park in Front, Meet in Sanctuary)
600 W Camino Real Rd
Boca Raton
10:00 AM – Regular Meeting

SATURDAY

Focus on Us +
ZOOM Meeting ID: 853 7786 1972
Password: 842842
9:00 AM – Beginners Meeting
10:00AM – Regular Meeting

Saturday Morning Peace
ZOOM Meeting ID: 848 7939 7282
Password: 552501
10:30AM – Regular Meeting

Boca Serenity AFG + w/c
St. Joan of Arc
(2nd Floor Across from AA
Room) 370 SW 3rd St
Boca Raton
9:00 AM – Beginners Meeting
10:00 AM – Regular Meeting

New Beginnings AFG + w/c
Temple Sinai (Classroom 107)
2475 W Atlantic Ave
Delray Beach
10:30 AM – Regular Meeting

Saturday Morning Serenity ++w/c E
Palm Beach Friends Quaker Meeting
823 N A St
Lake Worth
9:30 AM – Beginners Meeting
10:30 AM – Reg Meeting

SUNDAY

Life is Good Sunday AFG ++ E
ZOOM Meeting ID: 844 2638 4236
Password: sunday
or Dial 1-877-369-0926
9:30 AM – Regular Meeting

Grupo Libertad de Al-Anon + E
(Spanish Speaking)
ZOOM Meeting ID: 869 7709 4653 (Temp)
Password: 630633
Or Dial 1-929-205-6099
8:30 AM – Regular Meeting

Easy Does It AFG ++
Unitarian Universalist Church
(Parking & Entrance to Room in Back)
2601 St. Andrews Blvd
Boca Raton
10:00 AM – Regular Meeting

Serenity Step & Study + w/c
Palm Beach Friends Quaker Meeting
823 N A St
Lake Worth
7:00 PM – Regular Meeting