

## THE TWELVE STEPS

1. We admitted we were powerless over alcohol—that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to others, and to practice these principles in all our affairs.

## THE TWELVE TRADITIONS

1. Our common welfare should come first; personal progress for the greatest number depends upon unity.
2. For our group purpose there is but one authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants—they do not govern.
3. The relatives of alcoholics, when gathered together for mutual aid, may call themselves an Al-Anon Family Group, provided that, as a group, they have no other affiliation. The only requirement for membership is that there be a problem of alcoholism in a relative or friend.
4. Each group should be autonomous, except in matters affecting another group or Al-Anon or AA as a whole.
5. Each Al-Anon Family Group has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps of AA ourselves, by encouraging and understanding our alcoholic relatives, and by welcoming and giving comfort to families of alcoholics.
6. Our Family Groups ought never endorse, finance or lend our name to any outside enterprise, lest problems of money, property and prestige divert us from our primary spiritual aim. Although a separate entity, we should always cooperate with Alcoholics Anonymous.
7. Every group ought to be fully self-supporting, declining outside contributions.
8. Al-Anon Twelfth Step work should remain forever non-professional, but our service centers may employ special workers.
9. Our groups, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. The Al-Anon Family Groups have no opinion on outside issues; hence our name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, films, and TV. We need guard with special care the anonymity of all AA members.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles above personalities.

## ANONYMITY

Whom you see here, What you hear here, When you leave here, Let it stay here.

## THE SERENITY PRAYER

God, Grant me the Serenity to accept the things I cannot change, Courage to change the things I can, and Wisdom to know the difference.

## DISTRICT 170 BUSINESS MEETING

2 nd Saturday Each Month  
10:00 AM  
All Al-Anon  
Members are encouraged to attend  
Unity Church (Fellowship Hall)  
101 NW 22 nd Street  
Delray Beach, FL 33444

## LITERATURE DISTRIBUTION CENTER

Crossroads Club (LDC Room)  
1700 Lake Ida Rd  
Delray Beach 33445  
Email: [labelyosel99@yahoo.com](mailto:labelyosel99@yahoo.com)  
5:00PM – 7:00PM Tuesdays  
\*\*\*EXCEPT HOLIDAYS\*\*\*\*

## ALATEEN

Al-anon.org/teen-info  
1-888-4AL-ANON  
Agnee 832-754-8626 (local contact)

## ONLINE SITES

Al-Anon Family Group Headquarters, Inc .  
MORE MEETINGS AVAILABLE  
WORLDWIDE  
[www. al-anon.org](http://www.al-anon.org)

Florida South Area 10  
[southfloridaal-anon.org](http://southfloridaal-anon.org)

## DISTRICT 170

Lake Worth Road – Boca Raton  
PO Box 928, Boynton Beach, Florida 33425

## WHERE & WHEN Meeting Schedule

REVISION 04/04/2024

Check online for latest meeting  
Information:

[southpalmbeachafg.org](http://southpalmbeachafg.org)

Electronic/Phone Meetings Available\_  
[Anon Official YouTube Channel](#)

[https://www.youtube.com/channel/  
UCRP2-e3CnVpa-Vg5Praa9Vw](https://www.youtube.com/channel/UCRP2-e3CnVpa-Vg5Praa9Vw)

ARE YOU AFFECTED BY SOMEONES  
DRINKING?

AL-ANON & ALATEEN  
FAMILY GROUPS

The relatives of alcoholics, when gathered together for mutual aid, may call themselves an Al-Anon Family Group, provided that, as a group they have no other affiliation. The only requirement for membership is that there be a problem of alcoholism in a relative or friend.

District 170 Newsletter - Pipeline  
[pipeline170@gmail.com](mailto:pipeline170@gmail.com)  
\*send email request to subscribe\*  
561-278-3481  
24 hours – 7 days a week

YOU ARE NOT ALONE

WORLDWIDE MEETINGS

[al-anon.org/al-anon-meetings/](http://al-anon.org/al-anon-meetings/)  
1-800-344-2666

MEETING CODES:

+ Families & Friends Only  
++ Families, Friends & Observers Welcome  
w/c Wheelchair Access  
E Electronic Online Meeting

MONDAY

Fresh Start AFG ++ E

ZOOM Meeting ID: 851 3763 3453  
Password: 880208  
Or Dial 1-646-558-8656  
2:00 PM – Regular Meeting  
Beginners Meeting ++ E  
ZOOM Meeting ID: 837 3059 6643  
Password: 021146  
Or Dial 1-929-205-6099  
7:00 PM – Beginners (Open to All)

Courage to Change ++ w/c

Beachcomber Outpatient  
(Children Under 10 discouraged)  
115 E Woolbright Rd  
Boynton Beach  
6:30 PM - Regular Meeting

Alegria de Vivir +

(Spanish Speaking)  
Our Lady Queen of Peace  
9600 W Atlantic Ave  
Delray Beach  
7:00PM – Adult Child Focus

TUESDAY

Tues Morning Serenity + w/c

St. Mark Church  
St. Francis Center (St Clare Room)  
643 St. Mark Pl Boynton  
Beach  
10:00 AM - Regular Meeting  
Boca Keep in Step + w/c  
Our Lady of Lourdes Church  
(Upstairs, Room 205)  
22094 Lyons Rd  
Boca Raton  
7:00 PM – Step Meeting

Hope For Today ++ w/c

Crossroads Club (Board Room)  
1700 Lake Ida Rd  
Delray Beach  
7:00 PM - Adult Child Focus

Open Step Study ++ w/c

Unity Church of Delray  
(Fellowship Hall)  
101 NW 22 St  
Delray Beach  
7:00 PM – Step Meeting

West Boca Lost & Found ++ w/c

Glades Presbyterian Church  
21121 Judge Winikoff Rd  
Boca Raton  
7:30 PM – Regular Meeting

WEDNESDAY

Mens Wednesday Night ++ E

ZOOM Meeting ID: 383 519 685  
Password: 803178  
Or Dial 1-646-876-9923  
7:30PM – Regular Meeting

Highland Beach AFG + w/c

St. Lucy Catholic Church  
(Rear Building)  
3510 S Ocean Blvd  
Highland Beach  
10:30 AM – Regular Meeting

Wednesday Morning Serenity ++ w/c

Lake Osborne Presbyterian Church  
2102 6 th Ave. S  
Lake Worth  
10:30 AM – Regular Meeting

Wednesday Back to Life ++ w/c

Crossroads Club (Board Room)  
1700 Lake Ida Road  
Delray Beach  
12:00 PM – Regular Meeting

Live and Let Live AFG ++

Boca Pines Club  
9910 Sandalfoot Blvd  
Boca Raton  
4:00 PM – Regular Meeting

Delray Womens Healing Through Surrender ++

Temple Sinai (Classroom 107)  
2475 W Atlantic Ave  
Delray Beach  
7:00PM – Regular Meeting

THURSDAY

Thankful Thursday ++

E ZOOM Meeting ID: 84626189953  
Password: thankful  
Or Dial 1-845-216-9077  
9:00AM Beginners  
Meeting 10:AM  
Regular Meeting

Thursday Morning AFG + w/c

Unitarian Universalist Church  
(Park Left Side of Church, Thru  
Breezeway Door on Left, Classroom  
#2)  
2601 St. Andrews  
Blvd Boca Raton  
10:00 AM – Regular Meeting

Parents Sunshine ++

First United Methodist Church  
(Back of Parking Lot, Look for  
Signs) 625 NE Mizner Blvd  
Boca Raton  
6:30 PM – Beginners Meeting 7:00 PM –  
Regular Meeting

Boynton West  
w/c

St Mark Church  
St Francis Center (St Clare  
Room) 643 St Mark Pl  
Boynton Beach  
7:00 PM – Beginners Meeting  
7:30 PM – Regular Meeting

Alateen

St. Marks Church  
643 St. Mark Place  
Boynton Beach  
Enter parish office gate, go upstairs, turn  
right to end of hallway, computer room  
7:30 PM

FRIDAY

Friday Serenity ++ w/c E

ZOOM Meeting ID: 825 1136 4927  
Password: serenity  
10:00 AM – Regular Meeting

Friday Night Men's Fellowship ++ w/c E

Boca Community Center  
(Queen Palm West Rm) 150 Crawford Blvd Boca  
Raton  
ZOOM Meeting ID: 816 8229 4108  
No Password  
7:30 PM – Regular Meeting ZOOM & In Person

Tapestries of Love AFG

Temple Beth El.  
333 SW 4th Ave  
Boca Raton,  
1:00 PM

Camino AFG ++ w/c

Church On The Hill  
251 SW 4th Ave  
Boca Raton  
10:00 AM – Regular Meeting

SATURDAY

Focus on Us +E

ZOOM Meeting ID: 853 7786 1972  
Password: 842842  
9:00 AM Beginners Meeting  
110:0 AM Regular Meeting

Saturday Morning Peace

ZOOM Meeting ID: 848 7939 4282  
Password: 552501  
10:30 AM Regular Meeting

Boca Serenity AFG + W/C

St. Joan of Arc  
(2nd Floor Across from AA Room)  
370 SW 3rd St  
Boca Raton  
9:00 AM – Beginners Meeting 10:00 AM – Regular  
Meeting

New Beginnings AFG + w/c

Temple Sinai (Classroom 107)  
2475 W Atlantic Ave  
Delray Beach  
10:30 AM – Regular Meeting

Saturday Morning Serenity ++w/c E

Palm Beach Friends Quaker Meeting  
823 N A St  
Lake Worth  
9:30 AM – Beginners Meeting 10:30 AM  
– Reg Meeting

Sunday

Life is Good Sunday AFG ++ E

ZOOM Meeting ID: 844 2638 4236  
Password: sunday or Dial 1-877-  
369-0926 9:30 AM – Regular  
Meeting

Grupo Libertad de Al-Anon + E

(Spanish Speaking)  
ZOOM Meeting ID: 869 7709 4653 (Temp)  
Password: 630633  
Or Dial 1-929-205-6099  
8:30 AM – Regular Meeting

Easy Does It AFG ++

Unitarian Universalist Church  
(Parking & Entrance to Room in Back)  
2601 St. Andrews Blvd  
Boca Raton  
9:30 AM Beginners Meeting  
10:00 AM – Regular Meeting

Serenity Step & Study + w/c

Palm Beach Friends Quaker Meeting  
823 N A St  
Lake Worth  
7:00 PM – Regular Meeting