

## THE TWELVE STEPS

1. We admitted we were powerless over alcohol—that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to others, and to practice these principles in all our affairs.

## THE TWELVE TRADITIONS

1. Our common welfare should come first; personal progress for the greatest number depends upon unity.
2. For our group purpose there is but one authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants—they do not govern.
3. The relatives of alcoholics, when gathered together for mutual aid, may call themselves an Al-Anon Family Group, provided that, as a group, they have no other affiliation. The only requirement for membership is that there be a problem of alcoholism in a relative or friend.
4. Each group should be autonomous, except in matters affecting another group or Al-Anon or AA as a whole.
5. Each Al-Anon Family Group has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps of AA ourselves, by encouraging and understanding our alcoholic relatives, and by welcoming and giving comfort to families of alcoholics.
6. Our Family Groups ought never endorse, finance or lend our name to any outside enterprise, lest problems of money, property and prestige divert us from our primary spiritual aim. Although a separate entity, we should always cooperate with Alcoholics Anonymous.
7. Every group ought to be fully self-supporting, declining outside contributions.
8. Al-Anon Twelfth Step work should remain forever non-professional, but our service centers may employ special workers.
9. Our groups, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. The Al-Anon Family Groups have no opinion on outside issues; hence our name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, films, and TV. We need guard with special care the anonymity of all AA members.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles above personalities.

## ANONYMITY

Whom you see here, What you hear here,  
When you leave here, Let it stay here.

### THE SERENITY PRAYER

God, Grant me the Serenity to accept the things I cannot change, Courage to change the things I can, and Wisdom to know the difference.

### DISTRICT 170 BUSINESS MEETING

2<sup>nd</sup> Saturday Each Month 10:00 AM

All Al-Anon Members

*are encouraged to attend*

Unity Church (Fellowship Hall)  
101 NW 22<sup>nd</sup> Street  
Delray Beach, FL 33444

### LITERATURE DISTRIBUTION CENTER

Crossroads Club (LDC Room)

1700 Lake Ida Rd

Delray Beach 33445

Email: [labelyose199@yahoo.com](mailto:labelyose199@yahoo.com)

5:00PM – 7:00PM Tuesdays

\*\*\*EXCEPT HOLIDAYS\*\*\*\*

### ALATEEN

Al-anon.org/teen-info

1-888-4AL-ANON

Agnee 832-754-8626 (local contact)

### ONLINE SITES

**Al-Anon Family Group**

**Headquarters, Inc.**

MORE MEETINGS AVAILABLE WORLDWIDE

[al-anon.org](http://al-anon.org)

**Florida South Area 10** [southfloridaaal-anon.org](http://southfloridaaal-anon.org)

**Al-Anon Official YouTube Channel**

<https://www.youtube.com/channel/UCRP2-e3CnVpa-Vg5Praa9Vw>

## ARE YOU AFFECTED BY SOMEONE'S DRINKING?

### **AL-ANON & ALATEEN FAMILY GROUPS**

The relatives of alcoholics, when gathered together for mutual aid, may call themselves an Al-Anon Family Group, provided that, as a group they have no other affiliation. The only requirement for membership is that there be a problem of alcoholism in a relative or friend.

## DISTRICT 170

Lake Worth Road – Boca Raton  
PO Box 928, Boynton Beach, Florida 33425

### **WHERE & WHEN**

Meeting Schedule

**REVISION 05/18/2024**

Check online for latest meeting  
information.

**[southpalmbeachafg.org](http://southpalmbeachafg.org)**

Electronic/Phone Meetings Available

District 170 Newsletter - *Pipeline*  
[pipeline170@gmail.com](mailto:pipeline170@gmail.com)

\*send email request to subscribe\*

**561-278-3481**

24 hours – 7 days a week

## **YOU ARE NOT ALONE**

**WORLDWIDE MEETINGS**

[al-anon.org/al-anon-meetings/](http://al-anon.org/al-anon-meetings/)

**1-800-344-2666**

MEETING CODES:

- + Families & Friends Only
- ++ Families, Friends & Observers Welcome
- w/c Wheelchair Access
- E Electronic Online Meeting

MONDAY

Courage to Change ++ w/c  
Beachcomber Outpatient  
(Children Under 10 discouraged)  
115 E Woolbright Rd  
Boynton Beach  
6:30 PM - Regular Meeting

TUESDAY

**Tues Morning Serenity** + w/c  
St. Mark Church  
St. Francis Center (St Clare Room)  
643 St. Mark Pl  
Boynton Beach  
10:00 AM - Regular Meeting

**Highland Beach**

10:30 AM – Regular Meeting  
Wednesday Morning Serenity ++ w/c  
Lake Osborne Presbyterian Church  
2102 6<sup>th</sup> Ave. S  
Lake Worth  
10:30 AM – Regular Meeting

**Hope For Today** ++ w/c

Crossroads Club (Board Room)  
1700 Lake Ida Rd  
Delray Beach  
7:00 PM - Adult Child Focus

**Open Step Study** ++ w/c

Unity Church of Delray  
(Fellowship Hall)  
101 NW 22 St  
Delray Beach  
7:00 PM – Step Meeting

**West Boca Lost & Found** ++ w/c

Glades Presbyterian Church  
21121 Judge Winikoff Rd  
Boca Raton  
7:30 PM – Regular Meeting

Wednesday

**Highland Beach AFG**

St. Lucy Catholic Church  
3510 S Ocean Dr  
Highland Beach, FL 33487  
Rear Building  
10:30 AM

**Wednesday Morning Serenity**

Lake Osborne Presbyterian Church  
2102 6th Ave. So  
Lake Worth, FL 33461  
10:30 AM

**Back to Life** ++ w/c

Crossroads Club (Board Room)  
1700 Lake Ida Road  
Delray Beach  
12:00 PM – Regular Meeting

**Live and Let Live AFG** ++

Boca Pines Club  
9910 Sandalfoot Blvd  
Boca Raton  
4:00 PM – Regular Meeting

**Men's Wednesday Night** ++ E

ZOOM Meeting ID: 383 519 685  
Password: 803178  
Or Dial 1-646-876-9923  
7:30PM – Regular Meeting

THURSDAY

**Thursday Morning AFG** + w/c

Unitarian Universalist Church  
(Park Left Side of Church, Thru Breezeway  
Door on Left, Classroom #2)  
2601 St. Andrews Blvd  
Boca Raton  
10:00 AM – Regular Meeting

**Parents Sunshine** ++

First United Methodist Church  
(Back of Parking Lot, Look for Signs)  
625 NE Mizner Blvd  
Boca Raton  
6:30 PM – Beginners Meeting  
7:00 PM – Regular Meeting

**Boynton West** + w/c

St Mark Church  
St Francis Center (St Clare Room)  
643 St Mark Pl  
Boynton Beach  
7:00 PM – Beginners Meeting  
7:30 PM – Regular Meeting

**Alateen**

St Mark's Church  
634 St Mark Place  
Boynton Beach  
Enter parish office gate, go upstairs, turn  
right to end of hallway, computer room.  
7:30PM

FRIDAY

**Camino AFG** ++ w/c

Church On the Hill  
251 SW 4th Ave  
Boca Raton  
10:00 AM – Regular Meeting

**Friday Night Men's Fellowship** ++ w/c E

Boca Community Center  
(Queen Palm West Rm)  
150 Crawford Blvd  
Boca Raton  
ZOOM Meeting ID: 816 8229 4108  
No Password  
7:30 PM – Regular Meeting ZOOM  
& In Person

**Tapestries of Love AFG**

Temple Beth El  
333 SW 4th Ave  
Boca Raton  
1:00 PM

SATURDAY

**Boca Serenity AFG** + w/c

St. Joan of Arc  
(2nd Floor Across from AA Room)  
370 SW 3rd St  
Boca Raton  
9:00 AM – Beginners Meeting  
10:00 AM – Regular Meeting

**Saturday Morning Serenity** ++w/c E

Palm Beach Friends Quaker Meeting  
823 N A St  
Lake Worth  
9:30 AM – Beginners Meeting  
10:30 AM – Reg Meeting

**New Beginnings AFG** + w/c

Temple Sinai (Classroom 107)  
2475 W Atlantic Ave  
Delray Beach  
10:30 AM – Regular Meeting

**Saturday Morning Peace**

(Local to District 170)  
Regular Meeting - 10:30AM  
<https://us02web.zoom.us/j/84879394282?pwd=enJxQnFLM0RpU1R0Q2lrOVI3RnNTdz09>  
Meeting ID: 848 7939 4282  
Password: 552501

SUNDAY

**Libertad** + E

(Spanish Speaking)  
ZOOM Meeting ID: 869 7709 4653  
(Temp)  
Password: 630633  
Or Dial 1-929-205-6099  
8:30 AM – Regular Meeting

**Easy Does It AFG** ++

Unitarian Universalist Church  
(Parking & Entrance to Room in Back)  
2601 St. Andrews Blvd  
Boca Raton  
10:00 AM – Regular Meeting

**Serenity Step & Study** + w/c

Palm Beach Friends Quaker Meeting  
823 N A St  
Lake Worth  
7:00 PM – Regular Meeting