THE TWELVE STEPS

- 1. We admitted we were powerless over alcohol—that our lives had become unmanageable.
- 2. Came to believe that a Power greater than ourselves could restore us to sanity.
- 3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
- Made a searching and fearless moral inventory of ourselves.
- 5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
- 6. Were entirely ready to have God remove all these defects of character.
- 7. Humbly asked Him to remove our shortcomings.
- 8. Made a list of all persons we had harmed, and became willing to make amends to them all.
- 9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
- 10. Continued to take personal inventory and when we were wrong promptly admitted it.
- 11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
- 12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to others, and to practice these principles in all our affairs.

THE TWELVE TRADITIONS

- 1. Our common welfare should come first:personal progress for the greatest number depends upon unity.
- 2. For our group purpose there is but one authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants—they do not govern.
- 3. The relatives of alcoholics, when gathered together for mutual aid, may call themselves an Al-Anon Family Group, provided that, as a group, they have no other affiliation. The only requirement for membership is that there be a problem of alcoholism in a relative or friend.
- 4. Each group should be autonomous, except in matters affecting another group or Al- Anon or AA as a whole.
- 5. Each Al-Anon Family Group has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps of AA ourselves, by encouraging and understanding our alcoholic relatives, and by welcoming and giving comfort to families of alcoholics.
- 6. Our Family Groups ought never endorse, finance or lend our name to any outside enterprise, lest problems of money, property and prestige divert us from our primary spiritual aim. Although a separate entity, we should always cooperate with Alcoholics Anonymous.
- 7. Every group ought to be fully self- supporting, declining outside contributions.
- 8. Al-Anon Twelfth Step work should remain forever non-professional, but our service centers may employ special workers.
- 9. Our groups, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
- 10. The Al-Anon Family Groups have no opinion on outside issues; hence our name ought never be drawn into public controversy.
- 11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, films, and TV. We need guard with special care the anonymity of all AA members.
- 12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles above personalities.

ANONYMITY

Whom you see here, What you hear here, When you leave here, Let it stay here.

THE SERENITY PRAYER

God, Grant me the Serenity to accept the things I cannot change, Courage to change the things I can, and Wisdom to know the difference.

DISTRICT 170 BUSINESS MEETING

2nd Saturday of month 10:00 AM All Al-Anon Members encouraged to attend Unity Church Fellowship Hall 101 NW 22nd Street Delray Beach, FL 33444

LITERATURE DISTRIBUTION CTR

Crossroads Club (LDC Room) 1700 Lake Ida Rd Delray Beach 33445 Email: labelyosel99@yahoo.com Tuesdays 5-7 PM except holidays

ALATEEN

Al-Anon/Alateen Hotline: 800-344-2666 Agnee 832-754-8626 local Alateen contact person

ONLINE RESOURCES

Al-Anon Family Group Headquarters, Inc.

www.al-anon.org

Florida South Area 10 Al-Anon www.southfloridaal-anon.org

Al-Anon Official YouTube Channel https://www.youtube.com/channel/

UCRP2-e3CnVpa-Vg5Praa9Vw

MORE MEETINGS AVAILABLE
WORLDWIDE
1-800-344-2666

ARE YOU AFFECTED BY SOMEONE'S DRINKING?

AL-ANON & ALATEEN FAMILY GROUPS

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DISTRICT 170

Lake Worth Road – Boca Raton PO Box 928, Boynton Beach, Florida 33425

WHERE & WHEN

Meeting Schedule Revised 8/19/25

Check online for latest meeting info

southpalmbeachafg.org

Electronic/Phone Meetings Available

District 170 Newsletter - *Pipeline* pipeline170@gmail.com

send email request to subscribe

561-278-3481

24 hours – 7 days a week

YOU ARE NOT ALONE

WORLDWIDE MEETINGS

al-anon.org/al-anon-meetings/ 1-800-344-2666

MEETING CODES:

+ Families & Friends Only
++ Observers Welcome
w/c Wheelchair Access
E Electronic Online Meeting

MONDAY

Courage to Change ++ w/c Beachcomber Outpatient Children Under 10 discouraged 115 E Woolbright Rd Boynton Beach 6:30 PM - Regular Meeting

Alegria de Vivir GFA

St Joan of Arc Kilby House 370 SW 3rd St Boca Raton 7:00 PM Spanish

TUESDAY

Tues Morning Serenity + w/c

St. Mark Church St.
Francis Center St. Clare
Room
643 St.Mark Pl
Boynton Beach
10:00 AM - Regular Meeting

Hope For Today ++ w/c Crossroads Club (Board Room) 1700 Lake Ida Rd Delray Beach 7:00 PM - Adult Child Focus

Open Step Study ++ w/c Unity Church of Delray Fellowship Hall 101 NW 22 St Delray Beach 7:00 PM Regular Meeting

West Boca Lost and Found + Glades Presbyterian Church 21121 Judge Winikoff Rd Boca Raton 7:30 PM

WEDNESDAY

Together We Can AFG

Church on the Hill 251 SW 4 Ave Boca Raton 10:30 AM

Wednesday Morning

Serenity ++ w/c Lake Osborne Presbyterian Church 2102 6th Ave. S Lake Worth 10:30 AM – Regular Meeting

Back to Life ++ w/c Crossroads Club Room C 1700 Lake Ida Road Delray Beach 12:00 PM – Regular Meeting

Live and Let Live AFG ++

Boca Pines Club 9910 Sandalfoot Blvd Boca Raton 4:00 PM – Regular Meeting

THURSDAY

Thursday Morning AFG + w/c Unitarian Universalist Church Park left side of church, thru Breezeway door, left, classroom 2 2601 St. Andrews Blvd Boca Raton 10:00 AM – Regular Meeting

Parents Sunshine ++

First United Methodist Church Back Parking Lot, Look for Signs 625 NE Mizner Blvd Boca Raton 6;30 PM - Beginners meeting 7:00 PM - Regular meeting

Boynton Beach AFG

St Mark Church St Francis Center (St Clare Room) 643 St Mark Pl Boynton Beach 7:00 PM – Beginners Meeting 7:30 PM – Regular Meeting

Alateen

St Mark's Church Enter parish gate, go upstairs, turn left, Room 205 634 St Mark Place Boynton Beach 7:30PM

FRIDAY

Camino AFG ++ w/c Church On the Hill 251 SW 4th Ave Boca Raton 10:00 – Regular Meeting

Tapestries of Love AFG +

Temple Beth El 333 SW 4th Ave Boca Raton 1:00 PM – Regular Meeting

Friday Night Men's
Fellowship ++ w/c E
Boca Community Center
Queen Palm West Rm 150
Crawford Blvd Boca
Raton
ZOOM Meeting ID: 816 8229 4108
No Password
7:30 PM – Regular Meeting
ZOOM & In Person

SATURDAY

Boca Serenity AFG + w/c

St. Joan of Arc 2nd Floor across from AA room 370 SW 3rd St, Boca Raton 9:00 AM – Beginners Meeting 10:00 AM – Regular Meeting Saturday Morning
Serenity ++ w/c
Palm Beach Friends of Quakers
Meeting House
823 N A St
Lake Worth
9:30 AM – Beginners Meeting
10:30 AM – Reg Meeting

New Beginnings AFG + w/c

Temple Sinai Classroom 107 2475 W Atlantic Ave Delray Beach 10:30 AM – Regular Meeting

Saturday Morning Peace + E ZOOM Local to District 170 Meeting ID: 848 7939 4282 Password: 552501 10:30AM Regular Meeting

SUNDAY

Grupo Libertad + E ZOOM Meeting ID: 869 7709 4653 Password: 630633 Or Dial 1-929-205-6099 8:30 AM Regular Meeting, Spanish

Easy Does It AFG ++

Unitarian Universalist Church Parking & Entrance to Room in Back 2601 St. Andrews Blvd Boca Raton 10:00 AM – Regular Meeting

Serenity Step & Study + w/c Palm Beach Friends Quaker Meeting House 823 N A St Lake Worth 7:00 PM – Regular Meeting