### THE TWELVE STEPS

- 1. We admitted we were powerless over alcohol—that our lives had become unmanageable.
- 2. Came to believe that a Power greater than ourselves could restore us to sanity.
- 3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
- 4. Made a searching and fearless moral inventory of ourselves.
- 5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
- 6. Were entirely ready to have God remove all these defects of character.
- 7. Humbly asked Him to remove our shortcomings.
- 8. Made a list of all persons we had harmed, and became willing to make amends to them all.
- 9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
- 10. Continued to take personal inventory and when we were wrong promptly admitted it.
- 11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
- 12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to others, and to practice these principles in all our affairs.

#### THE TWELVE TRADITIONS

- 1. Our common welfare should come first; personal progress for the greatest number depends upon unity.
- 2. For our group purpose there is but one authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants—they do not govern.
- 3. The relatives of alcoholics, when gathered together for mutual aid, may call themselves an Al-Anon Family Group, provided that, as a group, they have no other affiliation. The only requirement for membership is that there be a problem of alcoholism in a relative or friend.
- 4. Each group should be autonomous, except in matters affecting another group or Al-Anon or AA as a whole.
- 5. Each Al-Anon Family Group has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps of AA ourselves, by encouraging and understanding our alcoholic relatives, and by welcoming and giving comfort to families of alcoholics.
- 6. Our Family Groups ought never endorse, finance or lend our name to any outside enterprise, lest problems of money, property and prestige divert us from our primary spiritual aim. Although a separate entity, we should always cooperate with Alcoholics Anonymous.
- 7. Every group ought to be fully self-supporting, declining outside contributions.
- 8. Al-Anon Twelfth Step work should remain forever non-professional, but our service centers may employ special workers.
- 9. Our groups, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
- 10. The Al-Anon Family Groups have no opinion on outside issues; hence our name ought never be drawn into public controversy.
- 11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, films, and TV. We need guard with special care the anonymity of all AA members.
- 12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles above personalities.

### **ANONYMITY**

Whom you see here, What you hear here, When you leave here, Let it stay here.

### **THE SERENITY PRAYER**

God, Grant me the Serenity to accept the things I cannot change, Courage to change the things I can, and Wisdom to know the difference.

### **DISTRICT 170 BUSINESS MEETING**

2nd Saturday Each Month 10:00 AM All Al-Anon Members are

All Al-Anon Members are encouraged to attend

Unity Church (Fellowship Hall) 101 NW 22nd Street Delray Beach, FL 33444

### LITERATURE DISTRIBUTION CENTER

Crossroads Club (LDC Room) 1700 Lake Ida Rd Delray Beach 33445 Email: <u>labelyosel99@yahoo.com</u> 5:00PM – 7:00PM Tuesdays \*\*\*EXECEPT HOLIDAYS\*\*\*\*

#### **ALATEEN**

Al-anon.org/teen-info 1-888-4AL-ANON Agnee 832-754-8626 (local contact)

### **ONLINE SITES**

Al-Anon Family Group Headquarters, Inc. MORE MEETINGS AVAILABLE WORLDWIDE al-anon.org

Florida South Area 10 southfloridaalanon.org

Al-Anon Official YouTube Channel https://www.youtube.com/channel/ UCRP2-e3CnVpa-Vg5Praa9Vw

## ARE YOU AFFECTED BY SOMEONE'S DRINKING?

# AL-ANON & ALATEEN FAMILY GROUPS

The relatives of alcoholics, when gathered together for mutual aid, may call themselves an Al-Anon Family Group, provided that, as a group they have no other affiliation. The only requirement for membership is that there be a problem of alcoholism in a relative or friend.

### DISTRICT 170

Lake Worth Road – Boca Raton PO Box 928, Boynton Beach, Florida 33425

### WHERE & WHEN

Meeting Schedule REVISIO09 09/15/2024

Check online for latest meeting information.

**southpalmbeachafg.org** Electronic/Phone Meetings Available

District 170 Newsletter - *Pipeline* pipeline170@gmail.com \*send email request to subscribe\*

**561-278-3481** 24 hours – 7 days a week

YOU ARE NOT ALONE

WORLDWIDE MEETINGS

al-anon.org/al-anon-meetings/ 1-800-344-2666 MEETING CODES:

+ Families & Friends Only ++ Families, Friends & Observers Welcome w/c Wheelchair Access E Electronic Online Meeting

### **MONDAY**

Courage to Change ++ w/c Beachcomber Outpatient (Children Under 10 discouraged) 115 E Woolbright Rd Boynton Beach 6:30 PM - Regular Meeting

### Alegia de Viva GFA

St Joan of Arc (Kilby House) 370 SW 3<sup>rd</sup> St Boca Raton 7 PM Spanish

**TUESDAY** 

Tues Morning Serenity + w/c St. Mark Church St. Francis Center (St Clare Room) 643 St. Mark Pl Boynton Beach 10:00 AM - Regular Meeting

**Highland Beach** 

10:30 AM – Regular Meeting Wednesday Morning Serenity + + w/c Lake Osborne Presbyterian Church 2102 6<sup>th</sup> Ave. S Lake Worth 10:30 AM – Regular Meeting

Hope For Today ++ w/c Crossroads Club (Board Room) 1700 Lake Ida Rd Delray Beach 7:00 PM - Adult Child Focus

Open Step Study ++ w/c Unity Church of Delray (Fellowship Hall) 101 NW 22 St Delray Beach West Boca Lost and Found + Gades Prebyterian Church 21121 Judge Winikoff Rd Boca Raton 7:30 PM

Wednesday

Highland Beach AFG St. Lucy Catholic Church 3510 S Ocean Dr Highland Beach, FL 33487 Rear Building 10:30 AM

Wednesday Morning Serenity Lake Osborne Presbyterian Church 2102 6th Ave. So Lake Worth, FL 33461 10:30 AM

Back to Life ++ w/c Crossroads Club (Board Room) 1700 Lake Ida Road Delray Beach 12:00 PM – Regular Meeting

Live and Let Live AFG ++ Boca Pines Club 9910 Sandalfoot Blvd Boca Raton 4:00 PM – Regular Meeting

Men's Wednesday Night ++ E ZOOM Meeting ID: 383 519 685 Password: 803178 Or Dial 1-646-876-9923 7:30PM – Regular Meeting

THURSDAY

Thursday Morning AFG + w/c Unitarian Universalist Church (Park Left Side of Church, Thru Breezeway Door on Left, Classroom #2) 2601 St. Andrews Blvd Boca Raton 10:00 AM – Regular Meeting

Parents Sunshine ++ First United Methodist Church (Back of Parking Lot, Look for Signs) 625 NE Mizner Blvd Boca Raton Parents Sunshine ++ First United Methodist Church (Back of Parking Lot, Look for

Signs) 625 NE Mizner Blvd Boca Raton

Beginners meeting 6;30 PM Regular meeting: 7.00 PM

Boynton West AFG St Mark Church St Francis Center (St Clare Room) 643 St Mark Pl Boynton Beach 7:00 PM – Beginners Meeting 7:30 PM – Regular Meeting

### Alateen

St Mark's Church 634 St Mark Place Boynton Beach Enter parish office gate, go upstairs, turn right to end of hallway, computer room. 7:30PM

**FRIDAY** 

Camino AFG ++ w/c Church On the Hill 251 SW 4th Ave Boca Raton 10:00 AM – Regular Meeting

Friday Night Men's Fellowship ++ w/c E Boca Community Center (Queen Palm West Rm) 150 Crawford Blvd Boca Raton ZOOM Meeting ID: 816 8229 4108 No Password 7:30 PM – Regular Meeting ZOOM & In Person

Tapestries of Love AFG Temple Beth El 333 SW 4th Ave Boca Raton 1:00 PM

### SATURDAY

Boca Serenity AFG + w/c St. Joan of Arc (2nd Floor Across from AA Room) 370 SW 3rd St Boca Raton 9:00 AM – Beginners Meeting 10:00 AM – Regular Meeting

Saturday Morning Serenity + +w/c E Palm Beach Friends Quaker Meeting 823 N A St Lake Worth 9:30 AM – Beginners Meeting 10:30 AM – Reg Meeting

New Beginnings AFG + w/c Temple Sinai (Classroom 107) 2475 W Atlantic Ave Delray Beach 10:30 AM – Regular Meeting

Saturday Morning Peace (Local to District 170) Regular Meeting - 10:30AM Meeting ID: 848 7939 4282 Password: 552501

**SUNDAY** 

Libertad + E (Spanish Speaking) ZOOM Meeting ID: 869 7709 4653 Password: 630633 Or Dial 1-929-205-6099 8:30 AM – Regular Meeting

**Easy Does It AFG** ++

Unitarian Universalist Church (Parking & Entrance to Room in Back) 2601 St. Andrews Blvd Boca Raton 10:00 AM – Regular Meeting 9:30 AM Beginners Meeting

Serenity Step & Study + w/c Palm Beach Friends Quaker Meeting 823 N A St Lake Worth 7:00 PM – Regular Meeting