



1321 S. Boulder Hwy  
Henderson, NV 89015  
(702) 558-0600

<https://danceandaerialaddiction.com>

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## General Dress Code

Dancers show respect for themselves and others by being dressed appropriately for class. Please direct any questions about dress code to the specific dance instructor, or any other studio staff. Below are general guidelines for appropriate studio dress:

- o Comfortable, form-fitting clothing for aerial, tumbling, and technique-related classes
- o Comfortable, looser clothing is acceptable for hip hop classes
- o No jewelry, other than small earrings.
- o Tennis shoes, athletic shoes, jazz shoes, ballet slippers, and tap shoes are all acceptable on the dance floor. Never wear dance shoes outside.
- o Please do not wear underwear under leotards when wearing tights. Traditionally tights serve as underwear. Wear underwear when not wearing tights.
- o Student's hair should be pulled up off the neck.

## Class Specific Dress Code

**AERIAL** - Wear tight fitting stretchy pants, preferably leggings or footless tights, that will cover the backs of your knees. Wear a shirt or leotard that will cover your midriff without riding up, or that you can tuck in, preferably a long sleeve to also cover your underarms. Don't wear a belt, clothing with zippers, or any jewelry that could possibly catch on or tear the fabric. No shoes are needed.

**COMBO** - The combo classes require leotard and tights. Skirts are optional. Underwear is not necessary when tights are worn. Pink ballet shoes and black tap shoes are required.

**BALLET** - Black leotards are **required**. Ballet pink or theatrical pink tights are required and pink ballet shoes. T-shirts and other cover-ups are not allowed. Tube socks are not allowed. Shorts are not allowed. A sweater may be worn at the beginning of class to warm-up in during cold winter months. **Hair must be worn in a bun.**

**ACRO** - A leotard or fitted tank top and biker shorts.

**HIP-HOP** - Baggy clothes are suggested in this class. Athletic shoes ok (not directly from the street). No jeans!

**TAP, JAZZ, LYRICAL, & ALL OTHER** - Modest dancewear such as leotards, tights, sweatpants, and skirts. Street clothes and/or baggy clothes are NOT permitted. Tap shoes required for Tap Class.

**\*Boys Dress Code** : Non-sagging shorts or sweatpants. No baggy shirts. Wear white or black ballet shoes, white socks, and T-shirt.

By signing below, you agree to follow the policies and expectations outlined above:

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Parent/Guardian Signature

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Student Signature

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Date