



HOLY CROSS HIGH SCHOOL FALL ATHLETICS

Athletic Director: Alex Higley
Email: ahigley@hchspa.org
Phone: 570-346-7541

hchspa.org/athletics
hcatletics.org



@HolyCrossDunmore
#CrusaderNation  

Fall Sports Begin
Monday, August 12, 2024

WELCOME FRESHMEN CRUSADERS!

FOOTBALL

Preseason conditioning:

Begins Monday, June 24th at St. Anthony's Field.

Workouts: Monday - Thursday from 6PM to 8PM at St. Anthony's Field.

Coach: Joe Giorgio

Email: nicmic803@hotmail.com

Phone: 570-815-0112

CROSS COUNTRY

Information Meeting:

Wednesday, May 29th; 3:30PM at Holy Cross High School

Preseason conditioning: begins on Tuesday, July 30th; 8AM -9:30AM at McDade Park

First official practice - Monday, August 12th; 8AM at Holy Cross High School

Remind code - Text the message

@hcxc24 to the phone number **81010**

Coach: Alex Higley

Email: ahigley@hchspa.org

Phone: 570-687-2116

GRILLS TENNIS

FREE preseason tennis clinic:

Monday - Saturday from 12PM - 2PM at The University of Scranton tennis courts. .

Clinic begins June 1st continuing through July and August for grades 9 thru 12.

Coach: John Azzarelli

Email: jazzarelli2009@yahoo.com

Phone: 570-498-0578

Note: *Girls Tennis is a fall sport & boys tennis is a spring sport.*

GOLF

Season Opener: Boys/Girls golf seasons

begin August 5th at Scott Greens golf course. *Transportation will be provided to Scott Greens from Holy Cross High School.*

Coaches: Tom Paddock & Sandy Menichetti

Email: pittfan8@aol.com

Phone: 570-346-7541



GIRLS SOCCER

Preseason conditioning: Please contact Coach Froncek for information.
Practices held at Polonia Park, Dickson City

Coach: Matt Froncek
Email: mattfroncek@gmail.com
Phone: (570)806-1433

BOYS SOCCER

Preseason Conditioning: Begins Monday, June 24th at Polonia Park. Conditioning will continue Monday, Tuesday, and Thursday throughout the summer.

Coach: Kevin Kohel
Phone: 803-467-7658.

GIRLS VOLLEYBALL

(Co-op program with Scranton HS)

Contact:
Alex Higley (*Holy Cross Athletic Director*)
Email: ahigley@hchspa.org

Ted Anderson (*Scranton Athletic Director*)
Email: ted.anderson@ssdedu.org

Third party app communications such as Remind will be established by all coaches. Students should communicate through third party apps or email ONLY. Contact phone numbers are strictly for PARENT use!

CHEERLEADING

Preseason Conditioning: Football & Basketball cheerleading will begin mid June.
UCA Camp will be held in July.

Coach: Amelia Murphy
Phone: 570-604-1716

Coach: Tiffany Hart
Phone: 570-677-8086

BASKETBALL (Winter)

Girls Varsity Coach: Lindsey Howard
Email: howard@marywood.edu

Boys Varsity Coach: Al Callejas Jr.
Email: ac31078@aol.com

Note: Off-season conditioning will start in June. *Please contact coaches for more information.*

A completed PIAA Physical Form is required to begin any sport at Holy Cross HS.

Forms can found at:
hchspa.org/athletics