HOLY CROSS HIGH SCHOOL JUNIOR HIGH ATHLETICS

Athletic Director: Alex Higley Email: ahigley@hchspa.org Phone: 570-346-7541

Fall Sports Begin Monday, August 12, 2024 hchspa.org/athletics hcathletics.org



@HolyCrossDunmore
#CrusaderNation

WELCOME 7TH & 8TH GRADE ATHLETES!

JRHEIGH GROSS COUNTRY

CROSS

Information Meeting: Wednesday, May 22nd at 3:30PM at Holy Cross High School Preseason Conditioning: begins on Tuesday, August 6th - 8AM-9:30AM at McDade Park First official practice: Monday, August 12th -6PM at Holy Cross High School

Remind code: Text the message @hcjhxc24 to the phone number 81010

Coach: Alex Higley Email: ahigley@hchspa.org Phone: 570-687-2116

JRHEICH FOOTBARR

Preseason conditioning:

begins Monday June 24th at St. Anthony's Field. **Workouts:** Monday - Thursday from 6PM to 8PM at St. Anthony's Field.

Coach: Joe Giorgio Email: nicmic803@hotmail.com Phone: 570-815-0112

Third party app communications such as Remind will be established by all coaches. **Students should communicate through third party apps or email ONLY.** Contact phone numbers are strictly for PARENT use!

JRHEICH CO-ED SOCCER

Preseason conditioning:

Preseason conditioning starts in Mid-July **First official practice:** Monday, August 12th at Palonia Park, Dickson City

Coach: Brian Fetsko **Email:** brianfetsko@gmail.com

Interested players should email Coach Fetsko & include the following information in your email: Student name, age, school, parent phone number, parent email address

JRHEIGH SARING SPORTS

- Softball
- Baseball
- Track & Field

Sign up information will be shared with schools in January prior to the spring athletic season.

A completed PIAA Physical Form is required to begin any sport at Holy Cross HS.

Forms can found at: hchspa.org/athletics