# List of School and Community Resources

For faster navigation of this document, hold "Ctrl" on your keyboard before clicking one of the resources shown on this page. If you have any questions or concerns regarding this document, please contact the school and either an administrator or a member of the Guidance staff will assist you.

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# **Counselor Resources**

It is recommended that students allow their counselors outside to speak with their in-school counselor. The student would have to request to allow the counselor to speak with our staff & provide them with our contact information.

William Chase, Psy.D. 203 Greenwood Ave.

Clarks Summit, PA 18411

570-319-6441

Patricia Fox, Psy.D. 203 Greenwood Ave.

Clarks Summit, PA 18411

570-319-6441

Dr. Cynthia Hawver

411 Davis St.

Clarks Summit, PA 18411

(570) 575-3765

Denise Henzes, Psy.D.

120 N. Abington Rd.

Clarks Summit, PA 18411

570-586-4343

Maryellen Evers

650 Boulevard Ave.

Dickson City, PA 18509

570-383-2799

Tiffany Griffiths and Associates

Counseling and Educational Evaluations

570-342-7446

(Multiple locations)

Dr. Lauren Hazzouri

600 Lackawanna Ave.

Scranton, Pa 18503

570-344-4111

Marywood University \*sliding scale payment\*

Psychological Services

Therapy by Supervised Graduate Students

570-348-6269

Jennifer Odom, LCSW 120 N. Abington Road Clarks Summit, PA 18411 570-586-4343

Meg Purcell, LPC 650 Boulevard Ave Dickson City, PA 18510 570-383-2799

Scranton Counseling Center 329 Cherry Street Scranton, PA 18505 (570) 348-6100 Lynn Opsasnick, LSW
1631 Mulberry St.
Scranton, PA 18510
570-302-4474
(Specialty: Trauma Therapy)

Carl Schuster, Ph.D.

1339 Main St.

Peckville, PA 18452

570-383-5040

\*also does educational testing\*

Mary Ellen Pichiarello, MS, LPC, CRC 327 N. Washington Ave, #711
Scranton, PA, 18503
570 291-7155



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# Risk Assessment / Return to School Resources

Reminder that the note must specifically say that the student is "not a threat to themselves or others and that they are safe to return to school"

Scranton Counseling Center

329 Cherry Street
Scranton, PA 18505
(570) 348-6100
\*Walk-Ins Until 4pm\*

**Geisinger Emergency Center** 

1800 Mulberry Street Scranton, PA 18505 (570) 703-8128

## **School Contacts:**

### Administration

**Mr. Benjamin Tolerico**, Principal email: <a href="mailto:btolerico@hchspa.org">btolerico@hchspa.org</a>

Mrs. Kandy Taylor, Dean of Students email: <a href="mailto:ktaylor@hchspa.org">ktaylor@hchspa.org</a>

**Mrs. Angela Morrison,** Vice Principal email: amorrison@hchspa.org

# Counseling Office

Mr. Robert Musso, Director of Guidance

email: rmusso@hchspa.org

**Mr. Joseph DeGrazia**, Counselor email: <u>idegrazia@hchspa.org</u>

Mrs. Alexa Bravis, Counselor email: abravis@hchspa.org

# Additional Crisis and Trauma Community Resources

Below is a list of community resources with a brief description and website link. Please be mindful that these resources are not affiliated with the Holy Cross High School and that many of these are government-funded resources. Please reference the websites linked for additional information.

## Child Abuse / Trauma

## Children's Advocacy Center (CAC): <a href="https://cacnepa.org">https://cacnepa.org</a>

The Children's Advocacy Center of Northeastern Pennsylvania is a private, non-profit, charitable organization whose mission is to provide excellence in the assessment and treatment of child abuse and neglect. CAC/NEPA provides medical assessments and child forensic interviews for victims of abuse and neglect and coordinates a multidisciplinary team response to child abuse and neglect in Lackawanna and surrounding counties of Northeastern Pennsylvania. The Center provides child abuse prevention education to professionals and communities served.

# Crisis Receiving and Stabilization Unit (CRSU): <a href="https://scrantonscc.org/crsu">https://scrantonscc.org/crsu</a>

A 24-hour walk-in facility located at Scranton Counseling Center, 329 Cherry Street Scranton, PA 18505, the CRSU is available to divert crisis situations where individuals may need added support on a 24-hour basis but do not quite need the level of safety support provided by an inpatient psychiatric hospital. Crisis counselors can help connect these individuals with services and resources to be successful in the community. It is an 8-bed unit that provides a less restrictive option to help manage individuals in crisis. \*NOTE: You must be 18 years of age and had already graduated from high school\*

## Marley's Mission: <a href="https://marleysmission.com">https://marleysmission.com</a>

Marley's Mission is a group program that focuses on students who have experienced trauma. A "groundwork" based facility, Marley's Mission allows students to express and process emotions in a non-clinical setting.

# SAMHSA's National Helpline: <a href="https://www.samhsa.gov/find-help/helplines/national-helpline">https://www.samhsa.gov/find-help/helplines/national-helpline</a>

SAMHSA is a confidential, free, 24-hour-a-day, 365-day-a-year, information service, in English and Spanish, for individuals and family members facing mental and/or substance use disorders. This service provides referrals to local treatment facilities, support groups, and community-based organizations.

## **Addiction and Substance Use**

# Scranton Drug and Alcohol Treatment Service (DATs): <a href="https://www.datsrecovery.org">https://www.datsrecovery.org</a>

Drug and Alcohol Treatment Service is a private, non-profit agency that provides comprehensive outpatient treatment services to victims of substance abuse disorders. We recognize chemical dependency as a chronic, progressive disease that can be terminal without the proper treatment. The staff at DATS utilizes a variety of traditional and state of the art approaches in helping individuals overcome their substance abuse problem. \*Students that have been confirmed to be using drugs are referred to this program. \*

## Lackawanna Office of Drug and Alcohol Programs:

# https://www.lackawannacounty.org/government/departments/dr ug and alcohol.php

The Lackawanna County Office of Drug and Alcohol seeks to assist County residents who have problems with drug or alcohol abuse. The Office of Drug and Alcohol Programs serves as the Single County Authority (SCA) for substance abuse services within Lackawanna and Susquehanna Counties. Its primary mission is to prevent the onset of substance abuse and addiction whenever possible and, where it does exist, to mitigate its deleterious effects on individuals, families, and the community as a whole. To achieve this, the SCA is committed to providing and maintaining a full range of high-quality and cost-effective alcohol, tobacco, and other drug prevention, intervention, and treatment services responsive to the particular needs of the citizens of Lackawanna and Susquehanna Counties.

## Al-Anon / Alateen Family Groups: <a href="https://pa-al-anon.org">https://pa-al-anon.org</a>

There is a message of hope and help in the program of Al-Anon Family Groups. Women, men, and children who were once lonely, lost and helpless because of someone's drinking, today have courage and confidence in Al-Anon and Alateen. They have discovered friends who understand, as few others can. They have found the tools to help themselves – which can indirectly help their alcoholic relatives or loved ones. Contentment and even happiness is possible whether the alcoholic is still drinking or not. Alateen, a vital part of the Al-Anon Family Groups, is for younger members seeking help while walking through life with an alcoholic parent, other close relative or friend. Teens meet to share their experience, strength, and hope, gaining a better understanding of the disease of alcoholism and themselves. The support found in Alateen helps with personal development and the troubled thinking that is often associated with growing up in an alcoholic home.

# THE CITY OF SCRANTON LOCAL RESOURCES

### **Food Pantries**

#### Catherine McAuley Center\*

- 430 Pittston Avenue, Scranton, PA
- 570.342.1342

#### Catholic Social Services\*

- · 504 Penn Avenue, Scranton, PA
- · 570,207,2283

#### United Neighborhood Center\*

- · 410 Olive Street, Scranton, PA
- 570.343.8835

#### **Bread and Basket of NEPA**

- · Elm Street Methodist Church
  - · 712 Linden Street, Scranton, PA
  - Wednesdays | 10 AM to 12 PM
- · Our Father's House Church
  - 1820 Church Street, Scranton, PA
- Tuesdays I 10 AM to 12 PM
- · Our Father's House Church
  - · 1820 Church Street, Scranton, PA
  - Tuesdays I 10 AM to 12 PM
- · Heaven's Door Church of God
  - · 830 Cedar Avenue, Scranton, PA
  - Saturdays I 10 AM to 12 PM
- Embury United Methodist Church
  - 942 Main Avenue, Scranton, PA
  - Every 3rd Saturday | 10 AM to 12 PM
- VFW Post 25
  - 2291 Rockwell Avenue, Scranton, PA
  - Fridays I 11 AM to 1 PM

#### **Jewish Family Services of NEPA**

- 615 Jefferson Avenue, Scranton, PA
- 570.344.1186

#### Meals on Wheels of NEPA (Sign-Up Only)

- · 541 Wyoming Avenue, Scranton, PA
- · 570.346.2421

#### Friends of the Poor\*

- Jackson Terrace
  - · 148 Meridian Avenue, Scranton, PA
- Valley View Terrace
  - 950 Pear Street, Scranton, PA
- Hilltop Manor
  - · 136 Belvedere Drive, Scranton, PA
- St. Luke's Episcopal Church
  - 232 Wyoming Avenue, Scranton, PA
- Bangor Heights
  - Community Room | Corner of Kennedy
     Street and Kelling
  - Street and Kelly Avenue
  - 500 Durkin Avenue, Scranton, PA
- Finch Towers
  - 424 Wyoming Avenue, Scranton, PA

#### The Salvation Army

- 500 South Washington Avenue, Scranton, PA
- · 570.344.9878

#### SafetyNet\*

- 550 Madison Avenue, Scranton, PA
- 570.347.4730
- \*Also Provides Housing Assistance

### **Emergency Shelters**

#### Community Intervention Center (Day Shelter)

- · 445 North 6th Avenue, Scranton, PA
- · 570.343.4298

#### **Catholic Social Service**

- . 504 Penn Avenue, Scranton, PA
- 570.343.4298 ext.204

#### **Catherine McAuley Center**

- 430 Pittston Avenue, Scranton, PA
- · 570.342.1342

#### St. Joseph Center (Pregnant Women Only)

- 320 South Blakely Street, Scranton, PA
- · 1.800.786.6346

#### Women's Resource Center (Individuals dealing with DV)

- 620 Madison Avenue, Scranton, PA
- · 1.800.257.5765

#### **Keystone Mission**

- Keystone Innovation Center | 9 AM to 3 PM
  - · 12 West Olive Street, Scranton, PA
  - 570.871.4795
  - · Weekend Meal Outreach:
    - 4pm-6pm Friday-Monday
- · Code Blue Shelter (Temperature Permitting)
  - 982 Providence Rd, Scranton, PA 18508

If you are in need of legal services please contact North Legal Penn.

## **Utility Support**

#### ACE of NEPA

- Floor 3, 123 Wyoming Avenue, Scranton, PA
- 570.344.9898

#### **United Neighborhood Center**

- 410 Olive Street, Scranton, PA
- 570.343.8835

#### Friends of the Poor (Water)

- 2300 Adams Avenue, Scranton, PA
- . 570.348.6346

#### LIHEAP (Heating)

- · 100 Lackawanna Avenue, Scranton, PA
- · 1.866.786.6346

#### LIWAP (Water)

- 100 Lackawanna Avenue, Scranton, PA
- . 1.866.786.6346

If you need further assistance, please contact: Channel Kearse, Community Outreach Coordinator ckearse@scrantonpa.gov or 570.445.7487



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# **CROSS at Holy Cross High School**

What is CROSS: The CROSS program is a team process used to mobilize school resources to remove barriers to learning. CROSS is designed to confidentially identify academic, social, attendance, substance use, mental health, and other concerns which pose a barrier to student success. The primary goal of the program is to help students overcome these barriers so that they may achieve, advance, and remain in school.

**Who is CROSS?:** Mrs. Bravis, Mr. DeGrazia, Mr. Higley, Mrs. Hudak, Mrs. Kanuik, Mrs. Morrison, Mr. Musso, Mrs. Taylor (Coordinator). The HCHS CROSS team also includes Community Representatives from Lackawanna/Susquehanna Office of Drug & Alcohol Programs and Scranton Counseling Center.

**What is the purpose of CROSS?:** To provide assistance to students, in order to help remove barriers to learning

**Who can access CROSS?:** Anyone can utilize CROSS (Teachers, parents, guardians, guidance, administration, office staff, students, etc.)

**How can I access CROSS?:** To refer a student, please contact a member of our CROSS team.

What happens if a student is referred?: If someone is referred, there is a process to validate the referral through observation. If warranted, parents and/or guardians will be contacted. They must give us permission, in order to pursue the referral. The process requires various units of support and we will work to make sure that everyone is on board. The CROSS team also has access to community resources that can assist.

**CROSS is** <u>NOT</u>...: A discipline board or group that administers punishment if someone is referred or judges those who are referred.