

President's Message



The Senior Resource Fair was held at the Library on Saturday, April 13, and was well attended even though the morning got off to a chilly start. Each year, more organizations participate and it is a great resource. Attendees can ask questions and get more

personal information than from just a brochure. Nancy Trimm, Claire Mattoon and the Bemis Library staff, as always, did a great job of coordinating the fair and providing healthy snacks.

The Sheep to Shawl Event at the Littleton Museum had to postponed to May 18 due to cold and snow on the original April date—and I'm sure the sheep were happy to keep their warm coats a little longer. The grounds should be in full bloom for it this year, so try to join this happy celebration of spring.

We got great entries for the Children's Writing Contest and held the Awards Program on April 28. We'll announce the winners in the next *Oracle*. Thank you to all who entered!

The exciting all-ages Summer Reading Program, A Universe of Stories, begins Tuesday, May 28. Stop in the library for details, and look for children's, teen

and adult programs and prizes! The South Metro Land Conservancy has donated several hundred books

for the children's age group, teens who complete the program will receive a free book, and adults who come in to the library to register receive a special registration thank-you gift. Fun, prizes and, best of all, great reads!

Lisa Ohlgren
Board President



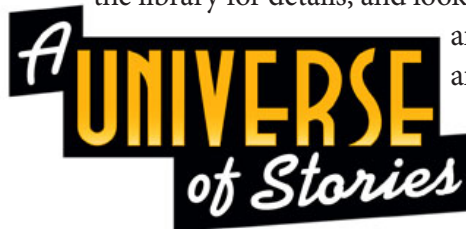
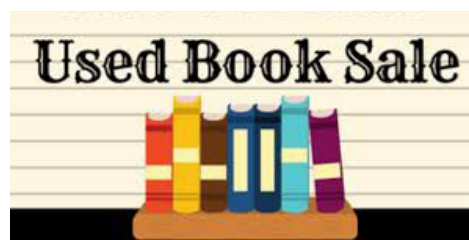
Community Rewards:
Enroll, Shop, Earn!

Enroll in the King Soopers Community Rewards program to earn the Friends a rebate with each purchase. Here's how:

- 1 Visit www.kingsoopers.com and login.
- 2 Click the My Account menu under your name and select My Account.
- 3 Click Community Rewards at left.
- 4 Type Friends of the Littleton Library and Museum or XL433 in the Find an Organization field.
- 5 Click Enroll.
- 6 Do your normal grocery shopping! It will not affect any other purchase or gas rewards.

USED BOOK SALE @ BEMIS

Many, many thanks to all who donated books and placed bids on the great books offered during our Silent Auction—you made it a huge success! **Please check out our Little Books Sale from May 4–19.** These books make great gifts for Mother's Day, Father's Day, graduations and any special friends!



BEMIS LIBRARY

*TICKET / REGISTRATION

Events marked with an asterisk* require a ticket or registration. To register for an event, call the library at 303-795-3961.

LIBRARY PROGRAMS

May 4: Musical Performance: Smithtonians Handbell Ensemble. Join us for the spring concert of one of Littleton's favorite musical groups. In honor of retiring longtime director Lisa Lewis, enjoy "The Director's Favorite Pieces" at this special performance. 2 p.m.

May 6: Senior Book Club. *The Japanese Lover* by Isabelle Allende 2 p.m.

May 7: Parenting: From Pregnancy to Adolescence. Learn how to cope with the stressors of pregnancy, deal with challenging behavior and talk to adolescents about any tough topic. This program is designed for adults, including parents, grandparents, teachers, law enforcement and youth-serving professionals. 6–8 p.m.

May 11: Musical Performance: The Kilted Man. Enjoy the unique musical stylings of Matthew Gurnsey, The Kilted Man, as he performs a concert of traditional Irish and Scottish music. 2 p.m.

May 14: Lost Department Stores of Denver. Learn about author and Denver native Mark Barnhouse's latest book, *Lost Department Stores of Denver*. Through decades of research and interviews with former staff, Barnhouse assembles the ultimate mosaic of the Mile High City's fabulous retail past. 7 p.m.

May 18: Community Garden Planting Party. Join us as we plant our very own community container garden. All ages are welcome to come and learn about gardening and growing food. Certified Master Gardeners with the Arapahoe County Cooperative Extension Office will be on hand to help out, answer questions, and spark your interest in growing food. 10 a.m.–1 p.m.

May 19: Crafts for Grown-ups at the Library: Green Garden Art*. Join us as we find ways to make our gardens even greener using found objects, discarded items and a touch of creativity. The library will provide supplies and space, you bring imagination and curiosity. Adults only, space is limited and registration is required. 2–4 p.m.

May 20: Railroads with Active Minds. This May marks the 150-year anniversary of the "Golden Spike" that completed the

construction of the First Transcontinental Railroad. Join Active Minds as we review the rich history of railroads in the United States. All aboard! 2 p.m.

May 20: Monday Evening Book Discussion Group. *Lillian Boxfish Takes a Walk* by Kathleen Rooney, 7 p.m.

May 23: Books & Beer: Brewing up Great Discussions. Read *The Hour of Land: A Personal Topography of America's National Parks* by Terry Tempest Williams. Arrive earlier to take advantage of happy hour prices. Saint Patrick's Brewing Company is located at 2842 W. Bowles Ave. 6 p.m.

May 25: Movie Matinee: First Man. A look at the life of the astronaut, Neil Armstrong, and the legendary space mission that led him to become the first man to walk on the Moon. Enjoy free popcorn and lemonade. PG. 2–4 p.m.

May 28–July 31: Annual Summer Reading Program. Discover a "Universe of Stories."

May 30–July 18: Mindfulness Workshop Series: Learn to Live in the Here and Now*. Bringing mindfulness into your day-to-day life can increase joy, productivity, self-growth and promote healthy relationships. See the back page for details.

May 30: Centering Class—Staying Present in the Moment*. Practicing centering helps you to remain calm in stressful situations, keep emotions from overwhelming you, and find compassion for yourself and others. See the back page for details.

CHILDREN'S EVENTS

Regular weekly story time programs will take a break from May 6–June 2. Sessions will resume June 3.

May 4: Ready, Set, BUILD Lego Club*. For kids in grades K–5. 3 p.m.

May 9: Drop-in Crafts. Stop by the Children's Room to create crafty creations. 10–11 a.m.

May 11: Paws to Read*. Kids in grades K–5 can read to a furry friend. 10 a.m.–noon

May 13: Everybody Stamp Your Feet. Dancing fun followed by fun foot print art. For families with kids ages 6 and under. 10 a.m.

May 15: Eric Carle's The Very Hungry Caterpillar. Bring your babies and toddlers to hear Eric Carle's classic book. Afterwards, we'll create an art project inspired by the tale. For ages 1–3 with a caregiver. 10 a.m.

May 28: A Universe of Stories—Summer Reading 2019. Beginning May 28, infants through children entering 5th grade may pick up a Reading Record to track summer

reading progress and collect prizes along the way, including a free book to keep.

TEEN EVENTS

May 3: Retro Video Game Night*. Play old-school classic Nintendo games and help create 8-bit art to hang on the wall of the Teen Deck. Snacks and nostalgia provided. Registration is required. Participants must arrive no later than 5 p.m. and be picked up by an adult parent/guardian at 7 p.m. 5–7 p.m.

May 10: Family Board Game Night. Bring your families to enjoy board games and pizza after-hours. Participants unaccompanied by an adult parent/guardian must be picked up at 7:30 p.m. 5–7:30 p.m.

May 17: Creative Journal Binding*. Use old books and decorations of every shape and size to create a one-of-a-kind journal, diary or planner. Snacks provided. Registration is required. Participants must arrive by no later than 5 p.m. and be picked up by an adult parent/guardian at 7 p.m. 5–7 p.m.

May 25: Teen Advisory Group (TAG). TAG, you're it! Enjoy fun and games while you earn community service credit by helping us make the library better. Fourth Saturday of every month, noon–1:30 p.m.

COMPUTER & DEVICE TRAINING @ BEMIS

Instruction. Call the library to register for classes and One-on-One Technology Help. No registration required for Thursday Open Computer Lab. Microsoft (MS) software classes use MS Office 2010.

May Classes, One-on-One Tech Help & Open Computer Labs:

• **May 1, 8 & 22.** One-on-One Tech Help, 1:30–3 p.m.*

• **May 13 & 29.** One-on-One Tech Help, 9:30–11 a.m.

• **May 2, 9, 16, 23, 30.** Open Computer Lab, 9:30–11 a.m.

• **May 15.** Self-Publish eBooks with PressBooks, 6–7:30 p.m.**

• **May 20.** Cell Phone Photography**

***One-on-One Technology Help.** Sign up for a 30-minute individualized appointment with a librarian to get assistance with anything from smartphones and tablets to signing up for an email address.

****Courses.** Call 303-795-3961 to register and learn about prerequisites for these courses.

LITTLETON MUSEUM

- Accredited by the American Association of Museums
- Smithsonian Institution Affiliate

Trekking Back Through Littleton's Archaeological Past Lecture

Thursday, May 2, 7–8 p.m., doors open at 6:30 p.m.

Littleton Museum Lecture Hall

Seating is limited, free tickets are available Tuesday, April 16, 2019 at the museum, limited to four per person

Step back to Littleton's ancient and historical archaeological past—when many peoples once called our area “home.” Using archaeological evidence, we can trace the history of Littleton and the surrounding area from the earliest Native American hunters to the early pioneer settlers. From projectile points found at ancient campsites to historic bottles found at some of the city's oldest buildings, the archaeology of Littleton is very intriguing, and we can still learn much from it.

Todd McMahon from the Office of the State Archaeologist at History Colorado will provide an interpretive presentation comparing our current lifestyles with those who lived before. The presentation also will include the

ability to examine ancient artifacts, how to “Think Like an Archaeologist” and a question-and-answer session.

Eye of the Camera – Best of Show Exhibition

April 19–June 2

Littleton Fine Arts Board Gallery

Coming to the Littleton Museum in April are the works of two Colorado photographers, winners of the 52nd Annual Eye of the Camera exhibit. Held in 2018, and sponsored by the Littleton Fine Arts Board, the show's theme was “Past Due.” The winning artists were selected by 2018 juror, Gary Reed, a Denver-based commercial and fine art photographer.

Showing some of their recent works, the Best of Show photographers are: J. R. Schnelzer (Black & White) and Karen Kirkpatrick (Color). Both artists use post-process photographic techniques to explore light, stories and time.



Sheep to Shawl Rescheduled!

May 18, 10 a.m.–3 p.m.
1860s Farm, Free

- * Due to weather, Sheep to Shawl has been rescheduled from April!
- * Come see the wool transformation process in action through demonstrations of sheep herding, sheep shearing and other steps such as weaving and spinning.
- * Experience the process yourself through hands-on activities.
- * LaZyB Acres Alpacas will be here with their alpacas.

Friends Board of Directors

PresidentLisa Ohlgren
1st Vice PresidentLisa Hendry
2nd Vice PresidentAli Recek
SecretaryPat Rodriguez
TreasurerDavid Womack
DirectorLaura Hampton
DirectorAl Stutson
DirectorKelly Anton
DirectorCarolyn Hinkley

Ex Officio:

Past President:.....Susan Meeker

Museum & Library Director ...Tim Nimz

Contact Information

Littleton Museum

6028 S. Gallup St., Littleton, CO 80120
303-795-3950, musbk@littletongov.org
www.littletongov.org/museum/events
Tuesday–Friday, 8 a.m.–5 p.m.
Saturday, 10 a.m.–5 p.m.; Sunday, 1–5 p.m.

Bemis Library

6014 S. Datura St., Littleton, CO 80120
303-795-3961, bemislib@earthlink.net
www.bemisteen.blogspot.com
www.littletongov.org/bemis
Monday–Thursday, 9 a.m.–9 p.m.
Friday–Saturday, 10 a.m.–5 p.m.; Sunday, 1–5 p.m.

The Oracle © is a monthly newsletter produced by the Friends of the Littleton Library and Museum.

April 19–June 2

Eye of the Camera –Best of Show Exhibition

May 18

Sheep to Shawl Rescheduled

May 20

Railroads with Active Minds

May 25

Movie Matinee – *First Man*

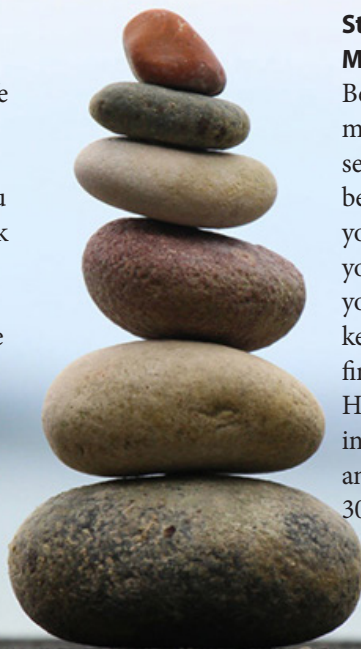
Mindfulness & Centering

Mindfulness Workshop Series:

Learn to Live in the Here and Now

May 30, June 6, 13 & 20, July 11 & 18, 6 p.m.

Bringing mindfulness into your day-to-day life can increase joy, productivity, self-growth and promote healthy relationships. Being mindful allows you to be present in the moment so you can choose your reactions rather than fall back on subconscious and sometimes unhealthy behaviors. But mindfulness isn't an easy skill; it's a practice we use every day. As our practice grows, we grow. These six mindfulness classes not only explain mindfulness, but teach you how to practice mindfulness in different ways in your life. Each class includes an exercise so you can experience practicing mindfulness first hand and take your first steps into being present in your life. Call the library at 303-795-3961 to register.



Centering Class:

Staying Present in the Moment

May 30, 6 p.m.

Being centered means being present in the moment with a nonjudgmental, detached sense of awareness. Such a state allows you to be aware of everything around you, including your own thoughts, allowing you to choose your reactions. Practicing centering helps you to remain calm in stressful situations, keep emotions from overwhelming you and find compassion for yourself and others. Join Heather Kokx in this hour class where we will investigate what centering is, why it is beneficial, and how to practice it. Call the library at 303-795-3961 to register.