




Wood Valley Ranch

SPECIALIZING IN HAWAIIAN MAMAKI TEA
ON THE BIG ISLAND OF HAWAII

Taste an Ancient Hawaiian Tradition: MAMAKI TEA

CAFFEINE-FREE, ANTIOXIDANT- AND MINERAL-RICH
INDIGENOUS TO HAWAII

A close-up photograph of Mamaki leaves. The leaves are large, green, and have a serrated edge. The veins are a darker green or brownish color. The background is a blurred landscape of more Mamaki plants and hills under a blue sky.

At Wood Valley Ranch we ensure a premium quality product by using permaculture and Korean natural farming techniques. Grown in the nutrient-rich volcanic soil on the slopes of Mauna Loa, our leaves are hand-picked and slow-dried to create the perfect cup of herbal tea.

Mamaki tea is loaded with macro and micro minerals that contain catechins; these polyphenols stimulate brain activity and boost metabolic rates and are rich in antioxidants. The unassuming and subtle effect gently stimulates natural brain activity, leaving you feeling productive, creative, and confident.

teachest.com/blogs/time-for-tea/mamaki-tea

Studies of Mamaki tea* found traces of antioxidants including **EGCG**, as well as **beta-carotene** and certain minerals, such as **calcium**, **magnesium**, **potassium**, and **phosphorus**.

RESEARCH SHOWS:

- ▶ **Antioxidants** may help maintain cell integrity and fight free radicals.
- ▶ **Beta-Carotene** may neutralize free radicals and increase cellular antioxidant defense.
- ▶ **Calcium** builds strong bones.
- ▶ **Magnesium** contributes to bone health and healthy immune function.
- ▶ **Potassium** can help maintain a healthy blood pressure level in combination with a low-sodium diet.

25 ACRE FARM
7,000+ PLANTS
1,000 POUNDS OF MAMAKI
HARVESTED EVERY WEEK

**Add Mamaki tea
to your list of offerings.**

Email
info@ancientvalleygrowers.com
for detailed pricing information.

MANAGED BY



ANCIENT VALLEY GROWERS LLC

* An extensive scientific study was conducted at the University of Hawai'i on Mamaki tea. A collaborative effort between the Department of Human Nutrition, Food, and Animal Science and the Department of Molecular Biosciences and Bioengineering was supportive of the benefits shared in Hawaiian folklore. (Kartika, Li, Wall, Nakamoto, Iwaoka, 2007) Three major antioxidants in Mamaki leaves were identified in the University of Hawai'i study. They are catechins, chlorogenic acid and rutin.