

Day 3: Lift Up, Don't Tear Down

Devotional

We live in a world that is quick to point out failure. Social media makes it easy to highlight every flaw, every stumble, every mistake. And honestly, that Spirit can creep into the church too.

But Galatians 6 draws a clear line. Those who are spiritually mature are called to restore others with gentleness and to bear one another's burdens. Not expose them. Not tear them down. Restore them, gently.

Think about the four men on that roof. They did not stand outside the crowd and criticize their friend for being paralyzed. They did not debate whether he deserved to be healed. They just picked him up and carried him.

That is what spiritual maturity looks like in action. It is not about making sure everyone knows what someone did wrong. It is about helping them get to the One who can make it right.

If someone in your life is struggling, your role is not to be their judge. Your role is to be their carrier. The goal is always to point people toward Jesus, not push them further away.

Choose gentleness. Choose to lift. It is the more excellent way.

Bible Verse

"Brothers and sisters, if someone is caught in a sin, you who live by the Spirit should restore that person gently. But watch yourselves, or you also may be tempted. Carry each other's burdens, and in this way you will fulfill the law of Christ." - Galatians 6:1-3

Reflection Question

When someone around you stumbles, is your first instinct to restore them gently or to pull back, and what might need to change in how you respond?

Quote

"Don't let your flaw keep you from pursuing Jesus. And don't let other people's flaws keep you from helping them pursue Jesus."

Prayer

Lord, give me a heart that restores rather than tears down. Help me to carry others with the same gentleness You have shown me. Amen.