

5 Day Devotional

Day 1: Peace That Doesn't Make Sense

Devotional

We all know what it feels like when life piles on. The bills stack up, relationships strain, health scares hit, and suddenly it feels like everything is falling apart at once. In those moments, our instinct is to fix it. We hustle, we worry, we lose sleep trying to find a way out.

But here is the thing. Peace was never meant to come from fixed circumstances. It comes from a fixed focus on God.

Jesus slept through a violent storm while His disciples panicked. Paul remained calm on a sinking ship while facing execution. These men were not at peace because their situations were under control. They were at peace because they knew who was in control.

God's peace is not fragile like that. It does not depend on your bank account, your health report, or your relationship status. It is a peace that He gives freely to those who trust Him, and it holds steady even when everything around you is shaking.

You do not have to have it all figured out to experience it. You just have to turn toward Him.

Bible Verse

"Have I not commanded you? Be strong and courageous. Do not be frightened, and do not be dismayed, for the Lord your God is with you wherever you go." - Joshua 1:9

Reflection Question

Is there an area of your life right now where you are trying to manufacture peace by fixing your circumstances instead of trusting God with them?

Quote

God given peace doesn't. It's not dependent on what's going on around us in this world or earthly circumstances. Everything can be so chaotic around us, everything in the world can be so chaotic and we can still have peace that's given to us through God.

Prayer

Lord, thank You that Your peace is not dependent on my circumstances. Help me to stop striving for control and start trusting in You. Amen.