

Day 5: Keep Carrying, Keep Coming

Devotional

Some seasons of faith are exhausting. You have been believing for someone for a long time. You have been praying, showing up, carrying the weight of hope when they cannot carry it themselves. And some days, you just feel like quitting.

Isaiah 40 speaks directly into that weariness. Those who wait on the Lord will renew their strength. They will rise up. They will run and not grow weary. They will walk and not faint.

The four men on that roof did not quit when the crowd blocked the door. They found another way. They kept going. And because they did, their friend walked out of that room on his own two feet.

Your persistence matters. Your continued faith for the people around you matters. Do not let the length of the journey convince you that God is not working. He sees every step you have taken. He sees every prayer you have prayed. He sees your faith.

Keep believing. Keep coming. Keep carrying. The God who commands His blessing in unity is the same God who renews the strength of those who wait on Him. You are not alone in this, and you are not finished yet.

Bible Verse

"But those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint." - Isaiah 40:31

Reflection Question

Where in your life do you need to choose to keep going rather than give up, and what would it look like to trust God with the outcome instead of carrying the weight of it yourself?

Quote

"Sometimes when we're dealing with our fellow believers that are wrestling with some unbelief and some struggle in our life, we just feel like quitting. But I want to tell you this. Keep believing, keep coming, keep laboring."

Prayer

Lord, renew my strength today. When I feel like giving up on the people I love or on my own journey, remind me that You see my faith and You are still at work. Amen.