

Day 4: His Rules Are Not a Cage

Devotional

When people hear the word "commandment," they often picture restriction. Rules that limit. Boundaries that take something away.

But that is not what Jesus had in mind.

His commandments are not designed to shrink your life. They are designed to protect it. When He speaks about forgiveness, purity, or how to treat others, He is not being controlling. He is guarding you from the guilt, broken relationships, and spiritual weight that pile up when those boundaries are ignored.

Think about it this way. A guardrail on a mountain road does not ruin the drive. It keeps you from going over the edge. The commandments of Jesus work the same way. They are not a cage. They are a guardrail.

The world offers a version of freedom that says do whatever you want. But that kind of freedom has a cost. Sin stacks up. Guilt accumulates. And eventually, the weight becomes unbearable.

Jesus offers something different. His yoke is easy. His burden is light. Not because following Him requires nothing, but because what He asks of you leads to life, not away from it.

Obedience to Jesus is not the opposite of freedom. It is the path to it.

Bible Verse

"Whoever has my commandments and keeps them, he it is who loves me. And he who loves me will be loved by my Father, and I will love him and manifest myself to Him." - John 14:21

Reflection Question

Is there a commandment or teaching of Jesus that you have been viewing as a restriction rather than as protection for your freedom?

Quote

"The commandments of Jesus Christ were given to you to protect the freedoms that He's put in your life."

Prayer

Lord, help me see Your commandments not as burdens but as gifts. Give me a heart that trusts Your boundaries and finds freedom in following You. Amen.