

Day 3: Prayer Is the Foundation

Devotional

In the early church, a problem arose. The apostles were being pulled in too many directions, and something had to give. Their response was clear and decisive. They said it was not right to give up preaching the Word to serve tables, and so they committed themselves to prayer and the ministry of the Word.

That decision was not about avoiding hard work. It was about protecting what mattered most. Prayer was not a bonus activity for the apostles. It was the foundation on which everything else stood.

Paul echoed this in letter after letter. He told the Ephesians he did not cease to give thanks for them, remembering them in his prayers. He told the Thessalonians he gave thanks for them constantly. He told Timothy he prayed for him night and day. Prayer was not a formality for Paul. It was how he loved the people in his care.

This matters for you personally. When someone commits to praying for you by name, that is a covenant. It is a promise that you are not forgotten, that someone is bringing your name before God. That kind of love is rare and worth receiving with gratitude.

And it is also an invitation. If prayer is the foundation for leaders, it is the foundation for you too. Your relationship with God is built and sustained in those quiet moments of honest conversation with Him. Do not let anything crowd it out.

Bible Verse

"I do not cease to give thanks for you, remembering you in my prayers." - Ephesians 1:16

Reflection Question

What would change in your daily life if you treated prayer as a foundation rather than a last resort?

Quote

"I do not cease to give thanks for you, remembering you in my prayers."

Prayer

God, teach me to pray with consistency and sincerity. Remind me that every conversation with You matters and that You hear every word. Amen.