

5 Day Devotional

Day 1: Something Deeper Is Waiting

Devotional

Most of us spend a lot of energy trying to fix what is wrong on the outside of our lives. We manage our habits, adjust our routines, and work hard to be better. But real change does not start on the surface. It starts somewhere much deeper.

In John 7, Jesus made a stunning promise. He said that rivers of living water would flow from the innermost part of those who believe in Him. He was talking about the Holy Spirit. And the place He pointed to, that deep inner seat of your soul, is where your mind, your will, and your emotions actually live. That is exactly where the Holy Spirit wants to move.

This is encouraging news. You do not have to manufacture change on your own. The Holy Spirit is not interested in touching only the edges of your life. He wants to go deep, into the places you rarely let anyone see, and bring life to what has felt dry or stuck for a long time.

Just as water brings life wherever it flows, the Spirit creates the conditions for genuine growth in you and through you. You were never meant to run on empty. You were designed to be filled.

Bible Verse

"On the last and greatest day of the festival, Jesus stood and said in a loud voice, 'Let anyone who is thirsty come to me and drink. Whoever believes in me, as Scripture has said, rivers of living water will flow from within them.' By this he meant the Spirit, whom those who believed in Him were later to receive." - John 7:37-39

Reflection Question

What area of your life have you been trying to change on your own that you have not yet surrendered to the Holy Spirit?

Quote

"Out of your belly will flow rivers of living water. Because when the Spirit comes in it, that's where I feel it. I feel it in my belly."

Prayer

Holy Spirit, go deeper than I have allowed You to go before. Flow into the places in me that feel dry and bring the life only You can give.