



November Oak Leaf

Published for the residents of Oak Creek

November 2018

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Happy Thanksgiving to our wonderful residents. Fall back! Don't forget to set your clocks back one hour as Daylight Savings time will end on Sunday, November 4th. The good news is we get an extra hour of sleep 😊.

We have completed the Bicycle Clean-up Program and removed many abandoned bikes. There is now more room for proper bicycle parking at the bike racks and cages. This is a friendly reminder that bicycles are not permitted to be stored on the balconies or in the stairwells. We will be doing some renovations at the Club in the kitchen and the coffee bar starting on November 8th and should be completed by November 16th. While we don't anticipate a disruption in coffee service we will have some limited access to the kitchen area. We will do our best to minimize any disruption of service. Please understand that there will be loud noises during certain aspects of the work but we will do our best to conduct this work when the club is closed on Mondays until 2:00pm. Thank you in advance for your understanding and patience during this work.

Thank you for the many compliments and wonderful feedback I have received about the club events and the club team. Daiana, Susan and Jackie want to make sure that everyone has a wonderful experience at the club and at the events. Please make sure that you sign up in advance for all events so that they can plan appropriately. Also, please make sure that you have your Oak Creek ID with you at all times when at the club. In order for us to maintain the club for the Oak Creek residents it will be necessary for you to show your Oak Creek ID cards.

As always thank you for choosing Oak Creek as your home.

Suzanne Landers
Property Manager



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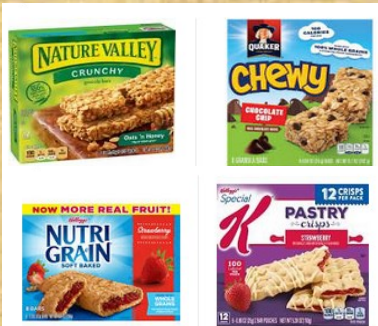
1600 Sand Hill Road, Palo Alto, CA 94304 www.oakcreekapts.com, (650) 327-1600

November Events



Residents must show their OCID card when attending an event, so please have your Oak Creek ID with you at all times. Residents are encouraged to call the Clubhouse at 650-384-4716 in order to sign up for all complimentary events.

Breakfast On The Go



Please be sure to have your **Oak Creek ID** and don't forget to stop by the Club or call to **sign up by each Friday** prior to every Breakfast On The Go.

- *Sunday 11/4 at 10 a.m.
- *Sunday 11/11 at 10a.m
- *Sunday 11/18 at 10 a.m.
- *Sunday 11/25 at 10 a.m.

Notice!

We will be having our kitchen remodeled from November 8th to November 16th. There will be noise due to the work on weekdays from 8:30am to 5:30pm. We apologize in advance for any inconvenience this may cause.

Wednesday Sweets



Join us on Wednesday 11/7/18 at 4pm for some delicious sweets. This is a great time to meet with your neighbors.

Please sign up by **Monday, November 5th.**

HAPPY FRIENDSGIVING



Join your neighbors for a wonderful Thanksgiving dinner. This buffet style dinner will include salad, mashed potatoes, turkey, stuffing, cranberry sauce, refreshments, and dessert.

Monday, November 19th at 6pm |
Sign up by November 14th (no exceptions)

Residents/Guests-\$5

Children 5 years and Under-Free



Club & Property Updates

***Club Events:** A minimum of 10 sign ups are required in order to host a scheduled event.

***Oak Creek ID Cards:** It is required for residents to have their OC ID with them at all times. Moving forward, Club staff members will be asking for residents OC ID card in order to sign up and attend events. As a reminder, residents may be asked by a Club staff to show them their OC ID as proof of residency,. Therefore, please have it with you while using the facilities.

***Guests at the Club:** Residents may have up to two guests per resident join them at the Club. Residents are required to be with their guests at all time. Guests may not use the facilities without a resident being present. Guests without a resident with them, will be asked to leave the Clubhouse.

***Vehicle Parking Tags:** All residents are required to have an Oak Creek parking tag. The parking tag number, should be visibly displayed. If you do not have a parking tag please visit the Rental office to get one.

***Coffee Bar:** Friendly Reminder that the Clubhouse Coffee Bar closes at 9:45pm daily.

***Maintenance Request:**

This is a friendly reminder that residents are not allowed to enter the maintenance shop. If you are in need of placing a work order, please call the office at (650)321-9761 or place it through our Oak Creek online portal.

***Balcony Appearance:** Only patio furniture is permitted on the balcony or patio.

Please do not use this space for storage or to dry clothing.

***Gym Etiquette:** Please bring a gym towel or use gym wipes to wipe down the equipment after use.

***Valuables in Car Reminder:** This is a friendly reminder for residents not to leave any valuables in their car.

Upcoming Local Events

11/17/18 9:30am- 5pm	<u>Holiday Bazaar- Mountain View</u> Free Mt View Senior Center on Escuela Ave Mountainview.gov
10/17 Noon- 5pm	<u>Winery Passport Day</u> \$50-65 Over 50 Santa Cruz Mountain Wineries Scmwa.com
10/23- 10/25 10am- 5pm	<u>Harvest Art and Craft Show</u> \$9 SJ Convention Center, S Almaden and W San Carlos Harvestfestival.com

Resident REFERRAL PROGRAM



RECOMMEND OAK CREEK TO EVERYONE YOU KNOW

If your friends, colleagues, or family members sign a 12 month Lease:

You will receive \$1,000 RENT CREDIT

CALL THE OFFICE FOR MORE DETAILS

November Films



5
Anne with an "E" 7 pm
Tv-PG S1- E: 1&2
The adventures of a orphan girl living in the 19th century. Follow Anne as she learns to navigate her new life on Prince Edward Island, in this new take on L.M. Montgomery's classic novels.



6
The Insult-R 4pm & 7pm
After an emotional exchange between a Lebanese Christian and a Palestinian refugee escalates, the men end up in a court case that gets national attention.



7
Move Over Darling-4pm & 7pm
After five years lost at sea, a missing wife thought long dead returns just after her husband remarries.



8
Won't you be my Neighbor PG-13 4pm & 7pm
An exploration of the life, lessons, and legacy of iconic children's television host, [Fred Rogers](#).



9,10,11
George of the Jungle PG 4pm
Samson PG-13 4pm & 7pm
After losing the love of his life to a cruel Philistine prince, a young Hebrew with Supernatural strength defends his people, sacrificing everything to avenge his love, his people, and his God.



12
Anne with an "E" 7 pm
Tv-PG S1- E: 3&4



13
Blood Brother-4pm & 7pm
Documentarian visits best friend in India to see the mutual unconditional love that keeps his buddy bonded to a village hostel housing AIDS-afflicted children.



14
The Intouchables-R 4pm & 7pm
After he becomes a quadriplegic from a paragliding accident, an aristocrat hires a young man from the projects to be his caregiver.



15
Dying to have known-4pm & 7pm
Master filmmaker Steve Kroschel, intrigued by a stunning statement from his last documentary, sets out to find hard evidence of the effectiveness of the Gerson Therapy, a long-suppressed natural cancer cure



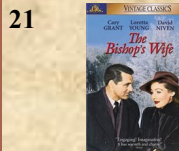
16,17,18
Free Birds PG 4pm (Friday Only)
Den of Thieves R 4pm & 7pm
A crime which follows the lives of an unit of the LA Sheriff's Dept. and the state's most successful bank robbery crew as the outlaws plan a heist on the Federal Bank.



19
Anne with an "E" 7 pm
Tv-PG S1- E: 5 & 6



20
Ode to my Father-PG-13 4pm & 7pm
Amid the time of Korean War, a young boy's vow to take care of his family marked the beginning of a lifelong promise spanning 60 years.



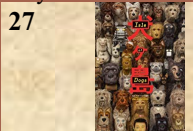
21
The Bishop's Wife-4pm & 7pm
An angel in human form enters the life of a bishop in order to help him build a new cathedral and repair his fractured marriage.



23,24,25
Kon Fu Panda 3 PG 4pm (Friday Only)
Chappaquiddick PG-13 4pm & 7pm
Depicting Ted Kennedy's involvement in the fatal 1969 car accident that claims the life of a young campaign strategist, Mary.



26
Anne with an "E" 7 pm
Tv-PG S1- E: 7 & S2 E1



27
Isle of Dogs-PG-13 4pm & 7pm
Set in Japan, Isle of Dogs follows a boy's odyssey in search of his lost dog. 60 years.



28
The Best Years of our Lives-4pm & 7pm
Three World War II veterans return home to small-town to discover that they and their families have been irreparably changed.



29
Food Inc.-4pm & 7pm
An unflattering look inside America's corporate controlled food industry.



30
Turkey Hollow PG 4pm
Death Wish R 4pm & 7pm
The 1974 Charles Bronson classic gets a reboot in this gripping thriller about a formerly law-abiding man hell-bent on revenge after his wife and daughter become the victims of a violent attack.



Oak Creek Groups & Classes

If you would like to host a group or a class please contact
Daiana Rodriguez via e-mail at dvega@gb-a.com.

Current Events Group

The current events group meets at the Club theater to discuss events that are in the news. The goal is to consider the deeper meaning of events, and try to see the "big picture" about what's really going on in the world. Led by local TV personality Martin Wasserman, who also leads the TED Group.

**Tuesday, November 6th at 3pm
and Tuesday, November 20th at 3pm**
(In the theater)

Practice Speaking English Together

Non-native speakers: This is your chance to practice speaking English in a friendly environment.

Please join Lilian on **Tuesday's at 1:30pm**

(In the Main Club Lounge Area)

Chess Club

Boyoung is a young boy that is passionate about Chess. He is looking for other enthusiasts from beginners to pro's that would like join for a game! Feel free to bring your own chess set if you have it. We will have tutorials available for beginners.

**Saturday, November 17th at 3pm and
Saturday, November 24th at 3pm**
(In the Main Club Lounge Area)

Ideas Worth Spreading: TED Group

This group shows a short TED Talk at the start of each session and then discusses the ideas raised in the TED Talk. To find out the topics in advance, send an email to deeperlook@aol.com and request to be added on the TED list.

**Tuesday, November 13th at 3pm
and Tuesday, November 27th at 3pm**
(In the theater)

Learn to Speak Spanish

Hola Vecinos! (Hi Neighbors!)

Join Raquel in the journey of learning to speak Spanish. Raquel has volunteered to teach interested residents a new language. Meetings will be held in the Theater Room.

Every Friday from 11am-12pm

(If you are interested on private lessons please e-mail Raquel at Raquel.brito@me.com for pricing)

Play Date at the Club

Every **Monday at 4pm**, we will be showing a toddler movie in the Oak Room. This is a chance for all parents to meet and greet with their toddlers.



Philosophy Group

Jim Hersh's Philosophy group is back at the Club! Stop by every **Wednesday from 3-5pm** at the theater to join his insightful discussions about philosophy.

COMCAST at the Club!



Please stop by every **Thursday from 5-6pm** to speak to our Comcast Rep. He will be at the Club's main lobby area eager to assist with any questions or concerns you may have on your account.



Fitness

Join the fitness classes available at no cost for residents. Please note that all classes are held in the Willow Room in Building 1824 unless noted otherwise. We have three wonderful instructors and their schedules are noted below.

Anna Alioto

Circuit Weight training

Circuit Weight Training introduces the student to a fitness program of resistive exercises designed to promote improvement in muscular strength and cardiovascular endurance.

Wednesdays at 6pm

Zumba

Every class feels like a party! Just move your body and follow my lead. It's easy! Come try!

**Wednesdays at 7pm and
Saturdays at 9:30am**

Beginning Ballet

Beginning Ballet gives students an introduction to classical ballet technique in a fun, no pressure environment. Students can wear ballet shoes or socks.

Fridays at 9:30am

Pilates Stretch

This low impact class is a great way to strengthen your core muscles, develop your balance and increase your flexibility.

**Fridays at 8:30am and
Mondays at 6pm**

Angela Holzer

Stretch/Yin Yoga Class

Enjoy a class focused on stretching and deep breathing!

Mondays at 9:30am

Meditation

This class will start out with a 10 minute seated meditation, 20 minutes of floor stretches, then peaceful relaxation position.

**Mondays at 10:30am and
Thursdays at 7pm**

Chair Yoga

Come join us for a low impact yoga class! This class will involve stretches, deep breathing exercises as we work our arms and legs while sitting in a chair.

Tuesdays at 5pm

Beginners TaiChi/ QiGong

We will be learning the basic movements of Tai Chi and Qigong. Come Join Us!

Wednesdays at 9am

Gentle Yoga

The Gentle Yoga class focuses on increasing core strength, flexibility and relaxation. This class is for all levels including beginners.

**Tuesdays and
Thursdays at 6pm**

Ann Barrileaux

Core Class

Core and More: A workout of functional balance and core training using resistance bands and hand & body weight.

**Tuesdays and
Thursdays at 9am**

Senior Strength Training

Strengthen primary muscles

**Tuesdays & Thursdays
At 10am**

Aqua Aerobics

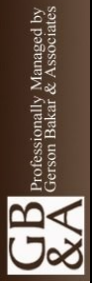
A fun way to burn between 450-700 calories an hour!

**Tuesdays and
Thursdays at 11:15am
at the Main Pool**



November 2018

◆ Free WI-FI in the Club House.
 Network- OAKREEKCLUB;
 Password - oakcreek (lowercase)



Sun	Mon	Tue	Wed	Thu	Fri	Sat
4 Breakfast To-Go 10-11am Breaking-In- 4pm & 7pm	5 Angie-Stretch 9:30am Angie-Meditation 10:30 Anna-Pilates Stretch 6pm Parent, Baby, Toddler Group-4pm Anne with an "E" S1 E:1&2- 4 &7pm	6 Ann- Core 9am Ann- Senior Strength 10am Ann- Aqua 11:15am Angie-Chair Yoga 5pm Angie-Yoga Flow 6pm English Class 1:30pm TED Group 3pm The Insult- 4pm & 7pm	7 Angie- Tai Chi 9am Anna-Circuit 6pm Anna- Zumba 7pm Move Over Darling- 4pm & 7pm Philosophy Group 3-5pm Wednesday Sweets-4pm	1 Ann- Core 9am Ann- Senior 10am Ann- Aqua 11:15am Angie-Gentle Yoga 6pm Angie-Meditation 7pm Comcast 5-6pm Life Animated- 4&7pm	2 Anna- Pilates 8:30 Anna- Ballet 9:30am The Iron Giant 4pm Breaking In-7pm	3 Anna- Zumba 9:30am Breaking-In- 4pm & 7pm
11 Breakfast To-Go 10-11am Samson- 4pm & 7pm	12 Angie-Stretch 9:30am Angie-Meditation 10:30 am Anna-Pilates Stretch 6pm Parent, Baby, Toddler Group-4pm Anne with an "E" S1 E:3&4- 4 &7pm	13 Ann- Core 9am Ann- Senior Strength 10am Ann- Aqua 11:15am Angie-Chair Yoga 5pm Angie-Yoga Flow 6pm English Class 1:30pm Current Events 3pm Blood Brother- 4pm & 7pm	14 Angie- Tai Chi 9am Angie-Yoga 6pm Angie-Stretch 7pm Philosophy Group 3-5pm The Intouchables- 4pm & 7pm	15 Ann- Core 9am Ann- Senior 10am Ann- Aqua 11:15am Angie-Gentle Yoga 6pm Angie-Meditation 7pm Comcast 5-6pm Dying to have know- 4pm & 7pm	16 Angie- Core Class 8:30 am Anna- Meditation 9:30am Free Birds- 4pm Den of Thieves 7pm Spanish Class 11am-12pm	17 Angie-Restorative Yoga 9:30am Chess Club-3pm Den of Thieves 4pm & 7pm
18 Breakfast To-Go 10-11am Den of Thieves 4pm & 7pm	19 Angie-Stretch 9:30am Angie-Meditation 10:30 Anna-Pilates Stretch 6pm Parent, Baby, Toddler Group-4pm Anne with an "E" S1 E:5&6- 4 &7pm Thanksgiving Dinner-6pm	20 Ann- Core 9am Ann- Senior Strength 10am Ann- Aqua 11:15am Angie-Cancelled 5pm Angie-Cancelled 6pm English Class 1:30pm TED Group 3pm Ode to My Father- 4pm & 7pm	21 Angie- Cancelled 9am Anna-Circuit 6pm Anna- Zumba 7pm Philosophy Group 3-5pm The Bishop's Wife 4pm & 7pm	22 Clubhouse Closed and Canceled	23 Anna- Pilates 8:30 Anna- Ballet 9:30am Kon Fu Panda 3- 4pm Chappaquiddick-7pm Spanish Class 11am-12pm	24 Anna- Zumba 9:30am Chess Club-3pm Chappaquiddick-4pm & 7pm
25 Breakfast To-Go 10-11am Chappaquiddick-4pm & 7pm	26 Angie-Stretch 9:30am Angie-Meditation 10:30 Anna-Pilates Stretch 6pm Parent, Baby, Toddler Group-4pm Anne with an "E" S1 E:7&1- 4 &7pm	27 Ann- Core 9am Ann- Senior Strength 10am Ann- Aqua 11:15am Angie-Chair Yoga 5pm Angie-Yoga Flow 6pm English Class 1:30pm Current Events 3pm Isle of Dogs- 4pm & 7pm	28 Angie- Tai Chi 9am Anna-Circuit 6pm Anna- Zumba 7pm Philosophy Group 3-5pm The Best Years of our Lives- 4pm & 7pm	29 Ann- Senior 10am Ann- Aqua 11:15am Angie-Gentle Yoga 6pm Angie-Meditation 7pm Comcast 5-6pm Food Inc.- 4pm & 7pm	30 Anna- Pilates 8:30 Anna- Ballet 9:30am Turkey Hollow- 4pm Death Wish 7pm Spanish Class 11am-12pm	



Oak Creek Apartments

Administration Office

Office Hours: Mon-Fri 8:30am-5:30pm
Office Number: (650)327-1600
Fax Number: (650)327-2459
Suzanne Landers Property Manager slanders@gb-a.com
Ty Po Assistant Property Manager typo@gb-a.com

Maintenance

Office Hours: Mon-Fri 8:30am-5:30pm
Office Number: (650)321-9761
Billy Shamuel Maintenance Manager bshamuel@gb-a.com
Roxanne Hunt Maintenance Services Coordinator rhunt@gb-a.com

Rental Office

Office Hours: Mon-Fri 8:30am-5:30pm
Sat and Sun: 9am-5:30pm
Office Number: (650)321-1701
Ed Tso Leasing Director etso@gb-a.com
Zeny Martinez Leasing Specialist zmartinez@gb-a.com
Patricia Garcia Leasing Specialist pgarcia@gb-a.com
Amber Botello Leasing Specialist abotello@gb-a.com

Clubhouse

Office Hours: Mon 2:00pm-10:00pm
Tues-Sun 8:30am-10pm
Office Number: (650)384-4716
Fax Number: (650)324-2849
Daiana Rodriguez dvega@gb-a.com
Susan Milliken jmilliken@gb-a.com
Jacqueline Cordoba jcordoba@gb-a.com

Tennis Courts Daily 6:00am-10:00pm
Michael Jessup admin@playercapital.com
Office Number: (650)630-2065

Fitness Center: Mon 2:00pm-10:00pm
Tues-Fri 6:00am-10:00pm
Sat and Sun 8:00am-10pm

COURTESY
PATROL HOURS:

Daily
5:30pm-8:30am

1(800)400-1110