

# Park Newport View

## GENERAL MANAGER'S COMMENTS

It happened east of the concrete canyons of Massachusetts Avenue, beyond the National Cathedral and the stately homes of fabled families and embassies of foreign governments that rise like trees from the rich Potomac soil. The broad-leafed neighborhoods were already well past burnt orange and red, and daytime temperatures were in the 50's. It was the week of Thanksgiving, and I was a young man living in a suburb of Washington, D.C. and commuting daily to Alexandria, Virginia to a job I loved. My drive took me past DuPont Circle where a vociferous pod of homeless

## UPCOMING EVENTS

November 3	CA Science Center ft. King Tut 10:00 a.m. Departure
November 4	Julian 8:00 a.m. Departure
November 10	Breakfast Over Backbay 9:00 a.m. Main Lounge Temecula Wine Tasting 9:30 a.m. Departure
November 11	The Broad & Grand Central Market 10:30 a.m. Departure
November 14	Happy Hour @ TGI Fridays 4:45 p.m. Departure
November 16	Thanksgiving Dinner 6:30 p.m. Main Lounge
November 17	Fashion Island Tree Lighting 4:30 Departure
November 17	Turkey Burn 9:00 a.m. Aerobics Room
November 18	Reagan Library ft. Pompeii 9:00 a.m. Departure
November 20	Flavors of Fall 7:00 p.m. Main Lounge
November 22	Happy Thanksgiving! Offices closed
November 24	Apple Butter Festival 8:30 a.m. Departure
November 25	Sawdust Winter Fantasy 10:30 a.m. Departure
November 28	Kids Movie Night 6:30 p.m. Theater
November 29	Pizza Night 6:00 p.m. Main Lounge
November 30	Downtown Disney 6:00 p.m. Departure
December 1	Riverside Festival of Lights 3:00 p.m. Departure
December 2	CDM Christmas Walk 10:30 a.m. Departure

men and women often called out to drivers, joggers, and spectators for help, mostly to no avail. As I remember it, I was generally irritated by the disruption they caused to my morning commute and surprised they were nowhere to be seen when I drove home at night. My family lived on the other side of the country, and I had no plans for Thanksgiving. So, I had volunteered to cover employee vacations over the forthcoming long weekend. I was approaching the holiday itself with precious little gratitude but that was about to change. As the sun went down on Thanksgiving Eve, a friend called to see if I might like to join several business associates for a holiday beverage in Georgetown. It turned out he owned a warehouse full of old but perfectly useful blankets he wished to give away and wondered if I'd participate in this charitable cause for an hour before our group convened. He had seen more than a few homeless individuals in the area and, with winter coming on, he knew there was a need. It was of course very cold and dark outside by 8:00 p.m., and we met against a backdrop of poorly lit 18th century row houses-turned-retail spaces. This part of town was now all but deserted. In the spectral realm of that dim neighborhood, row houses stand inches—not feet—apart and can stretch forty to sixty feet in length, forming narrow passages into which no adult would willingly go. Still, into one such eerie space—perhaps 12 inches wide—I decided to shout, "Free Blankets!" To my surprise, a soft voice called back, "I'm cold!" In disbelief, I stared into the blackness and strained to see the movement of shadowy figures. One youngster emerged, followed by a crippled senior citizen and a toothless forty-something. Soon another voice from across the street yelled, "May I have a blanket?" Presently, another asked, "Can I take one for my friend?" Soon the joy of a small act of service was conjoined with the thrill of genuine appreciation, and I was truly humbled for having been so dismissive of those less fortunate than me. And so it was I learned that it only takes about an hour to give away 300 blankets, but gratitude can last a lifetime. In that spirit, Park Newport thanks you for your business and wishes each of you a Happy Thanksgiving.

Happy Thanksgiving



# MOVIES AT THE PARK NEWPORT THEATER

## MATINEE MOVIES:

TUE & FRI: 2:00 P.M.

### Tuesday Movies



#### NOVEMBER 6 SKYSCRAPER PG-13, 1 HR 42 MINS

A security expert must infiltrate a burning skyscraper, 225 stories above ground, when his family are trapped inside by criminals. Starring Dwayne Johnson, Neve Campbell, Chin Han.



#### NOVEMBER 13 THE SEAGULL PG-13, 1 HR 38 MIN

A tragicomedy unfolds when friends and family gather at a retreat where everyone is caught up in loving someone who loves someone else. Starring Saoirse Ronan, Corey Stoll, Elisabeth Moss.



#### NOVEMBER 20 DON'T WORRY, HE WON'T GET FAR ON FOOT R, 1 HR 54 MINS

On the rocky path to sobriety after a life-changing accident, John Callahan discovers the healing power of art, willing his injured hands into drawing hilarious, often controversial cartoons, which bring him a new lease on life. Starring Joaquin Phoenix, Jonah Hill, Rooney Mara.



#### NOVEMBER 27 SICARIO: DAY OF THE SOLDADO R, 2 HR 2 MIN

The drug war on the U.S.-Mexico border has escalated as the cartels have begun trafficking terrorists across the US border. To fight the war, federal agent Matt Graver re-teams with the mercurial Alejandro. Starring Benicio Del Toro, Josh Brolin, and Isabela Moner.

## EVENING MOVIES:

TUE, FRI, & SAT: 7:00 P.M.

### Friday & Saturday Movies



#### NOVEMBER 2 & 3 MAMMA MIA 2 PG-13, 1 HR 54 MINS

Sophie prepares for the grand reopening of the Hotel Bella Donna as she learns more about her mother's past. Starring Lily James, Amanda Seyfried and Meryl Streep.



#### NOVEMBER 9 & 10 LEAVE NO TRACE PG-13, 1 HR 36 MINS

A father and his thirteen year-old daughter are living an ideal existence in a vast urban park in Portland, Oregon, when a small mistake derails their lives forever. Starring Thomasin McKenzie, Ben Foster and Jeffery Riffard.



#### NOVEMBER 16 & 17 HOTEL ARTEMIS R, 1 HR 34 MINS

Set in riot-torn, near-future Los Angeles, 'Hotel Artemis' follows the Nurse, who runs a secret, members-only emergency room for criminals. Starring Jodie Foster, Sofia Boutella and Dave Bautista.



#### NOVEMBER 23 & 24 LOVING PABLO R, 2 HR 3 MINS

the true story of drug lord Pablo Escobar and his passionate love affair with journalist Virginia Vallejo that led to his downfall. Starring Javier Bardem, Penélope Cruz and Peter Sarsgaard.



#### NOVEMBER 30 SORRY TO BOTHER YOU PG-13, 1 HR 51 MIN

In an alternate present-day version of Oakland, telemarketer Cassius Green discovers a magical key to professional success, propelling him into a universe of gree. Starring Lakeith Stanfield, Tessa Thompson, and Jermaine Fowler.

## PIZZA NIGHT

Join us in the Main Lounge on Thursday, November 29 for Pizza Night! At 6:00 p.m., the Recreation Staff will be serving Pizza, salad, dessert and a beverage. Pizza options include pepperoni, bbq chicken, vegetarian, margherita, and Hawaiian. Dinner is just \$6 for adults and \$4 for children 10 and under. Sign ups will take place at the door- be sure to have your Park Newport ID!



## TURKEY BURN

Aerobics Instructor Sherri will be having an exercise demonstration on Saturday, November 17! Meet us outside the Aerobics Room at 9:00 a.m. for a light breakfast and a festive "turkey burn" with Sherri featuring hooping, belly dancing, Zumba and more. This demonstration is complimentary for all Park Newport residents.



## KIDS MOVIE NIGHT




# NOVEMBER 2018

## PHONE NUMBERS

COURTESY PATROL  
ADMINISTRATION  
CLUBHOUSE  
MAINTENANCE

644-7333 RENTAL  
644-7333 TENNIS SHOP  
644-4664 NON-EMERGENCY POLICE  
644-2622 EMERGENCY

644-1900  
759-1729  
644-3717  
911

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>FITNESS CENTER HOURS</b> <b>MON-FRI: 5 A.M. - 10 P.M.</b> <b>SATURDAY: 8 A.M. - 10 P.M.</b> <b>SUNDAY: 8 A.M. - 8 P.M.</b>				<b>1</b> Resident Services Office Hours: 8:30 a.m. - 7 p.m.  Stretch Yoga 11 a.m. 1/2 Hatha Flow Yoga 6:30	<b>2</b> Movie: 2 p.m. & 7 p.m. Mamma Mia! Here We Go Again  Zumba 10 a.m. Sit & Fit 11 a.m.	<b>3</b> Movie: 7 p.m. Mamma Mia! Here We Go Again  CA Science Center 10:00 a.m. Departure  Cardio Tennis 9 a.m.
Julian 8:00 a.m. Departure	<b>5</b> Shuttle Service 10 a.m. - 5 p.m.  Monday Night Football 5:30 p.m. Theater  Zumba 10 a.m. Sit & Fit 11 a.m. Shape & Tone 6:30 p.m. Athletic Yoga 7:15 p.m.	<b>6</b> Movie: 2 p.m. & 7 p.m. Skyscraper  Blood Pressure Screen 8:30 am Stretch Yoga 11:00 a.m. 1/2 Hatha Flow Yoga 6:30 p.m.	<b>7</b> Shuttle Service 10 a.m. - 5 p.m.  Body Sculpting 9:45 a.m. Sit & Fit 10:30 a.m. Shape & Tone 6:30 p.m. Cardio Tennis 7 p.m. Athletic Yoga 7:15 p.m.	<b>8</b> Resident Services Office Hours: 8:30 a.m. - 7 p.m.  Stretch Yoga 11 a.m. 1/2 Hatha Flow Yoga 6:30	<b>9</b> Movie: 2 p.m. & 7 p.m. Leave No Trace  Zumba 10 a.m. Sit & Fit 11 a.m.	<b>10</b> Movie: 7 p.m. Leave No Trace  Breakfast Over Backbay 9:00 a.m. Main Lounge  Temecula Wine Tasting 9:30 a.m. Departure  Cardio Tennis 9 a.m.
The Broad & Grand Central Market 10:30 a.m. Departure	<b>12</b> Shuttle Service 10 a.m. - 5 p.m.  Monday Night Football 5:30 p.m. Theater  Zumba 10 a.m. Sit & Fit 11 a.m. Shape & Tone 6:30 p.m. Athletic Yoga 7:15 p.m.	<b>13</b> Movie: 2 p.m. & 7 p.m. The Seagull  Blood Pressure Screen 8:30 am Stretch Yoga 11:00 a.m. 1/2 Hatha Flow Yoga 6:30 p.m.	<b>14</b> Shuttle Service 10 a.m. - 5 p.m.  Happy Hour 4:45 p.m. Departure  Body Sculpting 9:45 a.m. Sit & Fit 10:30 a.m. Shape & Tone 6:30 p.m. Cardio Tennis 7 p.m. Athletic Yoga 7:15 p.m.	<b>15</b> Resident Services Office Hours: 8:30 a.m. - 7 p.m.  Stretch Yoga 11 a.m. 1/2 Hatha Flow Yoga 6:30	<b>16</b> Movie: 2 p.m. Hotel Artemis  Thanksgiving Dinner 6:30 p.m. Main Lounge  Zumba 10 a.m. Sit & Fit 11 a.m.	<b>17</b> Movie: 7 p.m. Hotel Artemis  Fashion Island Tree Lighting Ceremony 4:30 p.m. Departure  Turkey Burn 9:00 a.m. Aerobics Room Cardio Tennis 9 a.m.
Reagan Library ft. Pompeii Exhibit 9:00 a.m. Departure	<b>19</b> Shuttle Service 10 a.m. - 5 p.m.  Monday Night Football 5:30 p.m. Theater  Zumba 10 a.m. Sit & Fit 11 a.m. Shape & Tone 6:30 p.m. Athletic Yoga 7:15 p.m.	<b>20</b> Movie: 2 p.m. & 7 p.m. Don't Worry, He Won't Get Far On Foot  Blood Pressure Screen 8:30 am Stretch Yoga 11:00 a.m. 1/2 Hatha Flow Yoga 6:30 p.m.	<b>21</b> Shuttle Service 10 a.m. - 5 p.m.  Body Sculpting 9:45 a.m. Sit & Fit 10:30 a.m. Shape & Tone 6:30 p.m. Cardio Tennis 7 p.m. Athletic Yoga 7:15 p.m.	<b>22</b> Offices & Club are Closed  Happy Thanksgiving! 	<b>23</b> Movie: 2 p.m. & 7 p.m. Loving Pablo  Zumba 10 a.m. Sit & Fit 11 a.m.	<b>24</b> Movie: 7 p.m. Loving Pablo  Apple Butter Festival 8:30 a.m. Departure  Cardio Tennis 9 a.m.
Sawdust Winter Fantasy 10:30 a.m. Departure	<b>26</b> Shuttle Service 10 a.m. - 5 p.m.  Monday Night Football 5:30 p.m. Theater  Zumba 10 a.m. Sit & Fit 11 a.m. Shape & Tone 6:30 p.m. Athletic Yoga 7:15 p.m.	<b>27</b> Movie: 2 p.m. & 7 p.m. Sicario: Day of the Soldado  Blood Pressure Screen 8:30 am Stretch Yoga 11:00 a.m. 1/2 Hatha Flow Yoga 6:30 p.m.	<b>28</b> Shuttle Service 10 a.m. - 5 p.m.  Kids Movie Night 6:30 p.m. Theater  Body Sculpting 9:45 a.m. Sit & Fit 10:30 a.m. Shape & Tone 6:30 p.m. Cardio Tennis 7 p.m. Athletic Yoga 7:15 p.m.	<b>29</b> Resident Services Office Hours: 8:30 a.m. - 7 p.m.  Pizza Night 6:00 p.m. Main Lounge  Stretch Yoga 11 a.m. 1/2 Hatha Flow Yoga 6:30	<b>30</b> Movie: 2 p.m. & 7 p.m. Sorry To Bother You  Zumba 10 a.m. Sit & Fit 11 a.m.	Downtown Disney 6:00 p.m. Departure  Zumba 10 a.m. Sit & Fit 11 a.m.



## SAWDUST WINTER FANTASY

Spend an afternoon in Laguna Beach on Sunday, November 25 for this year's Sawdust Winter Fantasy! Winter Fantasy is an annual art festival that celebrates local artists! With over 180 artists this year, watch as they create, display and sell creations such as jewelry, blown glass, textiles, ceramics, paintings and more! Santa will be present, along with holiday entertainment, winter décor, and outdoor cafés. Tickets are just \$8, and transportation is complimentary. We will depart here at 10:30 a.m.



## CDM CHRISTMAS WALK

Don't miss the 40th annual Corona Del Mar Christmas Walk on Sunday, December 2! Ring in the holiday season with your family and friends at one of CDM's biggest celebrations. The Christmas Walk features festivities for everyone, including live entertainment, food, games, restaurant tastings and a beer & wine garden! Santa Claus will also be there, along with the Newport Beach Fire Department putting on their traditional Fireman BBQ! Transportation is complimentary, and departure is at 10:30 a.m.



## THE BROAD & GRAND CENTRAL MARKET



If you haven't yet had an opportunity to visit the Broad Museum, accompany us on Sunday, November 11! The Broad is a contemporary art museum located in L.A., complete with two floors of gallery space and over 2,000 art pieces. Some of its current exhibits include those by Jeff Koons, Takashi Murakami, and Roy Lichtenstein. Museum admission is free. Afterwards we will stop at Grand Central Market, an emporium and historical landmark that features an array of food vendors. Departure is at 10:30 a.m. and transportation is \$5.

## BREAKFAST OVER BACKBAY

Our monthly Breakfast Over Backbay will be held on Saturday, November 10! Beginning at 9:00 a.m. in the Main Lounge, the Recreation Staff will be serving freshly made-to-order pancakes and waffles, sausage, bacon, eggs hash browns, toast, fresh-cut fruit and orange juice. Breakfast is \$6 for adults, and \$4 for children ten and under. Sign ups will take place at the door, and all charges will be billed to your monthly rent statement.



## DOWNTOWN DISNEY

Accompany us to Downtown Disney District on Friday, November 30! Downtown Disney is perfect for all ages, offering daily live music and an array of entertainment including Splitsville Luxury Lanes, AMC Theaters, new Star Wars: Secrets of the Empire IMLxLab, and World of Disney! Dine at one of the many restaurants on site such as Tortilla Joes, Naples Ristorante, Ralph Brennan's Jazz Kitchen and more. Departure is at 6:00 p.m. and transportation is complimentary.



## APPLE BUTTER FESTIVAL

Visit Oak Glen at Riley's Apple Farm for the annual Apple Butter Festival on Saturday, November 24! Traditionally, apple butter was made by American pioneers as part of their last crops of the season—a practical way to preserve it throughout the year! Join us for hands-on apple butter making using copper kettles, as well as pioneer crafts and games, carriage rides, and other activities. Departure for this trip is at 8:30 a.m. and transportation is just \$5. Festival admission is free.



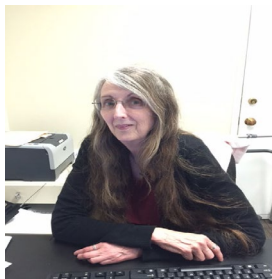


## TENNIS NEWS

Happy Thanksgiving to all our wonderful residents! Cardio Tennis and Jr. Clinics for ages 5/6 and 7/8 will not be held during the week of Thanksgiving but will remain on schedule for the rest of November. Remember to get your cardio clinics in the week before and after to prepare for all the turkey, stuffing, and pumpkin pie! The clinics are the perfect combination of point play, technique, aerobics and fun! They are also the best way to meet new tennis partners and friends and your first session is complimentary of Park Newport. Cardio tennis is held every Saturday from 9- 10:30 a.m. and every Wednesday from 7-8:30 p.m. Many of you have inquired about the status of Court 5 and we are currently working on the best solution, so thank you for your patience and understanding. And finally, please remember a few rules of the tennis courts that are meant for the safety and enjoyment of all our residents. Tennis shoes and shirts must be worn at all times, animals and non-tennis activities are prohibited from being on the tennis courts.

## EMPLOYEE OF THE MONTH

Park Newport is proud to announce our Employee of the Month, Claire Roberts! Claire just celebrated her 25th year with Park Newport. Her tireless dedication to the tasks assigned to her have demonstrated to all others the importance of integrity. She has filled a number of roles here, but most recently she has taken on mentoring others to better themselves. Please join all the Park Newport Team in wishing Claire a resounding CONGRATULATIONS!



## THANKSGIVING DINNER

It's that special time of year again when we come together with our loved ones to celebrate and reflect on what we are most thankful for. We invite you to join us on Friday, November 16 at 6:30 p.m. in the Main Lounge as we enjoy a delicious catered Thanksgiving Dinner. The menu will feature carved roasted turkey, salad with walnuts and cranberries, stuffing, mashed potatoes with gravy, candied yams, sautéed green beans, rolls with butter and delightful pumpkin cream pie for dessert. Dinner is \$18 per person and \$9 for children 10 and under. Please sign up no later than Tuesday, November 13 as we will not be taking sign ups at the door.



## FITNESS CLASSES

### ATHLETIC YOGA:

A vigorous, fitness-based approach to vinyasa-style yoga with an emphasis on strength and flexibility.  
Mondays & Wednesdays 7:15 p.m.

### SHAPE & TONE:

A combination of heavy and lighter weight resistance training, bodyweight workouts, and flexibility work to define sleek muscles.  
Mondays & Wednesdays 6:30 p.m.

### CARDIO TENNIS:

Geared towards fitness & conditioning, these classes meet on the tennis courts.  
Wednesdays 7:00-8:30 p.m.  
Saturdays 9:00-10:30 a.m.

### STRETCH YOGA:

Learn basic yoga poses while building your strength and balance.  
Tuesdays & Thursdays 11:00 a.m.

### 1/2 HATHA FLOW YOGA:

Strong steady flow from posture to posture with focus on strength, openness, stillness, awareness and breath.  
Tuesdays & Thursdays 6:30 p.m.

### SIT & FIT:

Light cardio & strength training performed while sitting in chairs, balanced for all skill levels.  
Mondays & Fridays 11:00 a.m.  
Wednesdays 10:30 a.m.

### ZUMBA:

Zumba combines Latin and International music for a fun, effective workout system.  
Mondays 10:00 a.m.

### BODY SCULPTING:

A non-aerobic, muscle-toning class, usually focused on core strength.  
Wednesdays at 9:45 a.m.





## REAGAN LIBRARY & POMPEII EXHIBIT

Visit the Ronald Reagan Library and Museum on Sunday, November 18 and view the most special exhibit of the year, Pompeii! Travel back to 79 A.D. and see the devastating impact that Mount Vesuvius had on this civilization. The Library has over 150 original artifacts on loan from the Naples National Archaeological Museum in Italy- all over 2,000 years old and were preserved in ash. Observe frescos, marble and bronze sculptures, jewelry, ancient roman coins, full body casts, gladiator armor, weapons and more! Tickets for the museum and exhibit are \$29, and there is a \$5 transportation fee. Departure is at 9:00 a.m.



## TEMECULA WINE TASTING

On Saturday, November 10 we will visit several popular wineries in Temecula including South Coast Winery, Callaway Vineyard & Winery, and Wilson Creek! Enjoy breathtaking views, wine tours, a variety of tasting rooms, gardens, and an array of elegant restaurants. Temecula is well known for its world-class wineries and award-winning wines! No appointments are necessary, and prices vary by winery. There is a \$5 transportation fee that will be billed to your rent statement and departure is at 9:30 a.m. This trip fills up quickly- reserve your spots today!



## RIVERSIDE FESTIVAL OF LIGHTS

Accompany us to the 26th Annual Riverside Festival of Lights on Saturday, December 1! This event is presented by the historic Mission Inn and is a popular holiday tradition- perfect for the entire family. In addition to the 4.5 million lights, seasonal music, and entertainment, there will also be food vendors, horse carriages, a vintage carousel and train rides. Santa will be there as well! This event is complimentary, and there is a \$5 transportation fee that will be billed to your monthly rent statement. Departure is at 3:00 p.m. Don't miss out on the "Best Public Lights Display in the Nation" declared by USA Today!



## FLAVORS OF FALL

Join us for apple cider and a slice of pie by the fireplace on Tuesday, November 20. Beginning at 7:00 p.m., the Recreation Staff will be serving an array of delicious pies and apple cider in the Main Lounge. Mingle with friends and neighbors as you enjoy dessert and the holiday ambiance. Dessert is just \$3.00 per resident.



## HAPPY HOUR TGI FRIDAYS

Our monthly Happy Hour will take place at TGI Fridays on Wednesday, November 14! TGI Fridays new Five Menu features \$5 specials on beer, wine and premium cocktails. \$5 bar bites include sliders, warm pretzels and more. Departure for Happy Hour is at 4:45 p.m. and transportation for Happy Hour is always complimentary.

