



# January Oak Leaf

*Published for the residents of Oak Creek*

January 2018

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Dear Residents,

The team at Oak Creek wishes you peace, joy and prosperity throughout the coming year. This holiday season, we are looking back with appreciation for your loyalty and looking forward to the New Year together!

Wishing you a happy, healthy New Year!

*Suzanne Landers*  
Property Manager



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1600 Sand Hill Road , Palo Alto, CA 94304 [www.oakcreekapts.com](http://www.oakcreekapts.com), (650) 327-1600

# January Events

Please have your Oak Creek ID with you at all times. Residents are encouraged to call the Clubhouse at 650-384-4716 in order to sign up for all complimentary events. We require a check or money order payment upfront in order to sign up for events that have a fee.

## Sunday Morning



## Snacks

Come Join us for on Sunday's for a chance to spend time with your neighbors and enjoy a morning bite.

Please be sure to have your **Oak Creek ID** and don't forget to stop by the Club or call to **sign up by 7 pm every Friday.**

**\*YOGURT BAR-**  
Sunday 01/6 from  
10 -11am

**\*BAGEL STATION**  
Sunday 01/13 from  
10 -11am

**\*SNACK TO-GO**  
Sunday 01/20 from  
10 -11am

**\*DONUT DAY**  
Sunday 01/27 from  
10 -11am

## Wednesday Sweets



Join us on Wednesday, January 9th at 4pm for some delicious sweets. This is a great time to meet with your neighbors.

Please sign up by  
**Tuesday, January 8th**

## Salad Bar



Join us on Friday, January 25th at 6pm for a fresh healthy option and getting to know your community.

Residents- \$5  
Children 5 and Under- Free

Please sign up by  
**Monday, January 21st**



In honor of National Chocolate Cake day, we will serve chocolate cake from 2-3pm on **Sunday, January 27th .**

Stop by the Club for a slice and celebrate with us!  
\* While Supplies Last\*

## Club & Property Updates

**\*Holiday Club Schedule:**

**January 1st– Club is Closed**

**\*Oak Creek ID Cards:** It is required for residents to have their OC ID with them at all times. Moving forward, Club staff members will be asking for residents OC ID card in order to sign up and attend events. As a reminder, residents may be asked by a Club staff to show them their OC ID as proof of residency. Therefore, please have it with you while using the facilities.

**\*Vehicle Parking Tags:** All residents are required to have an Oak Creek parking tag. The parking tag number, should be visibly displayed. If you do not have a parking tag please visit the Rental office to get one.

**\*Coffee Bar:** Friendly Reminder that the Clubhouse Coffee Bar closes at 9:45pm daily.

**\*Maintenance Request:**

This is a friendly reminder that residents are not allowed to enter the maintenance shop. If you are in need of placing a work order, please call the office at (650)321-9761 or place it through our Oak Creek online portal.

**\*Balcony Appearance:** Only patio furniture is permitted on the balcony or patio. Please do not use this space for storage or to dry clothing.

**\*Gym Etiquette:** Please bring a gym towel or use gym wipes to wipe down the equipment after use.

**\*Valuables in Car Reminder:** This is a friendly reminder for residents not to leave any valuables in their car.

**\*Ball Machine:** Due to the rainy season we will not be checking out the ball machine until late April.



## Upcoming Local Events

<p>Jan 6 9am-11am</p>	<p><u><a href="#">How to Ride a Bike for Kids</a></u> Google Parking Lot 211 Cittenden Ln, Mountain View, CA.  Through step by step, engaging activities we'll help them with their cycling. Our kid-friendly instructors will provide a combination of personalized and group instruction to help overcome fears, teach important skills such as starting and stopping, and help them understand how to maneuver their bike around obstacles.</p>
<p>Jan 12 11-4pm</p>	<p><u><a href="#">Vintage Toys: It's Child's Play</a></u> Museum of American Heritage 351 Horner Ave, Palo Alto  The Museum of American Heritage will display nostalgic toy artifacts in a new exhibition called Vintage Toys: It's Child's Play! The exhibit opens on September 28, 2018 and will run through February 17, 2019.</p>
<p>Jan 20 2-3pm</p>	<p><u><a href="#">Coding for Kids</a></u> Downtown Library 1044 Middlefield Rd Redwood City  FREE Library Code Workshops for beginners! All materials provided. Learn how to code! Make your own video games! All ages welcome - ten students will be admitted on a first come, first served basis.</p>



# January Movies

## Tuesday Movies



**Jan. 8th at 7pm**  
**Pather Panchali**  
**NR, 2hr 6min, 1958**  
 Impoverished priest Harihar Ray, dreaming of a better life for himself and his family, leaves his rural Bengal village in search of work.



**Jan. 15th at 7pm**  
**Cat on a Hot Tin Roof**  
**NR, 1hr 48m, 1958**  
 Powerful, highly-charged, moving story of a neurotic, dysfunctional Southern family with its rivalries, tensions, and avarice



**Jan. 22nd at 7pm**  
**The Big Sleep**  
**NR, 1hr 54m, 1946**  
 Detective Philip Marlowe is hired by a rich family. Before the complex case is over, he's seen murder, blackmail, and what might be love.

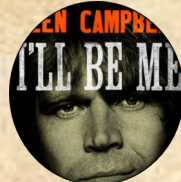


**Jan. 29th at 7pm**  
**The Bridge of Madison County**  
**PG-13, 2hr 15m, 2018**  
 Photographer Robert Kincaid wanders into the life of housewife Francesca Johnson, for four days in the 1960s.

## Wednesday Documentary Movies



**Jan. 2nd at 7pm**  
**Hungry for Change**  
**NR, 1hr 29 min, 2012**  
 Exposes shocking secrets the diet, weight loss and food industries don't want you to know about deceptive strategies designed to keep you coming back for more.



**Jan. 9th at 7pm**  
**Glen Campbell: I'll Be Me**  
**PG, 1hr 44min, 2014**  
 As he struggles with Alzheimer's disease, country-music legend Glen embarks on his farewell tour in the U.S., Australia, and Europe.



**Jan. 16th at 7pm**  
**20 Feet from Stardom**  
**PG-13, 1hr 29m, 2013**  
 Winner of the 2014 Academy Award for Best Documentary Feature, this film takes a behind-the-scenes look at the world of backup vocalists.



**Jan. 23rd at 7pm**  
**RBG**  
**PG, 1hr 37m, 2018**  
 The exceptional life and career of U.S. Supreme Court Justice Ruth Bader Ginsburg.

## Friday Kids & Family Movies Day



**Jan. 4th at 4pm**  
**Toy Story 2**  
**G 1hr 32min, 1999**



**Jan. 4th at 7pm**  
**Toy Story 3**  
**G 1hr 43min, 2010**



**Harry Potter and the Sorcerer's Stone**  
**Jan. 11th at 4pm**  
**PG, 2hr 32m, 2001**



**Harry Potter and the Chamber of Secrets**  
**Jan. 11th at 7pm**  
**PG, 2hr 41m,**



**Dolphin Tale**  
**Jan. 18th at 4pm**  
**PG, 1hr 53m, 2011**



**Dolphin Tale 2**  
**Jan. 18th at 7pm**  
**PG, 1hr 47m,**



**Rock Dog**  
**Jan. 25th at 4pm**  
**PG, 1hr 28m, 2017**



**A Dog's Purpose**  
**Jan. 25th at 7pm**

## Sat & Sun Movies



**Jan. 5th and 6th at 4pm and 7pm**  
**A Simple Favor**  
**R, 1hr 57min, 2018**  
 Stephanie is a single mother with who befriends Emily, a secretive woman who has a child at the same school. When Emily goes missing, Stephanie takes it upon herself to investigate.



**Jan. 12th and 13th at 4pm and 7pm**  
**Mission Impossible: Fallout**  
**PG-13, 2hr 27min, 2018**  
 Ethan Hunt and his IMF team, along with some familiar allies, race against time after a mission gone wrong.



**Jan. 19th and 20th at 4pm and 7pm**  
**Night School**  
**PG-13, 1hr 51min, 2018**  
 A group of troublemakers are forced to attend night school in hope that they'll pass the GED exam .



**Jan. 26th and 27th at 4pm and 7pm**  
**First Man**  
**PG-13, 2hr 21min, 2018**  
 A look at the life of the astronaut, Neil Armstrong, and the legendary space mission.



# Groups & Classes

If you would like to host a group or a class please contact  
Daiana Rodriguez via e-mail at [dvega@gb-a.com](mailto:dvega@gb-a.com).



## Current Events Group

The current events group meets at the Club theater to discuss events that are in the news. The goal is to consider the deeper meaning of events, and try to see the "big picture" about what's really going on in the world. Led by local TV personality Martin Wasserman, who also leads the TED Group.

**Tuesday, January 15th at 3pm**  
(In the theater)

## Practice Speaking English Together

Non-native speakers: This is your chance to practice speaking English in a friendly environment.

Please join Lilian on **Tuesday's at 1:30pm**

**Tuesday January 1st**  
**will be CANCELLED**

(In the Main Club Lounge Area)

## Philosophy Group

Jim Hersh's Philosophy group is back at the Club! Stop by every **Wednesday from 3-5pm** at the theater to join his insightful discussions about philosophy.

## Ideas Worth Spreading: TED Group

This group shows a short TED Talk at the start of each session and then discusses the ideas raised in the TED Talk. To find out the topics in advance, send an email to [deeperlook@aol.com](mailto:deeperlook@aol.com) and request to be added on the TED list.

**Tuesday, January 8th at 3pm**  
**Tuesday, January 22nd at 3pm**  
(In the theater)



## COMCAST at the Club!



Please stop by every **Thursday from 5-6pm** to speak to our Comcast Rep. He will be at the Club's main lobby area eager to assist with any questions or concerns you may have on your account.

## Chess Club

Boyang is a young boy that is passionate about Chess. He is looking for other enthusiasts from beginners to pro's that would like join for a game! Feel free to bring your own chess set if you have it. We will have tutorials available for beginners.

**Saturday, January 12th at 3pm and**  
**Saturday, January 26th at 3pm**  
(In the Main Club Lounge Area)



# Fitness

Join the fitness classes available at no cost for residents. Please note that all classes are held in the Willow Room in Building 1824 unless noted otherwise. We have three wonderful instructors and their schedules are noted below.

**\* Schedules are subject to change\* Please refer to the monthly calendar.**

## **Anna Alioto**

### **Circuit Weight training**

Circuit Weight Training introduces the student to a fitness program of resistive exercises designed to promote improvement in muscular strength and cardiovascular endurance.

**Wednesdays at 6pm**

### **Zumba**

Every class feels like a party! Just move your body and follow my lead. It's easy! Come try!

**Wednesdays at 7pm and Saturdays at 9:30am**

### **Beginning Ballet**

Beginning Ballet gives students an introduction to classical ballet technique in a fun, no pressure environment. Students can wear ballet shoes or socks.

**Fridays at 9:30am**

### **Pilates Stretch**

This low impact class is a great way to strengthen your core muscles, develop your balance and increase your flexibility.

**Fridays at 8:30am and Mondays at 6pm**

## **Angela Holzer**

### **Stretch/Yin Yoga Class**

Enjoy a class focused on stretching and deep breathing!

**Mondays at 9:30am**

### **Meditation**

This class will start out with a 10 minute seated meditation, 20 minutes of floor stretches, then peaceful relaxation position.

**Mondays at 10:30am and Thursdays at 7pm**

### **Chair Yoga**

Come join us for a low impact yoga class! This class will involve stretches, deep breathing exercises as we work our arms and legs while sitting in a chair.

**Tuesdays at 5pm**

### **Beginners TaiChi/**

### **QiGong**

We will be learning the basic movements of Tai Chi and Qigong. Come Join Us!

**Wednesdays at 9am**

### **Gentle Yoga**

The Gentle Yoga class focuses on increasing core strength, flexibility and relaxation. This class is for all levels including beginners.

**Tuesdays and Thursdays at 6pm**

## **Ann Barrileaux**

### **Core Class**

Core and More: A workout of functional balance and core training using resistance bands and hand & body weight.

**Tuesdays and Thursdays at 9am**

### **Senior Strength Training**

Strengthen primary muscles

**Tuesdays & Thursdays At 10am**

### **Aqua Aerobics**

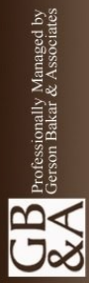
A fun way to burn between 450-700 calories an hour!

**Tuesdays and Thursdays at 11:15am at the Main Pool**



# JANUARY

◆ Free WI-FI in the Club House.  
 Network- OAKCREKCLUB;  
 Password - oakcreek (lowercase)



Professionally Managed by  
 Gerson Baker & Associates

Sun Mon Tue Wed Thu Fri Sat

6 <b>YOGURT BAR</b> 10-11AM A Simple Favor- 4pm & 7pm	7 Angie-Stretch 9:30am Angie-Meditation 10:30 am Anna-Pilates Stretch 6pm	8 Ann- Core 9am Ann- Senior Strength 10am Ann- Aqua 11:15am Angie-Chair Yoga 5pm Angie-Yoga Flow 6pm <b>English Class 1:30pm</b> <b>TED Group 3pm</b> <b>Pather Panchali-7pm</b>	9 Angie- Tai Chi 9am Anna-Circuit 6pm Anna- Zumba 7pm <b>Philosophy Group 3-5pm</b> <b>WEDNESDAY</b> <b>SWEETS-4PM</b> <b>Glen Campbell-7pm</b>	10 Ann- Core 9am Ann- Senior Strength 10am Ann- Aqua 11:15am Angie-Chair Yoga 5pm Angie-Yoga Flow 6pm <b>Comcast- 5-6pm</b>	11 Anna- Pilates 8:30 Anna- Ballet 9:30am Harry Potter and the Sorcerer's Stone- 4pm Harry Potter and the Chamber of Secrets - 7pm	12 Anna- Zumba 9:30am <b>Chess 3pm</b> <b>Mission Impossible-Fallout-</b> <b>4pm &amp; 7pm</b>
13 <b>BAGEL STATION</b> 10-11AM Mission Impossible- Fallout- 4pm & 7pm	14 Angie-Stretch 9:30am Angie-Meditation 10:30 am Anna-Pilates Stretch 6pm	15 Ann- Core 9am Ann- Senior Strength 10am Ann- Aqua 11:15am Angie-Chair Yoga 5pm Angie-Yoga Flow 6pm <b>English Class 1:30pm</b> <b>Current Events 3pm</b> <b>Cat on Hot Tin Roof-7pm</b>	16 Angie- Tai Chi 9am Anna-Circuit 6pm Anna- Zumba 7pm <b>Philosophy Group 3-5pm</b> <b>20 Feet from Stardom-</b> <b>7pm</b>	17 Ann- Core 9am Ann- Senior Strength 10am Ann- Aqua 11:15am Angie-Chair Yoga 5pm Angie-Yoga Flow 6pm <b>Comcast- 5-6pm</b>	18 Anna- Pilates 8:30 Anna- Ballet 9:30am <b>Dolphin Tale- 4pm</b> <b>Dolphin Tale 2- 7pm</b>	19 Anna- Zumba 9:30am <b>Night School-</b> <b>4pm &amp; 7pm</b>
20 <b>SNACKS TO-GO</b> 10-11AM Night School- 4pm & 7pm	21 Angie-Stretch 9:30am Angie-Meditation 10:30 am Anna-Pilates Stretch 6pm	22 Ann- Core 9am Ann- Senior Strength 10am Ann- Aqua 11:15am Angie-Chair Yoga 5pm Angie-Yoga Flow 6pm <b>English Class 1:30pm</b> <b>TED Group 3pm</b> <b>The Big Sleep-7pm</b>	23 Angie- Tai Chi 9am Anna-Circuit 6pm Anna- Zumba 7pm <b>Philosophy Group 3-5pm</b> <b>RBG-7pm</b>	24 Ann- Core 9am Ann- Senior Strength 10am Ann- Aqua 11:15am Angie-Chair Yoga 5pm Angie-Yoga Flow 6pm <b>Comcast- 5-6pm</b>	25 Anna- Pilates 8:30 Anna- Ballet 9:30am <b>SALAD BAR -6PM</b> <b>Rock Dog- 4pm</b> <b>A Dog's Purpose- 7pm</b>	26 Anna- Zumba 9:30am <b>Chess 3pm</b> <b>First Man-</b> <b>4pm &amp; 7pm</b>
27 <b>National Chocolate</b> <b>Cake Day - 2-3pm</b> <b>*While Supplies Last*</b> <b>DONUT DAY</b> 10-11AM First Man- 4pm & 7pm	28 Angie-Stretch 9:30am Angie-Meditation 10:30 am Anna-Pilates Stretch 6pm	29 Ann- Core 9am Ann- Senior Strength 10am Ann- Aqua 11:15am Angie-Chair Yoga 5pm Angie-Yoga Flow 6pm <b>English Class 1:30pm</b> <b>The Bridge of Madison</b> <b>Country*-7pm</b>	30 Angie- Tai Chi 9am Anna-Circuit 6pm Anna- Zumba 7pm <b>Philosophy Group 3-5pm</b>	31 Ann- Core 9am Ann- Senior Strength 10am Ann- Aqua 11:15am Angie-Chair Yoga 5pm Angie-Yoga Flow 6pm <b>Comcast- 5-6pm</b>		
				3 Angie- Core 9am Angie- Senior 10am Aqua- Cancelled Angie-Yoga 6pm Angie- Meditation 7pm <b>Comcast- 5-6pm</b>	4 Angie- Core 8:30amam Angie- Stretch 9:30am <b>Toy Story 2- 4pm</b> <b>Toy Story 3- 7pm</b>	5 Angie- Restorative Yoga 9:30am <b>A Simple Favor-</b> <b>4pm &amp; 7pm</b>



# Oak Creek Apartments

## Administration Office

Office Hours:	Mon-Fri 8:30am-5:30pm	
Office Number:	(650)327-1600	
Fax Number:	(650)327-2459	
Suzanne Landers	Property Manager	slanders@gb-a.com
Ty Po	Assistant Property Manager	typo@gb-a.com

## Maintenance

Office Hours:	Mon-Fri 8:30am-5:30pm	
Office Number:	(650)321-9761	
Billy Shamuel	Maintenance Manager	bshamuel@gb-a.com
Roxanne Hunt	Maintenance Services Coordinator	rhunt@gb-a.com

## Rental Office

Office Hours:	Mon-Fri 8:30am-5:30pm	
	Sat and Sun: 9am-5:30pm	
Office Number:	(650)321-1701	
Ed Tso	Leasing Director	etso@gb-a.com
Zeny Martinez	Leasing Specialist	zmartinez@gb-a.com
Patricia Garcia	Leasing Specialist	pgarcia@gb-a.com
Amber Botello	Leasing Specialist	abotello@gb-a.com

## Clubhouse

Office Hours:	Mon 2:00pm-10:00pm
	Tues-Sun 8:30am-10pm
Office Number:	(650)384-4716
Fax Number:	(650)324-2849
Daiana Rodriguez	dvega@gb-a.com
Susan Milliken	jmilliken@gb-a.com
Jacqueline Cordoba	jcordoba@gb-a.com
Vivian Galdamez	vgaldamez@gb-a.com

Tennis Courts	Daily 6:00am-10:00pm
Michael Jessup	admin@playercapital.com
Office Number:	(650)630-2065

Fitness Center:	Mon 2:00pm-10:00pm
	Tues-Fri 6:00am-10:00pm
	Sat and Sun 8:00am-10pm

COURTESY  
PATROL HOURS:

Daily  
5:30pm-8:30am

1(800)400-1110