

# Park Newport View

## GENERAL MANAGER'S COMMENTS

Benjamin Franklin said, "Be at war with your vices, at peace with your neighbors, and let every new year find you a better man." What wise words these are from the 10th son of a man who had 17 children and barely eked out a living as a candle maker. To say he came from modest means would be a gross exaggeration. Yet, Ben went on to be a founder of our country, Pennsylvania's 1st Governor, a world renowned author and

historian, discoverer of electricity, first American Ambassador to France, brilliant philosopher and businessman, publisher extraordinaire, creator of one of the country's finest universities and, of course, first Post Master General of our country. If he resolved to do anything, it is widely understood he achieved his goals with certainty. None of Benjamin Franklin's accomplishments are known to have been tied to a New Year's resolution. However, January 1st could provide a perfect opportunity to follow his wise words. Happy New Year from your Park Newport team!

## Upcoming Events

January 1	Happy New Year! Club Hours: 10 a.m.-7 p.m.
January 2	Post Parade of Floats 9:00 a.m. Departure
January 5	Getty Museum 9:30 a.m. Departure
January 6	Balboa Park 9:00 a.m. Departure
January 7	NCAA Championships 5:30 p.m. Theater
January 11	Chili & Baked Potato Bar 6:30 p.m. Main Lounge
January 12	Palm Springs Tramway 9:00 a.m. Departure
January 13	Griffith Park 9:30 a.m. Departure
January 19	Breakfast Over Backbay 9:00 a.m. Main Lounge Santa Monica 9:30 a.m. Departure
January 20	Pechanga Casino 9:00 a.m. Departure
January 24	Pizza Night 6:00 p.m. Main Lounge
January 26	Kids Event & Movie 11:00 a.m. Bayview Room Anaheim Packing District 5:30 p.m. Departure
January 27	Julian 8:00 a.m. Departure
February 2	Whale Watching 11:30 a.m. Departure
February 3	Superbowl Viewing Party 3:00 p.m. Clubhouse

## KIDS CRAFT EVENT & MOVIE

Join us for a Kids Event on Saturday, January 26! To celebrate the upcoming Lunar New Year, the kids will be decorating their own paper lanterns with stickers, glitter, and other craft materials. We will then show the movie Small Foot, a film about a Yeti whom is convinced that the elusive creatures known as "humans" really do exist. The kids craft will begin at 11:00 a.m. and the movie will start at 12:00 p.m., complimentary treats will be provided.



## CHILI & BAKED POTATO BAR

Join us for a Chili and Baked Potato Bar dinner on Friday, January 11! At 6:30 p.m., the Recreation Staff will be serving meat and vegetarian chili, cornbread, salad and baked potatoes. Build your own baked potato at our topping bar, complete with all your favorite fixings including cheese, sour cream, chives, bacon and more! Dinner is just \$6 for adults and \$4 for kids 10 and under, and sign ups will be taken at the door. Be sure to have your Park Newport ID!





# MOVIES AT THE PARK NEWPORT THEATER

**MATINEE MOVIES:**  
TUE & FRI: 2:00 P.M.

**EVENING MOVIES:**  
TUE, FRI, & SAT: 7:00 P.M.

## Tuesday Movies



**JANUARY 8**  
**JULIET, NAKED**  
R, 1 HR 37 MINS

Juliet, Naked is the story of Annie (the long-suffering girlfriend of Duncan) and her unlikely transatlantic romance with once revered, now faded, singer-songwriter, Tucker Crowe, who also happens to be the subject of Duncan's musical obsession. Starring Rose Byrne, Ethan Hawke and Chris O'Dowd



**JANUARY 15**  
**OPERATION FINALE**  
PG-13, 2 HR 2 MIN

The film follows the 1960 mission of Peter Malkin as he infiltrates Argentina and captures Adolf Eichmann, the Nazi officer who masterminded the logistics that sent millions of innocent Jews to their deaths. Starring Oscar Isaac, Ben Kingsley, and Melanie Laurent.



**JANUARY 22**  
**BREAKING BROOKLYN**  
PG-13, 1 HR 37 MINS

A 12 year old boy with a passion for dance and his brother are rescued from the streets by an old showman who takes them to live with his estranged former dancing partner/brother. Starring Madeleine Mantock, Jack Noseworthy, Louis Gossett Jr.



**JANUARY 29**  
**PEPPERMINT**  
R, 1 HR 41 MINS

Five years after her husband and daughter are killed in a senseless act of violence, a woman comes back from self-imposed exile to seek revenge against those responsible and the system that let them go free. Starring Jennifer Garner, John Gallagher Jr., and John Ortiz.



**JANUARY 4 & 5**  
**BAD TIMES AT THE EL ROYALE**  
R, 2 HR 21 MINS

Circa 1969, several strangers, most with a secret to bury, meet by chance at Lake Tahoe's El Royale, a rundown hotel with a dark past. Over the course of one night, everyone will show their true colors - before everything goes to hell. Starring Jeff Bridges, Cynthia Erivo and Dakota Johnson .



**JANUARY 11 & 12**  
**A SIMPLE FAVOR**  
R, 1 HR 57 MINS

Stephanie is a single mother with a parenting vlog who befriends Emily, a secretive upper-class woman who has a child at the same elementary school. When Emily goes missing, Stephanie takes it upon herself to investigate. Starring Anna Kendrick, Blake Lively, and Henry Golding.



**JANUARY 18 & 19**  
**WHITE BOY RICK**  
R, 1 HR 45 MINS

The story of teenager Richard Wershe Jr., who became an undercover informant for the FBI during the 1980s and was ultimately arrested for drug-trafficking and sentenced to life in prison. Starring Matthew McConaughey, Richie Merritt, and Bel Powley.



**JANUARY 25 & 26**  
**COLETTE**  
R, 1 HR 51 MINS

Colette is pushed by her husband to write novels under his name. Upon their success, she fights to make her talents known, challenging gender norms. Starring Keira Knightley, Fiona Shaw, and Dominic West.

## BREAKFAST OVER BACKBAY

Join us for our Breakfast Over Backbay on Saturday, January 19! At 9:00 a.m. the Recreation Staff will begin serving freshly made pancakes and waffles, sausage, hash browns, bacon, eggs, assorted fruit, toast, bagels and coffee! Breakfast is just \$6 for adults/ \$4 for children 10 & under; sign ups will be taken at the door. Please remember: You must have your Park Newport ID to sign up!



## PIZZA NIGHT

Our monthly Pizza Night will take place on Thursday, January 24! At 6:00 p.m. the Recreation Staff will begin serving a variety of pizzas: pepperoni, vegetarian, cheese, margherita, bbq chicken and hawaiian. Dinner is just \$6 for adults/ \$4 for children 10 & under and includes salad, dessert and a beverage. Sign ups will take place at the door.



# January 2019

## Phone Numbers

Courtesy Patrol 644-7333 Rental 644-1900  
 Administration 644-7333 Tennis Shop 759-1729  
 Clubhouse 644-4664 Non-Emergency Police 644-3717  
 Maintenance 644-2622 Emergency 911

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>FITNESS CENTER HOURS</b> Mon-Fri: 5 a.m. - 10 p.m. Saturday: 8 a.m. - 10 p.m. Sunday: 8 a.m. - 8 p.m.		Club Hours: 10 a.m.-7 p.m.  <i>Happy New Year!</i>	<b>2</b> <b>Post Parade of Floats</b> 9:00 p.m. Departure  Body Sculpting 9:45 a.m. Sit & Fit 10:30 a.m. Shape & Tone 6:30 p.m. Cardio Tennis 7 p.m. Athletic Yoga 7:15 p.m.	Resident Services Office Hours: 8:30 a.m. - 7 p.m.  Stretch Yoga 11 a.m. 1/2 Hatha Flow Yoga 6:30	Movie: 2 p.m. & 7 p.m. Bad Times at the El Royale  Shuttle Service 10 a.m. - 5 p.m.	Movie: 7 p.m. Bad Times at the El Royale  <b>Getty Museum</b> 9:30 a.m. Departure  Cardio Tennis 9 a.m.
<b>6</b> <b>Balboa Park</b> 9:00 a.m. Departure	<b>7</b> Shuttle Service 10 a.m. - 5 p.m.  <b>National College Football Championships</b> 5:30 p.m. Theater  Zumba 10 a.m. Sit & Fit 11 a.m. Shape & Tone 6:30 p.m. Athletic Yoga 7:15 p.m.	<b>8</b> Movie: 2 p.m. & 7 p.m. Juliet, Naked  Blood Pressure Screen 8:30 am Stretch Yoga 11:00 a.m. 1/2 Hatha Flow Yoga 6:30 p.m.	<b>9</b> Shuttle Service 10 a.m. - 5 p.m.  Body Sculpting 9:45 a.m. Sit & Fit 10:30 a.m. Shape & Tone 6:30 p.m. Cardio Tennis 7 p.m. Athletic Yoga 7:15 p.m.	<b>10</b> Resident Services Office Hours: 8:30 a.m. - 7 p.m.  Stretch Yoga 11 a.m. 1/2 Hatha Flow Yoga 6:30	<b>11</b> Movie: 2 p.m. & 7 p.m. A Simple Favor  <b>Chili &amp; Baked Potato Bar</b> 6:30 p.m. Main Lounge  Zumba 10 a.m. Sit & Fit 11 a.m.	<b>12</b> Movie: 7 p.m. A Simple Favor  <b>Palm Springs Tramway</b> 9:00 a.m. Departure  Cardio Tennis 9 a.m.
<b>13</b> <b>Griffith Park</b> 9:30 a.m. Departure	<b>14</b> Shuttle Service 10 a.m. - 5 p.m.  Zumba 10 a.m. Sit & Fit 11 a.m. Shape & Tone 6:30 p.m. Athletic Yoga 7:15 p.m.	<b>15</b> Movie: 2 p.m. & 7 p.m. Operation Finale  Blood Pressure Screen 8:30 am Stretch Yoga 11:00 a.m. 1/2 Hatha Flow Yoga 6:30 p.m.	<b>16</b> Shuttle Service 10 a.m. - 5 p.m.  Body Sculpting 9:45 a.m. Sit & Fit 10:30 a.m. Shape & Tone 6:30 p.m. Cardio Tennis 7 p.m. Athletic Yoga 7:15 p.m.	<b>17</b> Resident Services Office Hours: 8:30 a.m. - 7 p.m.  Stretch Yoga 11 a.m. 1/2 Hatha Flow Yoga 6:30	<b>18</b> Movie: 2 p.m. & 7 p.m. White Boy Rick  <b>Breakfast Over Backbay</b> 9:00 a.m. Main Lounge  <b>Santa Monica</b> 9:30 a.m. Departure  Cardio Tennis 9 a.m.	<b>19</b> Movie: 7 p.m. White Boy Rick  <b>Breakfast Over Backbay</b> 9:00 a.m. Main Lounge  <b>Santa Monica</b> 9:30 a.m. Departure  Cardio Tennis 9 a.m.
<b>20</b> <b>Pechanga</b> 9:00 a.m. Departure	<b>21</b> Shuttle Service 10 a.m. - 5 p.m.  Zumba 10 a.m. Sit & Fit 11 a.m. Shape & Tone 6:30 p.m. Athletic Yoga 7:15 p.m.	<b>22</b> Movie: 2 p.m. & 7 p.m. Breaking Brooklyn  Blood Pressure Screen 8:30 am Stretch Yoga 11:00 a.m. 1/2 Hatha Flow Yoga 6:30 p.m.	<b>23</b> Shuttle Service 10 a.m. - 5 p.m.  Body Sculpting 9:45 a.m. Sit & Fit 10:30 a.m. Shape & Tone 6:30 p.m. Cardio Tennis 7 p.m. Athletic Yoga 7:15 p.m.	<b>24</b> Resident Services Office Hours: 8:30 a.m. - 7 p.m.  Stretch Yoga 11 a.m. 1/2 Hatha Flow Yoga 6:30	<b>25</b> Movie: 2 p.m. & 7 p.m. Colette  <b>Pizza Night</b> 6:00 p.m. Main Lounge  Stretch Yoga 11 a.m. 1/2 Hatha Flow Yoga 6:30	<b>26</b> Movie: 7 p.m. Colette  <b>Anaheim Packing District</b> 5:30 p.m. Departure  <b>Kids Event</b> 11:00 a.m. Bayview Room  Cardio Tennis 9 a.m.
<b>27</b> <b>Julian</b> 8:00 a.m. Departure	<b>28</b> Shuttle Service 10 a.m. - 5 p.m.  Zumba 10 a.m. Sit & Fit 11 a.m. Shape & Tone 6:30 p.m. Athletic Yoga 7:15 p.m.	<b>29</b> Movie: 2 p.m. & 7 p.m. Peppermint  Blood Pressure Screen 8:30 am Stretch Yoga 11:00 a.m. 1/2 Hatha Flow Yoga 6:30 p.m.	<b>30</b> Shuttle Service 10 a.m. - 5 p.m.  Body Sculpting 9:45 a.m. Sit & Fit 10:30 a.m. Shape & Tone 6:30 p.m. Cardio Tennis 7 p.m. Athletic Yoga 7:15 p.m.	<b>31</b> Resident Services Office Hours: 8:30 a.m. - 7 p.m.  Stretch Yoga 11 a.m. 1/2 Hatha Flow Yoga 6:30		

## TENNIS NEWS

Happy New Year to all our wonderful residents! Is getting into better shape and improving your overall health one of your new year resolutions? If so, come out and enjoy our ever-popular Cardio Tennis Clinics that are held every Saturday 9-10:30 a.m. and every Wednesday 7-8:30 p.m. This year they will remain on schedule for all of January, so there is no excuse to not start 2019 on a healthy note! Clinics are a great combination of stroke technique, point play, strategy, fun and of course cardiovascular activity. All levels are welcome to join! Our Junior clinics will resume on January 7th every Monday-Friday 3:30-6:30 p.m. Also, please keep in mind that the tennis courts are strictly for tennis use only. Skateboarding, bike riding, and all other sports are strictly prohibited. These rules are in place to provide the most enjoyable tennis experience to all our residents, as well as to maintain the quality of our tennis courts!

## EMPLOYEE OF THE MONTH

Congratulations to Park Newport Employee of the Month, Allison Chapman! Allison has worked for Park Newport for over three years, and is being recognized for her willingness to go above and beyond her responsibilities. Allison shows tremendous initiative when planning and executing events for both our residents and employees, as well as lending a hand wherever she is needed. Thank you Allison, for all your hard work!



## EMPLOYEE OF THE YEAR

Park Newport is proud to announce our Employee of the Year, Claire Roberts! Claire has been with Park Newport for nearly 26 years and has filled a number of pivotal roles here during that time. We thank her for her tireless dedication to her tasks, as well as her meticulous attention to detail. One of Claire's favorite things about working for Park Newport is how much the company cares for its employees. In her spare time, she has been renovating her yard to make room for new gardening! Next time you visit the Facilities Office, be sure to congratulate Claire on a job well done!

## NATIONAL COLLEGE FOOTBALL CHAMPIONSHIP

On Monday, January 7 at 5:30 p.m. we will be showing the National College Football Championship game in the Park Newport Theater. The Recreation Staff will be serving complimentary hotdogs and chips to all those in attendance. Who will be our next champion in the NCAA Division? Join us and find out!

## SUPER BOWL VIEWING PARTY

On Sunday, February 3 the Recreation Staff will be hosting our annual Super Bowl Viewing Party! You bring the drinks, and we provide the food! The game will be shown in the Theater, Library and Bayview Room. Kick off is at 3:30 p.m. and we will begin serving food at 3:00 p.m. This event is complimentary for all residents!

## Fitness Classes

### ATHLETIC YOGA:

A vigorous, fitness-based approach to vinyasa-style yoga with an emphasis on strength and flexibility.  
Mondays & Wednesdays 7:15 p.m.

### SHAPE & TONE:

A combination of heavy and lighter weight resistance training, bodyweight workouts, and flexibility work to define sleek muscles.  
Mondays & Wednesdays 6:30 p.m.

### CARDIO TENNIS:

Geared towards fitness & conditioning, these classes meet on the tennis courts.  
Wednesdays 7:00-8:30 p.m.  
Saturdays 9:00-10:30 a.m.

### STRETCH YOGA:

Learn basic yoga poses while building your strength and balance.  
Tuesdays & Thursdays 11:00 a.m.

### 1/2 HATHA FLOW YOGA:

Strong steady flow from posture to posture with focus on strength, openness, stillness, awareness and breath.  
Tuesdays & Thursdays 6:30 p.m.

### SIT & FIT:

Light cardio & strength training performed while sitting in chairs, balanced for all skill levels.  
Mondays & Fridays 11:00 a.m.  
Wednesdays 10:30 a.m.

### ZUMBA:

Zumba combines Latin and International music for a fun, effective workout system.  
Mondays 10:00 a.m.

### BODY SCULPTING:

A non-aerobic, muscle-toning class, usually focused on core strength.  
Wednesdays at 9:45 a.m.

## BALBOA PARK

Take a trip to San Diego with us on Sunday, January 6! We will be spending the day at Balboa Park, a 1,200 acre urban cultural park and historic landmark. Balboa Park features natural vegetation zones, wildlife ponds,



botanical gardens, museums, theaters and more! The park is also home to the famous San Diego Zoo and San Diego's Natural History Museum! There are several restaurants and gift shops on site as well. Departure for this trip is at 9:00 a.m. and transportation is \$5.

## GETTY MUSEUM

Accompany us to Los Angeles for a visit to the ever-popular Getty Museum on Saturday, January 5! The Getty is a free museum that houses ancient Greek, Roman and Etrurian Art from the middle ages to the present. It contains primarily photographs, paintings, sculptures, drawings and antiquities, and some of its current exhibits are Pastel Portraits from 18th Century Britain and The Art of Alchemy! Transportation is just \$5 and departure is at 9:30 a.m.



## ANAHEIM PACKING DISTRICT



Visit the Anaheim Packing District on Saturday, January 26! The Packing District is comprised of the Farmer's Park Market, the historic Packard building, and the Anaheim Citrus House- one of the last remaining packing houses from the agricultural era from which Orange County gets its name! Built in 1919, it now features a wide variety of restaurants, live music, and a central atrium surrounded by cafés and kiosks that overlook an outdoor picnic garden. Transportation is complimentary, and we depart at 5:30 p.m.

## WHALE WATCHING



Join us Saturday, February 2 for a day of Whale Watching! Thousands of gray whales migrate annually along the Newport Beach coastline from the summer feeding grounds in the Bering Sea to the winter grounds of the Baja California lagoons and travel along the Newport Beach coast during the winter and early spring. This trip is \$16 per person, which includes your ticket and transportation. Our departure time is 11:30 a.m.

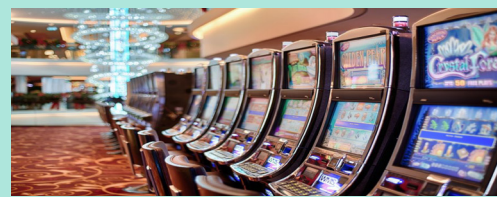
## JULIAN

Visit Julian, a gorgeous getaway outside of San Diego in the Cuyamaca Mountains, on Sunday, January 27. Winter brings fresh crisp weather and gorgeous snowfall. Julian is famous for its 1870's gold rush history, shops lined in historic buildings along Main Street, and apple pie! There is a range of activities for the entire family, including horse-drawn carriage rides, hiking, picnicking, wineries, gold mines and even a wolf preserve. Departure is at 8:00 a.m. and there is a \$5 transportation fee.



## PECHANGA

Spend the day at Pechanga Casino and Resort in Temecula on Sunday, January 20! Pechanga Casino features an array of games such as table slots, bingo, poker, blackjack and more. There are also special entertainment highlights such as a Cabaret Lounge, Comedy Club, and Spa as well as restaurants that include the Great Oak Steakhouse and Umi Sushi and Oyster Bar. Transportation for this excursion is \$5 and departure is at 9:00 a.m.





## PALM SPRINGS TRAMWAY

Accompany us on Saturday, January 12 at 9:00 a.m. as we depart for the Palm Springs Tramway! The Tramway is the world's largest rotating tram car that travels over 2½ miles along the breathtaking cliffs of Chino Canyon. When you reach the top of the mountain you will be at 8,516 feet of elevation with two restaurants, an observation deck, and a natural history museum! Tickets are \$26, which include your transportation aboard the Shuttle. Be sure to dress accordingly; it will be cold!



## GRIFFITH PARK & OBSERVATORY

Join us on a day trip to Los Angeles as we visit Griffith Park and Observatory on Sunday, January 13! Griffith Park is one of the largest municipal parks in the United States and features activities for all ages, including the L.A. Zoo, special gardens, museums, train rides and of course, the Griffith Observatory! The observatory, known as So-Cal's gateway to the cosmos, is complete with telescopes, exhibits, a planetarium, and incredible views of L.A. and the Hollywood sign! Admission to the observatory is free, and transportation is \$5. Departure is at 9:30 a.m.



## SANTA MONICA

Spend the day touring Santa Monica with us on Saturday, January 19! Santa Monica is a popular coastal city, known for its tourism and historic landmarks. Home to the Santa Monica Pier, Pacific Park, Third Street Promenade and more, Santa Monica has something to offer for all ages. Enjoy posh retail, dining, and entertainment downtown or stroll down Abbot Kinney Boulevard! Departure for this trip is at 9:30 a.m. and there is a \$5 transportation fee that will be billed to your monthly rent statement. Visit the Clubhouse to reserve your spots today!

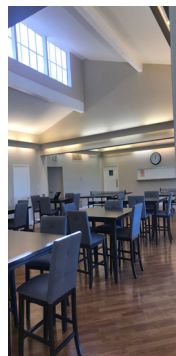


## SHUTTLE SERVICE



The Park Newport Shuttle runs every Mon/ Wed from 10 am to 5:30 pm, offering complimentary Shuttle Service to all residents to various places around town. Scheduled destinations include The District, Eastbluff Shopping Center, Von Karman Plaza, Fashion Island, and more. Stop by the Clubhouse to pick up a copy of the schedule!

## ROOM RESERVATIONS



Looking for an affordable meeting space or event venue near you? At Park Newport we have two private spaces that residents can reserve; ideal for corporate functions or social events! Both rooms include kitchen access, as well as tables and chairs. Contact the Clubhouse for more information and pricing on the Bayview & Catalina rooms!