



March Oak Leaf

Published for the residents of Oak Creek

March 2020

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Dear Oak Creek Residents,

Happy first day of spring on March 20th!
Let the flowers bloom and bring color to your day!
If you do not know already, Palo Alto has a Zero Waste policy. What is Zero Waste?

Zero Waste addresses resource use from the design of products, to their utilization, and finally to end-of-life product management. Traditional production systems are one-way and linear – going from the extraction of resources, manufacturing of goods, product use and then ultimate disposal. Zero Waste seeks to redesign these systems to be cyclical, where there is no such thing as “waste” and discards are either designed out completely or fed back into the production cycle as raw material.

All residents are required to sort their trash, recyclables and compost before taking it to the refuse room. Compost should be put in a green compostable bag that goes down the garbage chute. Recyclables should be put in the blue recyclable bins. Waste materials (trash) should be separated from compost and recyclables.

Please see inserts on how to identify compost, recyclable and waste. If you need a green compost bucket for food scraps please contact the club. Since this is a requirement by the City of Palo Alto we need everyone on board to be in compliance with the law.

In February’s Oak Leaf, I addressed the concerns regarding the elevators. I would like to provide you with some follow-up information as it relates to these concerns. Please see page 3 under property updates for this information.

Sincerely,

Suzanne Landers
Property Manager



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March Events

Sunday and Saturday Brunch



Come join us for brunch on these two days and get a chance to spend time with your neighbors and enjoy a morning bite.

Please be sure to have your **Oak Creek ID** and don't forget to stop by the Club or call to **sign up before the deadline.**

SUNDAY BRUNCH

Sunday,
March 8th from
10am-12pm

Deadline :
Thursday, March 5th

SATURDAY BRUNCH

Saturday,
March 28th from
10am –12pm

Deadline :
Wednesday, March 25th



Please join us on
Friday, March 20th at 6pm
to celebrate St. Patrick's Day.

Dinner will include a traditional spread of corned beef, steamed cabbage, steamed carrots, white potatoes, salad, dinner rolls, and refreshments.

Don't forget to wear your green!

Please sign up by Friday, March 13th.

Tuesday Sweets

Join us on Tuesday, **March 24th at 4pm** for some delicious sweets with your neighbors.

Please sign up by Sunday,
March 22nd.



Club & Property Updates

***Ball Machine:**

Due to the wet season, the ball machine will be out of service until late April.

***Compost/Recycling/Waste:**

The City of Palo Alto has a Zero Waste ordinance. This law requires that ALL residents sort their trash, recyclable and compost.

All compost must be separated from trash and needs to be in a compostable green bag to differentiate from waste/trash. The compost bags can go down the garbage chute along as it is separated from trash. The compost bags will be sorted from the normal trash bags at the trash compactor area and put into its designated receptacle. Please also sort your recyclables and put them in the blue recyclable bins.

As a reminder this is a City ordinance and if we are not in compliance fines will be assessed. If you don't know what is considered compost, recyclable and waste you can go to green waste of Palo Alto website for more information.

We need your help and effort to be in compliance and to reduce the high levels of compost, recyclables and waste that is not being properly sorted. Please contribute to making our recycling and composting program a success by properly separating your recyclable and compostable materials from your garbage.

***Elevator Update:**

All elevator "emergency buzzers" were tested on 2/11/20 and are working. To sound the alarm you need to hold the button down continuously. In addition, cellular phones were tested in all the elevators with no service connection issues.

If you experience any issues with the elevator after business hours please call the Maintenance number at 650-321-9761, you will be re-directed to the answering service.

***Elevator Update Continued:**

The answering service has specific information on how to handle after-hour calls related to our property and the need of the issue.

If an elevator is out of service and you need assistance getting out of your apartment for any medical needs you can call non-emergency fire at 650-329-2413. The fire department will send out a truck to assist you with getting out of your apartment.

We are in the process of implementing a "what to do" if you are stuck in the elevator instructions that will be posted in the elevators. I hope that this information has been helpful. If you have any questions or concerns please contact the Administration office.

***Main Pool:**

The Main Pool will be closed every Monday from 7:00am-9:30am for scheduled maintenance per our pool company.

***Tennis Court Reservations:**

The tennis courts have returned to the online reservation system. All residents who do not have a current login can receive one simply by sending an email to occlub@gb-a.com ; within 3 days, you will receive a confirmation email with login instructions. If you have any questions, please feel free to contact Club Staff

***Resident Referral Program:**

Receive a \$300.00 rent credit if your friend, colleague or family member signs a 12-month lease. Please call the leasing office for more details.

***Smoke Free Property:**

We're placing reminder signs throughout the property. Thank you for not smoking.

March Movies

Tuesday Award Winning



March 3rd at 7pm
Walk the Line
PG-13 2hr 16m, 2005



March 10th at 7pm
The Red Violin
R 2hr 10m, 1998



March 17th at 7pm
Memoirs of a Geisha
PG-13 2hr 25m, 2005



March 24th at 7pm
Saving Private Ryan
R 2hr 49m, 1998



March 31st at 7pm
The Curious Case of Benjamin Button
PG-13 2hr 46m, 2008

Wednesday Dramas



March 4th at 7pm
White Boy Rick
R 1hr 50m, 2018



March 11th at 7pm
Million Dollar Baby
PG-13 2hr 13m, 2004



March 18th at 7pm
Good Will Hunting
R 2hr 6m, 1997



March 25th at 7pm
The Hate U Give
PG-13 2hr 13m, 2018

Friday Kids & Family Movies Day



Cars
March 6th at 4pm
G, 1hr 56m, 2006



March of the Penguins
March 6th at 7pm
G, 1hr 20m, 2004

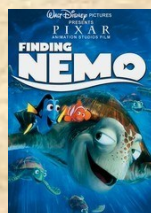


Cars 2
March 13th at 4pm
G, 1hr 46m, 2011



Avatar
March 21st at 7pm
PG-13, 2hr 42m, 2009

There will be no movie playing on **Friday, March 20th** due to an event. We apologize for any inconveniences.



Finding Nemo
March 27th at 4pm
G, 1hr 40m, 2003



Lost in Space
March 27th at 7pm
PG-13, 2hr 10m, 1998

Sat & Sun Movies



Motherless Brooklyn
February 29th & March 1st at 4pm and 7pm

R, 2hr 24min, 2019

A private detective living with Tourette's syndrome in 1950s New York City tries to solve the murder of his best friend and mentor.



A Beautiful Day in the Neighborhood
March 7th & 8th at 4pm and 7pm

PG, 1hr 49 min, 2019

Lloyd Vogel is tasked with creating a profile of Fred Rogers, the creator and star of the successful children's program Mister Rogers' Neighborhood.



The Good Liar

March 14th & 15th at 4pm and 7pm
R, 1hr 49min, 2020

Roy Courtney has made a successful living as a con artist. He crosses paths with wealthy widow Betty McLeish, who seems like the perfect opportunity for an easy job.



Last Christmas

March 21st & 22nd at 4pm and 7pm

PG-13, 1hr 43min, 2019

A dysfunctional young woman finds her life taking an unexpectedly optimistic turn after becoming romantically entangled with a handsome and mysterious stranger over the holiday season.



Ford vs. Ferrari

March 28th & 29th at 4pm and 7pm

PG-13, 32hr 8min, 2019

Ford's Henry Ford II wants enlists the help of car designer Carroll Shelby and driver Ken Miles to build a car that would defeat Ferrari at the 1966 24 Hours of Le Mans.



Groups & Classes

If you would like to host a group or a class please contact
Estella Guerra via e-mail at eguerra@gb-a.com.



Current Events Group

The current events group meets at the Club theater to discuss events that are in the news. The goal is to consider the deeper meaning of events, and try to see the "big picture" about what's really going on in the world. Led by local TV personality Martin Wasserman, who also leads the TED Group.

Tuesday, March 3rd at 3pm
Tuesday, March 17th at 3pm
(In the theater)

Practice Speaking English Together

Non-native speakers: This is your chance to practice speaking English in a friendly environment.

Please join Lillian on
Tuesdays at 10:30am
(In the Club)

Philosophy Group

Jim Hersh's Philosophy group is back at the Club! Stop by every **Wednesday from 3-5pm** at the theater to join his insightful discussions about philosophy.

Ideas Worth Spreading: TED Group

This group shows a short TED Talk at the start of the session and then discusses the ideas raised in the TED Talk. To find out the topics in advance, send an email to deeperlook@aol.com and request to be added on the TED list.

Tuesday, March 10th at 3pm
Tuesday, March 24th at 3pm
(In the theater)

COMCAST at the Club!



"Comcast sessions will be two Thursday's and one Friday this month 3/6, 3/12, and 3/26 from 5pm-6:30pm, please stop by to speak to a Comcast Representative in the club's main lobby area. Come out, bring your TV, Internet, and Phone bill and let them make sure you are getting the BEST price possible. DOES NOT matter what provider you have!!! Can't make it out? Feel free to reach out to Oak Creek's Xfinity Community Account Manager Veronica at (925) 961-7547 or veronica_barrera@cable.comcast.com."



Fitness

Join the fitness classes available at no cost for residents. Please note that all classes are held in the **Willow Room** in **Building 1824** unless noted otherwise. We have three wonderful instructors and their schedules are noted below.

*** Schedules are subject to change* Please refer to the monthly calendar on PG 7.**

Anna Alioto

Zumba

Every class feels like a party! Just move your body and follow my lead. It's easy! Come try!

**Mondays at 6pm,
Wednesdays at 7pm and
Saturdays at 9:00am**

Beginning Ballet

Beginning Ballet gives students an introduction to classical ballet technique in a fun, no pressure environment. Students can wear ballet shoes or socks.

Fridays at 9:30am

Pilates Stretch

This low impact class is a great way to strengthen your core muscles, develop your balance and increase your flexibility.

**Wednesday at 6pm &
Fridays at 8:30am**

Angela Holzer

Stretch/Yin Yoga Class

Enjoy a class focused on stretching and deep breathing!

Mondays at 9:30am

Meditation

This class will start out with a 10 minute seated meditation, 20 minutes of floor stretches, then peaceful relaxation position.

**Mondays at 10:30am and
Thursdays at 7pm**

Chair Yoga

Come join us for a low impact yoga class! This class will involve stretches, deep breathing exercises as we work our arms and legs while sitting in a chair.

Tuesdays at 5pm

Beginners TaiChi/

QiGong

We will be learning the basic movements of Tai Chi and Qigong. Come Join Us!

Wednesdays at 9:30am

Gentle Yoga

The Gentle Yoga class focuses on increasing core strength, flexibility and relaxation. This class is for all levels including beginners.

**Tuesdays and
Thursdays at 6pm**

Ann Barrilleaux

Core Class

Core and More: A workout of functional balance and core training using resistance bands and hand & body weight.

**Tuesdays and
Thursdays at 9am**

Senior Strength Training

Strengthen primary muscles

**Tuesdays & Thursdays
At 10am**

Aqua Aerobics

Water exercises are a great way to build muscle endurance and strength without stress on the joints and it's fun!

**Tuesdays and
Thursdays at 11:15am
at the Main Pool**



March 2020

GB & A
Professionally Managed by
Gerson Baker & Associates

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Motherless Brooklyn - 4pm & 7pm	2 Angie-Stretch 9:30am Angie-Meditation 10:30am Anna-Zumba 6pm	3 Angie - Core 9am Angie- Senior Strength 10am Ann- Aqua Canceled Angie- Chair Yoga 5pm Angie- Gentle Yoga 6pm English Class 10:30am Current Events Group 3pm Walk the Line -7pm	4 Angie- Tai Chi 9:30am Anna- Pilates 6pm Anna-Zumba 7pm Philosophy Group 3-5pm White Boy Rick -7pm	5 Angie- Core 9am Angie- Senior Strength 10am Ann- Aqua 11:15am Canceled Angie- Gentle Yoga 6pm Angie- Meditation 7pm	6 Anna- Pilates 8:30am Anna- Ballet 9:30am Cars-4pm March of the Penguins-7pm Comcast 5-6:30PM	7 Anna-Zumba 9:00am Angel Has Fallen -4pm & 7pm
8 SUNDAY BRUNCH 10AM-12PM Angel Has Fallen -4pm & 7pm	9 Angie-Stretch 9:30am Angie- Meditation 10:30am Anna- Zumba 6pm	10 Ann- Core Canceled Ann- Senior Strength Canceled Ann- Aqua Canceled Angie- Chair Yoga 5pm Angie- Gentle Yoga 6pm English Class 10:30am TED Group 3pm The Red Violin-7pm	11 Angie- Tai Chi 9:30am Anna- Pilates 6pm Anna-Zumba 7pm Philosophy Group Canceled Million Dollar Baby -7pm	12 Angie- Core 9am Angie- Senior Strength 10am Ann- Aqua Canceled Angie- Gentle Yoga 6pm Angie- Meditation 7pm Comcast 5-6:30PM	13 Anna- Pilates 8:30am Anna- Ballet 9:30am Cars 2 -4pm Avatar -7pm	14 Anna - Zumba 9:00am The Good Liar- 4pm & 7pm
15 The Good Liar- 4pm & 7pm	16 Angie-Stretch 9:30am Angie- Meditation 10:30am Anna- Zumba 6pm	17 Ann - Core Canceled Ann- Senior Strength Canceled Ann- Aqua Canceled Angie- Chair Yoga Canceled Angie- Gentle Yoga Canceled English Class 10:30am Current Events Group 3pm Memoirs of a Geisha-7pm	18 Angie- Tai Chi Canceled Anna- Pilates 6pm Anna-Zumba 7pm Philosophy Group 3-5pm Good Will Hunting -7pm	19 Ann- Core Canceled Ann- Senior Strength Canceled Ann- Aqua Canceled Angie- Gentle Yoga Canceled Angie- Meditation Canceled	20 Anna- Pilates 8:30am Anna- Ballet 9:30am ST.PATRICK'S DAY DINNER 6PM	21 Anna- Zumba 9:00am Last Christmas - 4pm & 7pm
22 Last Christmas - 4pm & 7pm	23 Angie-Stretch Canceled Angie- Meditation Canceled Anna- Zumba 6pm	24 Ann - Core 9am Ann- Senior Strength 10am Ann- Aqua 11:15am Angie- Chair Yoga Canceled Angie- Gentle Yoga Canceled English Class 10:30am TED Group 3pm Saving Private Ryan-7pm TUESDAY SWEETS 4PM	25 Angie- Tai Chi Canceled Anna- Pilates 6pm Anna-Zumba 7pm Philosophy Group 3-5pm The Hate U Give -7pm	26 Ann- Core 9am Ann- Senior Strength 10am Ann- Aqua 11:15am Angie- Gentle Yoga Canceled Angie- Meditation Canceled Comcast 5-6:30PM	27 Anna- Pilates 8:30am Anna- Ballet 9:30am Finding Nemo -4pm Lost in Space-7pm	28 Anna- Zumba 9:00am SATURDAY BRUNCH 10AM-12PM Ford vs. Ferrari -4pm & 7pm
29 Ford vs. Ferrari -4pm & 7pm	30 Angie-Stretch 9:30am Angie- Meditation 10:30am Anna- Zumba 6pm	31 Ann - Core 9am Ann- Senior Strength 10am Ann- Aqua 11:15am Angie- Chair Yoga 5pm Angie- Gentle Yoga 6pm English Class 10:30am The Curious Case of Benjamin Button -7pm				



Oak Creek Apartments

Administration Office

Office Hours:
Office Number:
Fax Number:
Suzanne Landers
Ty Po
Daiana Rodriguez

Mon-Fri 8:30am-5:30pm
(650)327-1600
(650)327-2459
Property Manager
Assistant Property Manager
Administrative Assistant

slanders@gb-a.com
typo@gb-a.com
dvega@gb-a.com

Maintenance

Office Hours:
Office Number:
Billy Shamuel
Roxanne Hunt

Mon-Fri 8:30am-5:30pm
(650)321-9761
Maintenance Manager
Maintenance Services Coordinator

bshamuel@gb-a.com
rhunt@gb-a.com

Rental Office

Office Hours:
Office Number:
Ed Tso
Patricia Garcia

Mon-Fri 8:30am-5:30pm
Sat and Sun: 9am-5:30pm
(650)321-1701
Leasing Director
Leasing Specialist

etso@gb-a.com
pgarcia@gb-a.com

Clubhouse

Office Hours:
Office Number:
Fax Number:
Estella Guerra
Susan Milliken
Gianna Bologna
Alexia Farias

Mon 2:00pm-10:00pm
Tues-Sun 8:30am-10pm
(650)384-4716
(650)324-2849
eguerra@gb-a.com
jmilliken@gb-a.com
gbologna@gb-a.com
afarias@gb-a.com

Tennis Courts

Daily 8:00am-10:00pm

Fitness Center:

Mon 2:00pm-10:00pm
Tues-Fri 6:00am-10:00pm
Sat and Sun 8:00am-10pm

COURTESY

PATROL
HOURS:

Daily

5:30pm-8:30am

1(408)520-1975