

# Resort Report

June 2020

## *Creamy Garlic Parmesan Chicken*

4 chicken breasts  
1 Cup mayonnaise  
1/2 Cup Parmesan cheese  
1 Cup Mozzarella cheese grated  
3 large garlic cloves minced  
seasoning salt and pepper

### **Instructions**

Preheat the oven to 375F. Spray your baking dish with cooking spray.

In a small bowl, combine the mayonnaise, Parmesan cheese, mozzarella and garlic. Mix well.

Place the chicken breasts into the baking dish and season with seasoning salt and pepper.

Add a big dollop of the cheese mixture on top of each chicken breast. Then spread the mixture evenly until the chicken is completely covered.

Bake at 375F for 40-45 minutes or until the chicken is cooked through.

Enjoy!

## *Green Detox Drink*

This vegetable detox drink is made up primarily of green vegetables, providing an effective natural body cleanse of the digestive system.

- 3 carrots
- 3 kale leaves
- 2 celery stalks
- 2 beets
- 1 turnip
- ½ bunch of spinach
- ½ cabbage
- ½ bunch of parsley
- ½ onion
- 2 garlic cloves

Mix all ingredients with water and puree in a blender.



We would like to thank all our wonderful residents for their patience and consideration of others during the last few months when we had to shelter in place. Now that we are in the month of June, there are a few updates we would like for you to know. First and foremost, our maintenance staff is here to assist you with all your work order needs, including non-emergency work orders. If you would like to schedule a repair needed, please contact us at (866) 730-6844 or go online and enter your work order through the resident portal. Additionally, we will resume towing as of Monday, June 8, in order to enforce our parking rules and proper use of garages for vehicles only. Please call us at 949.362.6000 if you should have any questions regarding your garage or lease compliance. Our leasing office is now open by appointment only for touring new prospects. We hope to open our pools and fitness center in the future, but they remain closed at this time as ownership is complying with the state's recommendations for everyone's continued safety.

## St. Moritz Apartments



## No Bake Thin Mint Cookie Recipe

- 1 (9 oz) package Girl Scout Thin Mint Cookies (or Keebler Grasshopper cookies)
- 4 ounces cream cheese (softened)
- 1 (12 oz) bag Guittard's Green Mint Chips (I just found these at the grocery store)

### INSTRUCTIONS

1. Blend cookies in a blender or food processor until fine crumbs form. Set aside 1/4 cup crumbs to sprinkle on top of truffles, if desired.
2. Place cookie crumbs and softened cream cheese in a large mixing bowl and mix until well combined.
3. Roll mixture into 1-inch sized balls and place on a baking sheet lined with parchment or wax paper.
4. Place baking sheet in the fridge for 30 minutes.
5. Melt mint chips (or white chocolate chips) in a microwave-safe bowl in the microwave in 30-second increments, stirring each time, until melted (about 2 minutes).
6. Add food coloring to melted white chocolate chips if using white chocolate.
7. Dip each ball into melted chocolate until completely covered using two forks. Lift ball out of the chocolate and scrape off excess chocolate before placing on baking sheet.
8. Sprinkle on cookie crumbs for garnish, if desired.
9. Place truffles in the fridge for a few minutes to set up.

## Quarantine Fitness Ideas

1. Bodyweight workout
2. Yoga
3. Follow a fitness video or app
4. Active play video games
5. Go on a hike
6. Walk outside
7. Weighted workout



## Top 9 on Netflix

Take advantage of the time to sit home and relax! Grab some popcorn, get cozy and press play!

1. Sweet Magnolias
2. History 101
3. Dead to Me
4. Riverdale
5. The Flash
6. Outer Banks
7. White Lines
8. Selling Sunset
9. Dynasty





## *COVID-19 Safety Precautions to Remember*



### **Take steps to protect yourself.**

- Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick
- Put distance between yourself and other people if COVID-19 is spreading in your community



### **Take steps to protect others.**

- Stay home if you are sick, except to get medical care
- Cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow.
- Throw used tissues in the trash.
- Immediately wash your hands with soap and water for at least 20 seconds. If soap and water are not readily available, clean your hands with a hand sanitizer that contains at least 60% alcohol.
- If you are sick: You should wear a facemask when you are around other people (e.g., sharing a room or vehicle) and before you enter a healthcare provider's office. If you are not able to wear a facemask (for example, because it causes trouble breathing), then you should do your best to cover your coughs and sneezes, and people who are caring for you should wear a facemask if they enter your room.
- Clean AND disinfect frequently touched surfaces daily. This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks.
- If surfaces are dirty, clean them: Use detergent or soap and water prior to disinfection.

