



# March Oak Leaf

*Published for the residents of Oak Creek*

March 2019

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Dear Residents,

Welcome to Spring! This is a lovely time of the month for Oak Creek's thriving landscape. You will start to see the flowers and trees blossom with magnificent colors and fresh spring smells. As you may have noticed, there has been a lot of landscape improvements on the property with the "less is more" concept creating a clean and manicured look. We will continue this serene theme throughout the property. Thank you for all your positive feedback and wonderful suggestions. We are so happy that you like the new look.

I am excited to announce a new member to the Oak Creek Team, Estella Guerra. Estella will be joining the team as the Assistant Club Manager. Please stop by the club to say hello and introduce yourself. Welcome Estella to the Oak Creek Family!

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"SURRENDER TO WHAT IS.  
LET GO OF WHAT WAS.  
HAVE FAITH IN WHAT WILL BE."  
~Sonia Ricotti

*Suzanne Landers*  
**Property Manager**





# March Events



Please have your Oak Creek ID with you at all times. Residents are encouraged to call the Clubhouse at 650-384-4716 in order to sign up for all complimentary events. We require a check or money order payment upfront in order to sign up for events that have a fee.

## Sunday Morning Snacks



Come join us for brunch on Sunday's for a chance to spend time with your neighbors and enjoy a morning bite.

Please be sure to have your **Oak Creek ID** and don't forget to stop by the Club or call to **sign up by 7 pm every Friday.**

**\*BAGEL STATION-**  
Sunday March 3rd from 10 -11am

**\*BREAKFAST SNACKS**  
Sunday March 10th from 10 -11am

**\*YOGURT BAR**  
Sunday March 17th from 10 -11am

**\*BREAKFAST SNACKS**  
Sunday March 24th from 10 -11am

**\*DONUT DAY**  
Sunday March 31st from 10 -11am

## Dr. Seuss Birthday



Join us on Friday, March 1st at 5:30pm to Celebrate Dr. Seuss Birthday. We will have kids activities in the Oak Room after the movie.

Please RSVP by Tuesday, February 26th

## Sweets Day



Join us on Tuesday, March 5th at 4pm for some delicious sweets. This is a great time to meet with your neighbors.

Please sign up by Monday, March 4th

## St. Patrick's Day Dinner



Oak Creek will be Celebrating St. Patrick's Day Early! Join us for this festivity on Friday, March. 15th at 6pm. We will be serving Corned Beef and Cabbage, stuffed mushrooms, salad, dessert, and soft drinks.

Residents-\$5  
Children 5 and Under- Free  
Please make sure to sign up by Tuesday, March 12th at 9pm.

## Club & Property Updates

**\*Oak Creek ID Cards:** It is required for residents to have their OC ID with them at all times. Moving forward, Club staff members will be asking for residents OC ID card in order to sign up and attend events. As a reminder, residents may be asked by a Club staff to show them their OC ID as proof of residency. Therefore, please have it with you while using the facilities.

### **\*EV Charging Stations:**

We are installing EV charging stations in front of building 1520 and 1812. Stations will require an access code to use. Please stop by the Admin Office to register and obtain an access code.

### **\*Coffee Bar:**

-Friendly Reminder that the Clubhouse Coffee Bar closes at 9:45pm daily.

-Coffee and Tea is limited to the Club Only/

### **\*Telephone Intercom System:**

The new intercom system is underway. You can register more than one phone number per apartment. Thank you for your patience.

**\*Balcony Appearance:** Only patio furniture is permitted on the balcony or patio.

Please do not use this space for storage or to dry clothing.

### **\*Gym Etiquette:**

-Please bring a gym towel or use gym wipes to wipe down the equipment after use.

-Please do not use bleach to wipe down equipment.

**\*Ball Machine:** Due to the rainy season we will not be checking out the ball machine until late April.

**\*Sunday Breakfast: For the month of April we will be serving breakfast from 10 to 11am on Saturday instead of Sunday.**

## Upcoming Local Events

<p>Mar. 2nd 10:30am - 11:45am</p>	<p><b><u>Mom and Toddler Yoga</u></b> A child-friendly soundtrack sets the tone as fun activities and yoga games are woven throughout the class, engaging the older babies to participate. Suky caters to everyone's needs and dads are welcome!</p> <p>For location and pricing visit <a href="http://www.blossombirth.org">http://www.blossombirth.org</a></p>
<p>Mar.24 7:30- 11am</p>	<p><b><u>Racing Hearts 5K Run</u></b> City of Palo Alto presents the 6th Annual Racing Hearts 5k walk/run and 10k run to celebrate active living for heart disease and community AEDs!</p> <p>Where: City Hall Plaza</p> <p>\$35-\$55 depending on when register</p>
<p>Mar. 27 By Appt</p>	<p><b><u>Small Business Counseling</u></b> Talk to two experienced consultants in one hour sessions, as many times as needed. Consulting at our main office in San Jose and at many Chambers of Commerce; in-business clients, at your place of business. You can even choose which of our consultants best match your needs. BY APPOINTMENT ONLY. Please register for a mentoring appointment and specify that you wish to meet a counselor at the Palo Alto</p> <p>Where: 355 Alma St, Palo Alto</p> <p>Fee: FREE</p> <p>Call 1-408-453-6237 to make appt</p>

# March Movies

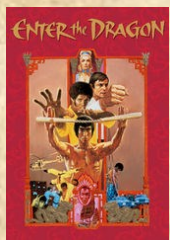
## Tuesday– Classics



Mar. 5th at 7pm  
Oklahoma!  
G 2hr 25m, 1955



Mar. 12th at 7pm  
Alice's Adventures in  
Wonderland  
G 1hr 35m, 1972



Mar. 19th at 7pm  
Enter the Dragon  
R 1hr 42m, 1973



Mar. 26th at 7pm  
The African Queen  
NR 1hr 45m, 1951

## Wednesday Movies Based on Books



Mar. 6th at 7pm  
Pride and Prejudice  
PG 2hr 9m, 2005



Feb. 13th at 7pm  
The Choice  
PG-13 1hr 51m, 2016



Mar. 20th at 7pm  
Best of Me  
PG-13, 1hr 58m, 2008



Mar. 27th at 7pm  
The Curious Case of  
Benjamin Button  
PG-13 2hr 46m, 2008

## Friday Kids & Family Movies Day



The Lorax  
Mar. 1st at 4pm  
PG, 1hr 30m, 2012



The Grinch  
Mar. 1st at 7pm  
PG, 1hr 26m, 2018



Free Willy  
Mar. 8th at 4pm  
PG, 1hr 52m, 1993



Free Willy 2  
Mar. 8th at 7pm  
G, 1hr 38m, 1995



The Jungle Book  
Mar. 15th at 4pm  
G, 1hr 18m, 1967



The Jungle Book 2  
Mar. 15th at 7pm  
G, 1hr 12m, 2003



The Lion King  
Mar. 22nd at 4pm  
G, 1hr 30m, 1994

The Lion King 1 1/2  
Mar. 22nd at 7pm  
G, 1hr 17m, 2004



Mulan  
Mar. 28th at 4pm  
G, 1hr 30m, 1994

Mulan 2  
Mar. 28th at 7pm  
G, 1hr 30m, 1994

## Sat & Sun Movies



Widows  
Mar. 2nd and Mar. 3rd at  
4pm and 7pm  
R, 2hr 8min, 2019  
Four Chicago women who  
have lost their spouses to  
crime and are saddled with  
the fallout of their husbands'  
criminal ways decide to take  
matters into their own hands.



Ralph Breaks The Internet  
Mar. 9 and Mar. 10 at  
4pm and 7pm  
PG, 1hr 57min, 2019  
Video game villain Wreck-It-  
Ralph of the game Fix it Fe-  
lix Jr. travels out into the  
Internet to help Vanellope  
von Schweetz fix her game  
Sugar Rush.



Instant Family  
Mar 16th and 17th at  
4pm and 7pm  
PG-13, 1hr 57min, 2019  
Pete and Ellie must learn the  
ropes of instant parenthood  
when they bring in three  
foster children.



Robin Hood  
Mar. 23rd and 24th  
at 4pm and 7pm  
PG-13, 1hr 56min,  
2019



Fantastic Beast  
Mar. 29th and 30th  
at 4pm and 7pm  
PG-13, 2hr 14min,  
2019



# Groups & Classes

If you would like to host a group or a class please contact  
Daiana Rodriguez via e-mail at [dvega@gb-a.com](mailto:dvega@gb-a.com).



## Current Events Group

The current events group meets at the Club theater to discuss events that are in the news. The goal is to consider the deeper meaning of events, and try to see the "big picture" about what's really going on in the world. Led by local TV personality Martin Wasserman, who also leads the TED Group.

**Tuesday, March 5th at 3pm**  
**Tuesday, March 19th at 3pm**

(In the theater)

## Practice Speaking English Together

Non-native speakers: This is your chance to practice speaking English in a friendly environment.

Please join Lilian on **Tuesday's at 1:30pm**

(In the oak Room)

## Philosophy Group

Jim Hersh's Philosophy group is back at the Club! Stop by every **Wednesday from 3-5pm** at the theater to join his insightful discussions about philosophy.

## Ideas Worth Spreading: TED Group

This group shows a short TED Talk at the start of the session and then discusses the ideas raised in the TED Talk. To find out the topics in advance, send an email to [deeperlook@aol.com](mailto:deeperlook@aol.com) and request to be added on the TED list.

**Tuesday, March 12th at 3pm**  
**Tuesday, March 26th at 3pm**

(In the theater)



## COMCAST at the Club!



Please stop by every **Thursday from 5-6pm** to speak to our Comcast Rep. He will be at the Club's main lobby area eager to assist with any questions or concerns you may have on your account.



# Fitness

Join the fitness classes available at no cost for residents. Please note that all classes are held in the **Willow Room** in **Building 1824** unless noted otherwise. We have three wonderful instructors and their schedules are noted below.

**\* Schedules are subject to change\* Please refer to the monthly calendar on PG 7.**

## **Anna Alioto**

### **Circuit Weight training**

Circuit Weight Training introduces the student to a fitness program of resistive exercises designed to promote improvement in muscular strength and cardiovascular endurance.

**Wednesdays at 6pm**

### **Zumba**

Every class feels like a party! Just move your body and follow my lead. It's easy! Come try!

**Wednesdays at 7pm and  
Saturdays at 9:30am**

### **Beginning Ballet**

Beginning Ballet gives students an introduction to classical ballet technique in a fun, no pressure environment. Students can wear ballet shoes or socks.

**Fridays at 9:30am**

### **Pilates Stretch**

This low impact class is a great way to strengthen your core muscles, develop your balance and increase your flexibility.

**Fridays at 8:30am and  
Mondays at 6pm**

## **Angela Holzer**

### **Stretch/Yin Yoga Class**

Enjoy a class focused on stretching and deep breathing!

**Mondays at 9:30am**

### **Meditation**

This class will start out with a 10 minute seated meditation, 20 minutes of floor stretches, then peaceful relaxation position.

**Mondays at 10:30am and  
Thursdays at 7pm**

### **Chair Yoga**

Come join us for a low impact yoga class! This class will involve stretches, deep breathing exercises as we work our arms and legs while sitting in a chair.

**Tuesdays at 5pm**

### **Beginners TaiChi/**

### **QiGong**

We will be learning the basic movements of Tai Chi and Qigong. Come Join Us!

**Wednesdays at 9am**

### **Gentle Yoga**

The Gentle Yoga class focuses on increasing core strength, flexibility and relaxation. This class is for all levels including beginners.

**Tuesdays and  
Thursdays at 6pm**

## **Ann Barrileaux**

### **Core Class**

Core and More: A workout of functional balance and core training using resistance bands and hand & body weight.

**Tuesdays and  
Thursdays at 9am**

### **Senior Strength Training**

Strengthen primary muscles

**Tuesdays & Thursdays  
At 10am**

### **Aqua Aerobics**

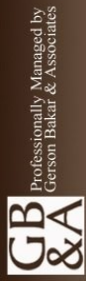
A fun way to burn between 450-700 calories an hour!

**Tuesdays and  
Thursdays at 11:15am  
at the Main Pool**



# March 2019

◆ Free WI-FI in the Club House.  
 Network- OAKREEKCLUB;  
 Password - oakcreek (lowercase)



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>3</b> <b>BAGEL STATION</b> <b>10-11AM</b> Widows- 4pm & 7pm	<b>4</b> Angie <b>Cancelled</b> 9:30am Angie <b>Cancelled</b> 10:30 am Anna-Pilates Stretch 6pm	<b>5</b> Ann- Core 9am Ann- Senior Strength 10am Ann- Aqua 11:15am Angie-Chair Yoga 5pm Angie-Gentle Yoga 6pm <b>English Class 1:30pm</b> <b>Current Events 3pm</b> <b>Oklahoma-7pm</b> <b>SWEETS DAY-4PM</b>	<b>6</b> Angie- Tai Chi 9am Anna-Circuit 6pm Anna- Zumba 7pm <b>Philosophy Group 3-5pm</b> <b>Pride and Prejudice-7pm</b>	<b>7</b> Ann- Core 9am Ann- Senior Strength 10am Ann- Aqua 11:15am Angie-Gentle Yoga 6pm Angie-Meditation 7pm <b>Comcast- 5-6pm</b>	<b>8</b> Anna- Pilates 8:30 Anna- Ballet 9:30am <b>Free Willy- 4pm</b> <b>Free Willy 2- 7pm</b>	<b>9</b> Anna- Zumba 9:30am <b>Ralph Breaks the Internet - 4pm &amp; 7pm</b>
<b>10</b> <b>BREAKFAST</b> <b>SNACKS</b> <b>10-11AM</b> Ralph Breaks the Internet - 4pm & 7pm	<b>11</b> Angie-Stretch 9:30am Angie-Meditation 10:30 am Anna-Pilates Stretch 6pm	<b>12</b> Ann- Core 9am Ann- Senior Strength 10am Ann- Aqua 11:15am Angie- Chair Yoga 5pm Angie-Yoga Flow 6pm <b>English Class 1:30pm</b> <b>TED Group 3pm</b> <b>Alice's Adventure in Wonderland 7pm</b>	<b>13</b> Angie- Tai Chi 9am Anna-Circuit 6pm Anna- Zumba 7pm <b>Philosophy Group 3-5pm</b> <b>The Choice-7pm</b>	<b>14</b> Ann- Core 9am Ann- Senior Strength 10am Ann- Aqua 11:15am Angie-Gentle Yoga 6pm Angie- Meditation 7pm <b>Comcast- 5-6pm</b>	<b>15</b> Anna- Pilates 8:30 Anna- Ballet 9:30am <b>The Jungle Book- 4pm</b> <b>The Jungle Book 2 - 7pm</b> <b>ST. PATRICKS DAY DINNER -6PM</b>	<b>16</b> Anna- Zumba 9:30am <b>Instant Family- 4pm &amp; 7pm</b>
<b>17</b> <b>YOGURT BAR</b> <b>10-11AM</b> Instant Family- 4pm & 7pm	<b>18</b> <b>Cancelled</b> -Stretch 9:30am <b>Cancelled</b> -Meditation 10:30 am Anna-Pilates Stretch 6pm	<b>19</b> Ann- Core 9am Ann- Senior Strength 10am Ann- Aqua 11:15am <b>Cancelled</b> -Chair Yoga 5pm Ann-Yoga Flow 6pm <b>English Class 1:30pm</b> <b>Current Events 3pm</b> <b>Enter the Dragon-7pm</b>	<b>20</b> Angie- Tai Chi 9am <b>Cancelled</b> -Circuit 6pm <b>Cancelled</b> - Zumba 7pm <b>Philosophy Group 3-5pm</b> <b>The Best of Me-7pm</b>	<b>21</b> Ann- Core 9am Ann- Senior Strength 10am Ann- Aqua 11:15am Angie-Gentle Yoga 6pm Angie-Meditation 7pm <b>Comcast- 5-6pm</b>	<b>22</b> Anna- Pilates 8:30 Anna- Ballet 9:30am <b>The Lion King- 4pm</b> <b>The Lion King 1 1/2 - 7pm</b>	<b>23</b> Anna- Zumba 9:30am <b>Robin Hood- 4pm &amp; 7pm</b>
<b>24</b> <b>BREAKFAST</b> <b>SNACKS</b> <b>10-11AM</b> Robin Hood- 4pm & 7pm	<b>25</b> Angie-Stretch 9:30am Angie-Meditation 10:30 am Anna-Pilates Stretch 6pm	<b>26</b> Ann- Core 9am Ann- Senior Strength 10am Ann- Aqua 11:15am Angie-Chair Yoga 5pm Angie-Gentle Yoga 6pm <b>English Class 1:30pm</b> <b>TED Group 3PM</b> <b>The African Queen-7pm</b>	<b>27</b> Angie- Tai Chi 9am Anna-Circuit 6pm Anna- Zumba 7pm <b>Philosophy Group 3-5pm</b> <b>The Curious Case of Benjamin Button-7pm</b>	<b>28</b> Ann- Core 9am Ann- Senior Strength 10am Ann- Aqua 11:15am Angie-Gentle Yoga 6pm Angie-Meditation 7pm <b>Comcast- 5-6pm</b>	<b>29</b> Anna- Pilates 8:30 Anna- Ballet 9:30am <b>Mulan- 4pm</b> <b>Mulan 2 - 7pm</b>	<b>30</b> Anna- Zumba 9:30am <b>Fantastic Beast- 4pm &amp; 7pm</b>
<b>31</b> <b>DONUT DAY</b> <b>10-11AM</b> Fantastic Beast- 4pm & 7pm						



# Oak Creek Apartments

## Administration Office

Office Hours:	Mon-Fri 8:30am-5:30pm	
Office Number:	(650)327-1600	
Fax Number:	(650)327-2459	
Suzanne Landers	Property Manager	slanders@gb-a.com
Ty Po	Assistant Property Manager	typo@gb-a.com

## Maintenance

Office Hours:	Mon-Fri 8:30am-5:30pm	
Office Number:	(650)321-9761	
Billy Shamuel	Maintenance Manager	bshamuel@gb-a.com
Roxanne Hunt	Maintenance Services Coordinator	rhunt@gb-a.com

## Rental Office

Office Hours:	Mon-Fri 8:30am-5:30pm	
	Sat and Sun: 9am-5:30pm	
Office Number:	(650)321-1701	
Ed Tso	Leasing Director	etso@gb-a.com
Zeny Martinez	Leasing Specialist	zmartinez@gb-a.com
Patricia Garcia	Leasing Specialist	pgarcia@gb-a.com
Amber Botello	Leasing Specialist	abotello@gb-a.com

## Clubhouse

Office Hours:	Mon 2:00pm-10:00pm
	Tues-Sun 8:30am-10pm
Office Number:	(650)384-4716
Fax Number:	(650)324-2849
Daiana Rodriguez	dvega@gb-a.com
Susan Milliken	jmilliken@gb-a.com
Jacqueline Cordoba	jcordoba@gb-a.com
Vivian Galdamez	vgaldamez@gb-a.com

Tennis Courts	Daily 6:00am-10:00pm
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Fitness Center:	Mon 2:00pm-10:00pm
	Tues-Fri 6:00am-10:00pm
	Sat and Sun 8:00am-10pm

COURTESY  
PATROL HOURS:

Daily  
5:30pm-8:30am

1(800)400-1110