

Park Newport View

GENERAL MANAGER'S COMMENTS

Seldom can one topic generate so many opinions as that of Parking. In garages and on streets, our feelings and rights collide in a pile up of entitlements and infractions. Keeping these to a minimum is preferable for all involved, so please remember the following simple rules when parking within our community: The color-coded hang tags or parking stickers you received at move-in are to be displayed on your vehicle's rear-view mirror and are specific to your vehicle only. An Orange tag is for assigned garage parking only and is not allowed for street parking. A Green tag is for street parking only and is not permitted for assigned garage parking or paid central garage parking. A Blue tag is for paid Central Garage parking only and does not substitute for street or assigned garage parking. You are required to park in your designated parking spot. Not to do so is to risk being towed. Any vehicle without a tag displayed between the hours of 1:00 a.m. and 6:00 a.m. is subject to being towed. For your convenience, up to ten guest passes per apartment per month can be obtained through the Administration Office during normal business hours or at the Club House and/or Greeter Station after normal business hours. Please Note: guest passes are distributed on a per apartment basis and not per person. Thank you for your business and compliance!

UPCOMING EVENTS

March 2	Hillcrest & Balboa Park 9:00 a.m. Departure
March 3	Downtown San Clemente & Outlets 10:00 a.m. Departure
March 9	Whale Watching 11:00 a.m. Departure
March 9	Breakfast 9:00 a.m. Main Lounge
March 10	Festival of Whales 9:00 a.m. Departure
March 16	Hermosa Beach 9:30 a.m. Departure
March 17	Cherry Blossom Festival & Pacific City 10:00 a.m. Departure
March 22	Spaghetti Dinner 6:30 p.m. Main Lounge
March 23	Santa Barbara 8:00 a.m. Departure
March 24	Santa Monica & Third Street Promenade 10:30 a.m. Departure
March 27	Happy Hour - Morton's 4:45 p.m. Departure
March 28	Pizza Night 6:00 p.m. Main Lounge
March 30	Downtown Disney 5:30 p.m. Departure
March 31	Flowerfields Carlsbad 9:30 a.m. Departure

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SANTA BARBARA



Take a trip to Santa Barbara on Saturday, March 23. Santa Barbara is known for the golden hillsides that cascade into the sparkling seas, and red tile roofs that give way to abundantly sunny skies. This is where wine country and lush gardens welcome you

to the quaint downtown enclaves. There are so many things to explore such as: outdoor activities, seafood restaurants, boutiques, the historic theatre and more! Transportation is \$5.00 and departure is at 8:00 a.m.

SPAGHETTI DINNER

Don't miss Spaghetti Night in the Main Lounge on Friday, March 22! At 6:30 p.m., the Recreation Staff will be serving spaghetti with meat or marinara sauce, meatballs, salad, garlic bread, dessert and beverages. Dinner is \$6 for adults and \$4 for children. Please bring your Park Newport ID to sign up.



ST. PATTY'S DAY TREATS

Join us on Sunday, March 17 as the Recreation Staff will be serving complimentary cupcakes and cookies to celebrate St. Patrick's Day. This event is complimentary and will take place in the Main Lounge at 2:00 p.m. We hope to see you there!





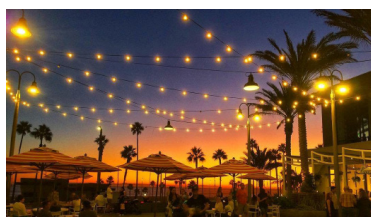
FESTIVAL OF WHALES

Don't miss out on the 48th annual Festival of Whales in Dana Point on Sunday, March 10! The festival celebrates the annual migration of gray whales which brings the entire community together with activities for all ages! The Festival of Whales features a classic boat show, live music, food vendors, art shows and sales, craft vendors, whale watching, a carnival and more! Admission and transportation are free, and departure is at 9:00 a.m.



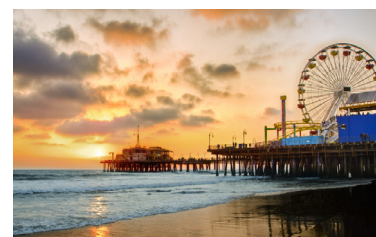
CHERRY BLOSSOM FESTIVAL & PACIFIC CITY

On Sunday, March 17 we will be going to the Cherry Blossom Festival located in Huntington Beach, and Pacific City! The Cherry Blossom Festival is a free event that will have over 50 vendors, music, and dance performances, arts & crafts, and fun ways to learn about cultures. After the festival we will go to Pacific City for the ultimate shopping and dining experience. Be sure to try out Ola Mexican Kitchen, they have an amazing selection of food and drinks, or the Bungalow that has a beautiful view of the beach. Transportation is complimentary, and the departure is 10:00 a.m.



SANTA MONICA

Take a day trip to the charming seaside town of Santa Monica on Sunday, March 24! Santa Monica is popular for its award-winning dining, renowned shopping venues, and iconic stretches of shoreline. This beach front city also features amenities such as the historic Santa Monica Pier, Palisades Park, Third Street Promenade, an aquarium and more. Don't forget to stop by Main Street and Montana Ave, two separate shopping districts with boutiques, restaurants, and bars. Transportation for this excursion is \$5 and departure is at 10:30 a.m.

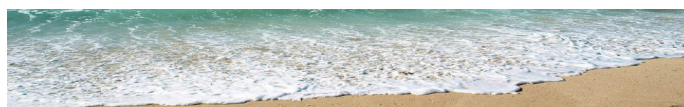


AT&T FIBER NETWORK

Sign up today for the 100% Fiber Network. The fiber network enables the fast internet speeds that AT&T delivers. Fast speeds allow you to do what you love on the Internet—faster! Get the content you want with fast upload and download speeds, which helps save you time. Whether you are streaming video content or downloading or uploading large files, you need fast internet powered by AT&T Fiber which gives you the best speed you need. For pricing and other inquiries ask for Victor. He may be reached at (213) 309-8335.

DOWNTOWN SAN CLEMENTE & OUTLETS

Join us as we visit Downtown San Clemente and the San Clemente Outlets on Sunday, March 3. Downtown San Clemente has an array of shop and restaurants. The Outlets have over 20 stores such as Eddie Bauer, Cole Hann, Vans, and H&M. Transportation is complimentary, and we will be departing at 10:00 a.m.



ST. PATTY'S DAY HERMOSA BEACH

Join us for Hermosa Beach's 25th Annual St. Patrick's Day Parade. Over 100 local businesses, civic organizations, and school marching bands, will take part in the seven-block parade down Pier Avenue. There will be bagpipers, floats, horses, four-legged friends from the Irish Setters Club of Southern California, and of course great dining, and shopping. Departure is at 9:30 a.m., on Saturday, March 16. Transportation is \$5.



ANGELS GAME

Take me out to the ball game for Opening Night! On Thursday, April 4 we will be departing for Anaheim Stadium at 5:00 p.m., to watch the Los Angeles Angels take on the Texas Rangers which is surely to be an exciting game. This game is also a promotion evening, so all guests will receive an Angels Wall Calendar. The Cost is \$30.00 which includes your seat in the lower view all star section and transportation.



DOWNTOWN DISNEY

Spend the evening at Downtown Disney with us on Saturday, March 30! Downtown Disney is an entertainment district with activities for the entire family, including Wonderground Gallery, a brand new Splitsville Luxury bowling alley, The Disney Dress Shop, and Disney Home. There is also an array of restaurants such as Ralph Brennan's Jazz Kitchen, Ballast Point Brewing Co, and Salt & Straw. Transportation is complimentary, and the departure is at 5:30 p.m.



WHALE WATCHING

Join us Saturday, March 9 for a day of Whale Watching! Thousands of gray whales migrate annually along the Newport Beach coastline from the summer feeding grounds in the Bering Sea to the winter grounds of the Baja California lagoons. They also travel along the Newport Beach coast during the winter and early spring. This trip is \$16 per person, which includes your ticket and transportation. Our departure time is 11:00 a.m.



HILLCREST & BALBOA PARK

Take a trip with us as we visit Hillcrest & Balboa Park on Saturday, March 2. Balboa Park is a 1,200-acre urban cultural park in San Diego. It has natural vegetation zones, walking paths, gardens, museums, several theaters, and of course San Diego Zoo. Our next stop is Hillcrest, which is one of San Diego's most vibrant towns, and offers an array of delicious restaurants, coffee houses, boutiques, and breweries. This is a perfect place to shop for local produce, arts & crafts, and vintage clothing. Come visit the Clubhouse to secure your spot today! We will be departing at 9:00 a.m., with a charge of \$5 per person.



MORTON'S STEAKHOUSE HAPPY HOUR

Accompany us to Morton's Steakhouse for their wonderful happy hour! The menu features bar bites \$7-\$9 including: short rib steak tacos, crab, spinach & artichoke dip, prime cheeseburgers, filet mignon trio, fresh cut potato chips, iceberg wedge bites and so much more. As for the spirits they range from \$8-\$9. Our departure will be 4:45 pm.





MOVIES AT THE PARK NEWPORT THEATER

MATINEE MOVIES:
TUE & FRI: 2:00 P.M.

EVENING MOVIES:
TUE, FRI, & SAT: 7:00 P.M.

Tuesday Movies



MARCH 5
THE GIRL IN THE SPIDERS WEBB
R, 1 HR 57 MINS

Young computer hacker Lisbeth Salander and journalist Mikael Blomkvist find themselves caught in a web of spies, cybercriminals and corrupt government officials. Starring: Claire Foy, Sverrir Gudnason, and Lakeith Stanfield.



MARCH 12
YEAR BY THE SEA
PG-13, 1 HR 54 MIN

Hoping to reclaim who she was before marriage and children, an empty nester retreats to Cape Cod where she embarks upon a quest to set herself free. Starring: Karen Allen, Yannick Bisson, and S Epatha Merkerson



MARCH 19
VICE
R, 2 HR 12 MINS

Dick Cheney served as the Vice President for the United State's 43rd president Geroge W. Bush. Prior to that, Cheney spent years moving up the ranks in terms of his political career, and ultimately oversaw 1991's Operation Desert Storm.



MARCH 26
CAN YOU FORGIVE ME?
R, 1 HR 24 MINS

Melissa McCarthy is masterful in the captivating account - based on a true story - of a down-and-out writer who resorts to lies, deceit and outright crime to get back on top. Starring: Melissa McCarthy, Richard E. Grant, and Dolly Wells



MARCH 1 & 2
BLACKKLANSMAN
R, 2 HR 23 MINS

From visionary filmmaker Spike Lee comes the incredible true story of a hero. An African-American detective takes on a dangerous mission: infiltrate the Ku Klux Klan. Starring: John David Washington, Adam Driver, and Topher Grace.



MARCH 8 & 9
GREEN BOOK
PG-13, 2 HR 10 MINS

Viggo Mortensen and Mahershala Ali star in Green Book, a film inspired by a true friendship that transcended race, class, and the 1962 Mason-Dixon line. Starring: Linda Cardellini



MARCH 15 & 16
BOHEMIAN RHAPSODY
PG-13, 2HR 13 MINS

Bohemian Rhapsody celebrates the band Queen, their music, and their extraordinary lead singer Freddie Mercury, who defied convention to become one of the most beloved entertainers ever. Starring: Rami Malek



MARCH 22 & 23
RBG
PG, 1 HR 38 MINS

At the age of 85, U.S. Supreme Court Justice Ruth Bader Ginsburg has developed a lengthy legal legacy while becoming an unexpected pop culture icon. Explore her unique and unknown personal journey of her rise to the nations highest court.



MARCH 29 & 30
A STAR IS BORN
R, 2 HR 14 MIN

Seasoned musician Jackson Maine discovers and falls in love with struggling artist. Starring: Lady Gaga, Bradley Cooper, & Lukas Nelson

BREAKFAST OVER BACKBAY

Join us for our Breakfast Over Backbay on Saturday, March 9! At 9:00 a.m. the Recreation Staff will begin serving freshly made pancakes and waffles, sausage, hash browns, bacon, eggs, assorted fruit, toast, bagels, orange juice, and coffee! Breakfast is \$6 for adults and \$4 for children 10 & under. Sign ups will be taken at the door. Please remember: You must have your Park Newport ID to sign up!



PIZZA NIGHT

Our monthly Pizza Night will take place on Thursday, March 28! At 6:00 p.m. the Recreation Staff will begin serving a variety of pizzas: pepperoni, vegetarian, cheese, margherita, bbq chicken and hawaiian. Dinner is just \$6 for adults and \$4 for children 10 & under. It also includes salad, dessert and a beverage. Sign ups will take place at the door.



MARCH 2019

Phone Numbers

Courtesy Patrol 644-7333 Rental 644-1900
 Administration 644-7333 Tennis Shop 759-1729
 Clubhouse 644-4664 Non-Emergency Police 644-3717
 Maintenance 644-2622 Emergency 911

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WEDNESDAY 2 Movie: 7 p.m. Blackkkiansman - R						
THURSDAY 1 Movie: 2 p.m. & 7 p.m. Blackkkiansman - R						
FRIDAY 2 Hillcrest & Balboa Park 9:00 a.m. Departure Cardio Tennis 9 a.m. Yoga 9 a.m. Step 9:50 a.m. Shape & Tone 12:50 p.m.						
SATURDAY 9 Movie: 7 p.m. Green Book - PG-13 Breakfast 9:00 a.m. Main Lounge Whale Watching 11:00 a.m. Departure Cardio Tennis 9 a.m. Step 8 a.m.						
SUNDAY 3 Downtown San Clemente & Outlets 10:00 a.m. Departure						
MONDAY 4 Shuttle Service 10 a.m. - 5 p.m. Zumba 10 a.m. Sit & Fit 11 a.m. Shape & Tone 6:30 p.m. Athletic Yoga 7:15 p.m.						
TUESDAY 5 Movie: 2 p.m. & 7 p.m. The Girl in the Spiders Webb - R Blood Pressure Screen 8:30 am Stretch Yoga 11:00 a.m. 1/2 Hatha Flow Yoga 6:30 p.m.						
WEDNESDAY 6 Shuttle Service 10 a.m. - 5 p.m. Body Sculpting 9:45 a.m. Sit & Fit 10:30 a.m. Shape & Tone 6:30 p.m. Cardio Tennis 7 p.m. Athletic Yoga 7:15 p.m.						
THURSDAY 7 Resident Services Office Hours: 8:30 a.m. - 7 p.m. Stretch Yoga 11 a.m. 1/2 Hatha Flow Yoga 6:30						
FRIDAY 8 Movie: 2 p.m. & 7 p.m. Green Book - PG-13 Zumba 10 a.m. Sit & Fit 11 a.m.						
SATURDAY 9 Movie: 2 p.m. & 7 p.m. Bohemian Rhapsody - PG-13 Hermosa Beach 9:30 a.m. Departure Cardio Tennis 9 a.m.						
SUNDAY 10 Festival of Whales 9:00 a.m. Departure						
MONDAY 11 Shuttle Service 10 a.m. - 5 p.m. Zumba 10 a.m. Sit & Fit 11 a.m. Shape & Tone 6:30 p.m. Athletic Yoga 7:15 p.m.						
TUESDAY 12 Movie: 2 p.m. & 7 p.m. Year by the Sea - PG-13 Blood Pressure Screen 8:30 am Stretch Yoga 11:00 a.m. 1/2 Hatha Flow Yoga 6:30 p.m.						
WEDNESDAY 13 Shuttle Service 10 a.m. - 5 p.m. Body Sculpting 9:45 a.m. Sit & Fit 10:30 a.m. Shape & Tone 6:30 p.m. Cardio Tennis 7 p.m. Athletic Yoga 7:15 p.m.						
THURSDAY 14 Resident Services Office Hours: 8:30 a.m. - 7 p.m. Stretch Yoga 11 a.m. 1/2 Hatha Flow Yoga 6:30						
FRIDAY 15 Movie: 2 p.m. & 7 p.m. Bohemian Rhapsody - PG-13 Zumba 10 a.m. Sit & Fit 11 a.m.						
SATURDAY 16 Movie: 7 p.m. Bohemian Rhapsody - PG-13 Hermosa Beach 9:30 a.m. Departure Cardio Tennis 9 a.m.						
SUNDAY 17 Cherry Blossom Festival & Pacific City 10:00 a.m. Departure St. Patricks Day Treats 2:00 p.m. Main Lounge						
MONDAY 18 Shuttle Service 10 a.m. - 5 p.m. Zumba 10 a.m. Sit & Fit 11 a.m. Shape & Tone 6:30 p.m. Athletic Yoga 7:15 p.m.						
TUESDAY 19 Movie: 2 p.m. & 7 p.m. The Vice - R Blood Pressure Screen 8:30 am Stretch Yoga 11:00 a.m. 1/2 Hatha Flow Yoga 6:30 p.m.						
WEDNESDAY 20 Shuttle Service 10 a.m. - 5 p.m. Body Sculpting 9:45 a.m. Sit & Fit 10:30 a.m. Shape & Tone 6:30 p.m. Cardio Tennis 7 p.m. Athletic Yoga 7:15 p.m.						
THURSDAY 21 Resident Services Office Hours: 8:30 a.m. - 7 p.m. Stretch Yoga 11 a.m. 1/2 Hatha Flow Yoga 6:30						
FRIDAY 22 Movie: 2 p.m. RBG - PG Spaghetti Dinner 6:30 p.m. Main Lounge Zumba 10 a.m. Sit & Fit 11 a.m.						
SATURDAY 23 Movie: 7 p.m. RBG - PG Santa Barbara 8:00 a.m. Departure Cardio Tennis 9 a.m.						
SUNDAY 24 Santa Monica & Third Street Promenade 10:30 a.m. Departure						
MONDAY 25 Shuttle Service 10 a.m. - 5 p.m. Zumba 10 a.m. Sit & Fit 11 a.m. Shape & Tone 6:30 p.m. Athletic Yoga 7:15 p.m.						
TUESDAY 26 Movie: 2 p.m. & 7 p.m. Can You Forgive Me? - R Blood Pressure Screen 8:30 am Stretch Yoga 11:00 a.m. 1/2 Hatha Flow Yoga 6:30 p.m.						
WEDNESDAY 27 Shuttle Service 10 a.m. - 5 p.m. Body Sculpting 9:45 a.m. Sit & Fit 10:30 a.m. Shape & Tone 6:30 p.m. Cardio Tennis 7 p.m. Athletic Yoga 7:15 p.m.						
THURSDAY 28 Resident Services Office Hours: 8:30 a.m. - 7 p.m. Stretch Yoga 11 a.m. 1/2 Hatha Flow Yoga 6:30						
FRIDAY 29 Movie: 2 p.m. & 7 p.m. A Star is Born - R Pizza Night 6:00 p.m. Main Lounge Stretch Yoga 11 a.m. 1/2 Hatha Flow Yoga 6:30						
SATURDAY 30 Movie: 7 p.m. A Star is Born - R Downtown Disney 5:30 p.m. Departure						
SUNDAY 31 Carlsbad Flower Fields 9:30 a.m. Main Lounge						

TENNIS NEWS

Spring is finally here which means perfect weather and day light savings time! Take full advantage of the best of tennis season by hitting the tennis courts for some social play, private and semi/private lessons, ball machine rental, and our ever-popular Cardio Tennis clinics! These clinics are the perfect combination of point play, technique, aerobics and fun! All levels are welcome to join, and your first session is complimentary. The clinics are held every Saturday from 9-10:30 am and every Wednesday from 7-8:30 pm. And Jr clinics are held throughout the week for kids of all ages. On Friday's ages 5-6 from 4:30-5 pm, and ages 7-9 from 3:30-4:30 pm! For ages 10-12 clinics are Tuesday, Wednesday and Thursday from 5-6:30pm and for ages 12+ on Fridays from 5-6:30 pm. Please stop by the Pro Shop or call 949-290-4576 for more information.

EMPLOYEE OF THE MONTH

Sergio Vargas has been a proud member of the Gerson Bakar team for over 20 years! He has worked at several of our properties and has been an integral part of the Park Newport team. His recent promotion has new responsibilities, which Sergio has been happily meeting with alacrity. Please join us in congratulating him on a job well done!



THE GROVE & RODEO DRIVE



Join us as we visit the Grove of LA, and Rodeo Drive. The Grove is your one stop destination for the best shopping experience. With a collection of stores, ever-changing pop up shops, and mouth watering restaurants you have a little bit of everything at this shopping mall.

After, we will visit Rodeo Drive. Rodeo Drive is a two-mile-long street located in Beverly Hills and is one of the most famous streets on the globe. There are more than 100 stores, and hotels up and down the block. Transportation is \$5, and will be departing at 10:30 am., on Saturday, April 6.

CARLSBAD FLOWER FIELDS & CARLSBAD VILLAGE

The Carlsbad Flower Fields have reopened for Spring! Join us as we visit the ever-popular floral wonderland, with over 50 acres of extraordinary color and hillsides that overlook the Pacific Ocean! Some of the Flower Field's major attractions include the Tecolote Giant Ranunculus, Greenhouses filled with lovely orchids, antique tractor rides, and an American Flag made of petunias. There is also a nursery, garden and gift shop on site! Admission for the Flower Fields is \$18 for adults, and \$16 for seniors. Afterwards we will visit Carlsbad Village for an afternoon of shopping and dining. Transportation is just \$5, with departure on Sunday, March 31 at 9:30 a.m.



FITNESS CLASSES

ATHLETIC YOGA:

A vigorous, fitness-based approach to vinyasa-style yoga with an emphasis on strength and flexibility.
Mondays & Wednesdays 7:15 p.m.

SHAPE & TONE:

A combination of heavy and lighter weight resistance training, bodyweight workouts, and flexibility work to define sleek muscles.
Mondays & Wednesdays 6:30 p.m.

CARDIO TENNIS:

Geared towards fitness & conditioning, these classes meet on the tennis courts.
Wednesdays 7:00-8:30 p.m.
Saturdays 9:00-10:30 a.m.

STRETCH YOGA:

Learn basic yoga poses while building your strength and balance.
Tuesdays & Thursdays 11:00 a.m.

1/2 HATHA FLOW YOGA:

Strong steady flow from posture to posture with focus on strength, openness, stillness, awareness and breath..
Tuesdays & Thursdays 6:30 p.m.

SIT & FIT:

Light cardio & strength training performed while sitting in chairs, balanced for all skill levels.
Mondays & Fridays 11:00 a.m.
Wednesdays 10:30 a.m.

ZUMBA:

Zumba combines Latin and International music for a fun, effective workout system.
Mondays 10:00 a.m.

BODY SCULPTING:

A non-aerobic, muscle-toning class, usually focused on core strength.
Wednesdays at 9:45 a.m.