

Park Newport View

October 2020

General Manager's Comments

As a young man working in Philadelphia in the early 1990s, I sold my car, lived downtown, and came to know the city on foot, traversing its centuries old streets for miles at a time. It happens that Philadelphia is a city comprising the largest preserved tract of Colonial architecture in the world. Greater than London, New York City, Boston, Washington, D.C. and other cities of the same age and fame, America's Second Capital City (1790 – 1800) was never more beautiful than in October, when Cherry, Maple, Beech, Elm and Oak groves would blaze with a thousand shades of red, yellow, pink, and orange. Between Halloween and Thanksgiving, life in the city felt even more vivid as winter came on. There were Brownstone churches with bright red doors, and Colonial cemeteries where casualties of the American Revolution lay buried under feet of fallen leaves. Shadowy figures were framed by ghostly trees against gray skies and frosty streetlamps, no matter day or night. I distinctly remember Philadelphia's story of George Washington crossing the Delaware (River) merging with Boston's story of Paul Revere's Midnight Ride, and morphing into post-colonial tales of Headless Horsemen (Washington Irving) and talking Ravens (Edgar Allen Poe) while eerie shadows lingered on weathered buildings where Ben Franklin and Betsy Ross had lived and worked. Years later I returned to the West, and a way of living in the moment which is less about four centuries of human experience and more about living within and enjoying the planet's most desirable set of natural wonders. In Newport Beach, October means spectacular shades of red, yellow, pink, and orange on the fossilized canyon walls of the Back Bay and a deeper shade of blue to reflect our incomparable Pacific sunsets. Those sunsets cast spells of a different kind on willing participants who understand tomorrow will probably look very much like today, give or take 5 degrees. Happy Halloween!

Barcelona OntheGo Food Truck



Join us as we welcome Barcelona OntheGo Food Truck on Friday, October 2! Barcelona OntheGo is traditional Spanish recipes with a Latin influence and modern cooking techniques! Don't forget to try their OC Famous Prime Steak & Fries, chipotle shrimp tacos, or their roasted vegetable quesadilla. They will be right outside the Clubhouse from 5:00 p.m. – 8:00 p.m.

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Scooters Italian Ice Truck

Let's welcome back Scooter's Italian Ice Truck to Park Newport. Cool off with some ice cream, frozen treats, or Italian Ice on Saturday, October 17 from 1:00 p.m. – 5:00 p.m. These treats contain zero high fructose corn syrup, low calorie, gluten free, and fat free! Do you like chamoy? Then you will love The Chamoyada! The Chamoyada is 2 flavors of Italian ice layered with chamoy, tajin and served with a sweet and spicy tamarind stick. We hope to see you there!



Kala Food Truck

It's called Taco Friday, right?! Come welcome Kala Food Truck on Friday, October 16 from 5:00 p.m. – 8:00 p.m. Kala is handcrafted fresh Mexican cuisine that has numerous hand crafted dishes such as; Protein Bowls, Taco Plates, Surf' n Turf Bowl, Grilled Chicken Fajitas, or even some delicious loaded fries!



Burger Monster Food Truck



The Burger Monster Food Truck is coming to Park Newport on Friday, October 23 and will be here from 5:00 p.m. – 8:00 p.m. Come make way towards the Clubhouse to get in line to try a variety of their specialty items such as; Lycan Burger (1/3 lb., angus chuck beef patty, American cheese, caramelized onions, pickles lettuce, & signature sauce), or the Screaming Happy Burger (Citrus marinated chicken breast, mozzarella cheese, lettuce, tomato, lemon aioli, and basil pesto). We hope to see you there.

Gym Hours

Catalina Room:
Monday – Friday: 5:00 a.m. – 9:00 p.m.
Saturday & Sunday: 8:00 a.m. – 8:00 p.m.

Main Gym, Aerobics, Weight Room:
Monday – Friday: 7:00 a.m. – 9:00 p.m.
Saturday: 8:00 a.m. – 9:00 p.m.
Sunday: 8:00 a.m. – 8:00 p.m.

Pool & BBQ Hours

Monday – Saturday: 8:00 a.m. – 9:00 p.m.
Sundays: 8:00 a.m. – 8:00 p.m.

Reservations Contact:
949.644.4664
or
PNA_Fitness@gb-a.com
PNA_Pool@gb-a.com

The Cart Hot Dog Company

Join us on Sunday, October 4, and Sunday, October 18 as The Cart Hot Dog Company visits us at Park Newport! Be sure to try some of their specialty hotdogs such as; a Chicago Dog that has yellow mustard, relish, diced onions, tomatoes, pickle spear & spicy casabella peppers, a Nacho Dog that has Nacho Cheese, Jalapenos & Fritos, or even their chili dog which has chili, cheddar cheese and onions! The Cart Hot Dog Company will be here from 1:00 p.m. – 4:00 p.m.





Tri Trip Food Truck

On Friday, October 9 & Friday, October 30 we will be welcoming back the Tri-Tip Man Food Truck to our property! He will be located right by the Clubhouse from 5:00 p.m. – 8:00 p.m. Come try out his smoking sandwiches, or the Maverick melt that consist of tri-tip, bacon, cheddar cheese and BBQ sauce on cheese crusted bread. Is your mouth watering? Be sure to try out a fan favorite JW Tots/fries. JW Tots/fries is topped with their cowboy grub tri trip chili, cheese, diced tomatoes, BBQ ranch drizzle and chives garnish. We hope to see you there!



Park Newport Market: 949.644.6033
Instagram: @parknewportmarket
Park Newport Cleaners: 949.644.6113
Park Newpor Hair Salon: 949. 644.5750
Administration Office: 949.644.7333
Leasing Office: 949.644.1900
Recreation Office: 949.644.4664

Sherri's Fitness Classes

Starting Thursday, October 1 Sherri will be teaching her night classes on Tennis Court 3, and her morning classes will continue on the Basketball Court.

Monday:

8:00 a.m. – Body Sculpt
6:00 p.m. – Body Sculpt
7:00 p.m. – Yoga

Tuesday:

8:00 a.m. – Yoga
6:00 p.m. – Zumba
7:00 p.m. – Yoga

Wednesday:

8:00 a.m. – Body Sculpt
6:00 p.m. – Body Sculpt
7:00 p.m. – Yoga

Thursday:

8:00 a.m. – Yoga
6:00 p.m. – Zumba
7:00 p.m. – Yoga

NOTE: Please wear your mask while attending