

# Park Newport View

*February 2020*

## UPCOMING EVENTS

**Saturday February 1**

**PECHANGA CASINO**

10:00 a.m. Departure

**Sunday February 2**

**SUPERBOWL SUNDAY**

3:00 p.m. Main Lounge

**Saturday February 8**

**BREAKFAST**

9:00 a.m. Main Lounge

**Sunday February 9**

**OSCAR VIEWING**

3:30 p.m. Red Carpet

5:00 p.m. Oscar Ceremony

**Wednesday February 12**

**VALENTINE'S DAY CRAFT**

6:00 p.m. Bayview Room

**Thursday February 13**

**PIZZA NIGHT**

6:00 p.m. Main Lounge

**Saturday February 15**

**HOLLYWOOD & RODEO DRIVE**

10:00 a.m. Departure

**Sunday February 16**

**LA JOLLA & SEAPORT VILLAGE**

9:00 a.m. Departure

**Monday February 17**

**CLUBHOUSE HOURS:**

**9:00 A.M. - 8:00 P.M.**

**Friday February 21**

**LASAGNA DINNER**

6:30 p.m. Main Lounge

**Saturday February 22**

**GRIFFITH PARK & OBSERVATORY**

9:30 a.m. Departure

**Saturday February 29**

**DOWNTOWN DISNEY**

4:00 p.m. Departure

## *General Manager's Comments*

The great Walter Peyton said, "Remember, tomorrow is promised to no one." In other words, where life is concerned, we must make each day count. The year is off to a great start, and our goal is to provide the framework and amenities that put a smile on your face with the ingredients that make your living space a home. If you're new to Park Newport, please take advantage of our many activities (see our monthly calendar). It's my hope February brings an appetite for guacamole and a winning team for your Super Bowl Sunday on February 2nd. Along that line, the big game will be an all-day viewing event on three (3) screens at the Park Newport Clubhouse. Appetizers begin at 3:00 p.m. and kick off at 3:30 p.m. Additionally, our wonderful Recreation team is always ready to assist you with a variety of interesting excursions and opportunities to socialize. As a friendly reminder, please be courteous to your neighbors and fellow residents when using our community amenities, remembering a maximum of two guests is allowed. Guests must be accompanied by residents at all times. Thank you in advance for picking up after pets and keeping dogs on leashes at all times.

## *Pechanga Casino*

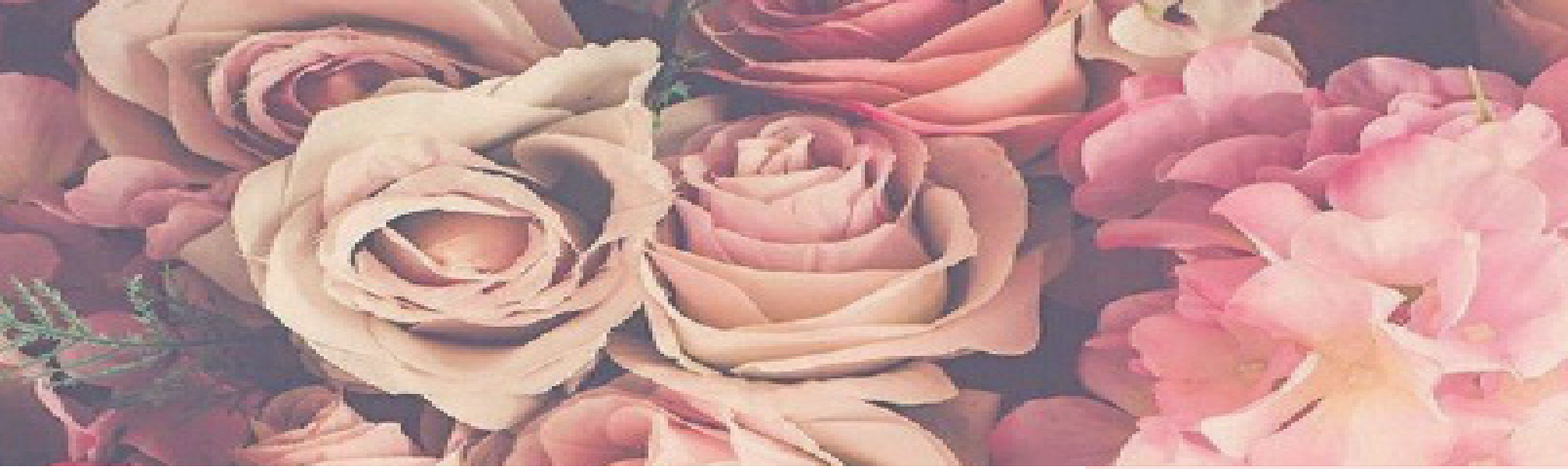
On Saturday, February 1 we will be visiting Pechanga Casino located in Temecula, California. Pechanga Casino has one of the largest casino floors, totaling 188,000 square feet! The casino features over 5,000 slot machines, 158 table games, a non-smoking poker room with 38 tables and a 700-seat bingo facility. Pechanga has multiple eateries such as The Great Oak Steakhouse, Umi Sushi & Oyster, a buffet and many other options. Transportation is \$5, and we will be departing at 10:00 a.m.



## *Lasagna Dinner*



Don't miss our Lasagna Dinner on Friday, February 21. Beginning at 6:30 p.m., the Recreation Staff will be serving meat and vegetarian lasagna, garlic bread, salad, dessert and beverages. The price is \$6.50, and children under 5 are complimentary. Sign-ups will be taken at the door, please be sure to have your Park Newport ID with you.



## ***Decade Wednesdays***

Join us in the Clubhouse Theater at 6:30 p.m. every Wednesday in February for some 2000's movies. On February 5, we will be showing Miss Congeniality, an F.B.I. Agent must go undercover in the Miss United States beauty pageant to prevent a group from bombing the event. On February 12, we will be showing Bring It On, where a champion high school cheerleading squad discovers its previous caption stole all their best routines. On February 19, we will be showing Meet the Parents, where Greg Focker meets his girlfriend's mom and suspicious father before proposing. On February 26, we will be showing Charlie's Angels, where three women, retrieve stolen voice-ID software using martial arts and tech skills.

Feb. 5



Feb. 12



Feb. 19



Feb. 26



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## ***Downtown Disney***

 ***Anaheim, CA***

Venture to the Downtown Disney District on Saturday, February 29. Experience music and an array of entertainment and dining such as Black Tap Craft Burgers & Shakes, Ballast Point Brewing Co, Disney Home, The Disney Dress Shop and more! Transportation for this trip is complimentary and departure is at 4:00 p.m.

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## ***Griffith Park & Observatory***

 ***Los Angeles, CA***

Join us on a day trip to Los Angeles as we visit Griffith Park and Observatory on Saturday, February 22! Griffith Park is one of the largest municipal parks in the United States and features activities for all ages, including the L.A. Zoo, special gardens, museums, train rides and of course, the Griffith Observatory! The Observatory, known as So Cal's gateway to the cosmos, is complete with telescopes, exhibits, a planetarium, and incredible views of L.A. and the Hollywood sign! Admission to the Observatory is free, and transportation is \$5. Departure is at 9:30 a.m.

## ***New Night Workout Classes***

We're pleased to announce brand new night workout classes this month every Monday through Thursday from 6:00 – 6:45 p.m.! On Mondays, get in your strength training and high intensity aerobic exercises during Circuit Training. On Tuesdays and Thursdays, practice your flow during Half Flow Yoga, and on Wednesdays focus on core strength during Body Sculpt. All classes are complimentary for Park Newport Residents, so be sure to come and meet us at the Aerobics Room!



## ***San Diego Botanical Garden & Downtown Encinitas***

Get inspired and reconnected to nature at the beautiful San Diego Botanic Garden. Voted as one of the "Top 10 North American Gardens Worth Traveling For" by the American Gardens Association, this 37-acre garden features four miles of scenic trails that wind through its 29 uniquely themed gardens, including rare bamboo groves, desert gardens, a tropical rainforest, California native plants, and a subtropical fruit garden. Admission at the door is \$18 for adults, \$12 seniors and military, \$10 for ages 3-17, and children under 2 are free. Our next stop will be the quaint downtown Encinitas, an exceptional beach town with beautiful, expansive beaches, charming cafes, retro coffee shops, decadent bakeries, and award-winning restaurants. We will be departing at 9:00 a.m. on Saturday, March 14. Transportation is \$5.

# February 2020

## La Jolla & Seaport Village



Spend the day visiting little cities on Sunday, February 16. La Jolla is a seaside community known for its sweeping ocean views, posh boutiques, cafes, cultural activities and shops. Our next stop is Seaport Village, which is a waterfront shopping and dining complex that has more than 70 shops, galleries, and restaurants. We will be departing at 9:00 a.m., and transportation is \$5.

## Santa Monica

Spend the day with your friends or family in Santa Monica on Sunday, March 8. Santa Monica is a beachfront city in Los Angeles that features breathtaking beaches, downtown shopping centers, and art galleries. Some of the more popular tourist attractions are the Santa Monica Pier, Pacific Palisades, and Third Street Promenade. Departure is at 9:30 a.m. and transportation is just \$5. Sign up today!



## Cookie Craft



Give your loved ones something sweet by joining us at the Taste of Love cookie craft event on Wednesday, February 12 at 6:00 p.m. We will be decorating cookies with frosting, edible markers, sprinkles, and edible confetti. This event is complimentary!! We hope to see you there.

## Monday, February 17 Clubhouse & Fitness Center Hours

Monday, February 17 the Clubhouse & Fitness Center will be open from 9:00 a.m. – 8:00 p.m.



## Oscar Viewing



Come watch the 92nd Academy Awards ceremony presented by the Academy of Motion Picture Arts and Sciences on Sunday; February 9 in the Theater located in the Clubhouse. We will be providing some light refreshments while you enjoy the show. The red carpet starts at 3:30 p.m., while the show starts at 5:00 p.m.

# Park Newport View



## February Movies - Park Newport Theater -



Feb. 1

### Maleficent: Mistress of Evil (PG) 1 HR 59 MIN



Maleficent and her goddaughter Aurora begin to question the complex family ties that bind them as they are pulled in different directions.  
Starring: Angelina Jolie, Elle Fanning, Harris Dickinson

Feb. 7, 8

### Marriage Story (PG-13) 2 HR 17 MIN



Noah Baumbach's incisive and compassionate look at a marriage breaking up and a family staying together.  
Starring: Adam Driver, Scarlett Johansson, Julia Greer

Feb. 4

### The Farewell (PG) 1 HR 40 MIN



A Chinese family discovers their grandmother has only a short while left to live and decide to keep her in the dark, scheduling a fake wedding to gather before she dies.  
Starring: Shuzhen Zhao, Awkwafina, X Mayo

Feb. 14, 15

### Ford V Ferrari (PG-13) 2 HR 32 MIN



American car designer Carroll Shelby and driver Ken Miles battle corporate interference.  
Starring: Matt Damon, Christian Bale, Jon Bernthal

Feb. 11

### A Beautiful Day in the Neighborhood (PG) 1 HR 49 MIN



Based on the true story of a real-life friendship between Fred Rogers and journalist Tom Junod.  
Starring: Tom Hanks, Matthew Rhys, Chris Cooper

Feb. 21, 22

### JoJo Rabbit (PG-13) 1 HR 48 MIN



A young boy in Hitler's army finds out his mother is hiding a Jewish girl in their home.  
Starring: Roman Griffin Davis, Thomasin McKenzie, Scarlett Johansson

Feb. 18

### Playing with Fire (PG) 1 HR 36 MIN



A crew of rugged firefighters meet their match when attempting to rescue three rambunctious kids.  
Starring: John Cena, Keegan-Michael Kay, John Leguizamo

Feb. 28, 29

### 21 Bridges (R) 1 HR 39 MIN



An embattled NYPD detective is thrust into a citywide manhunt for a pair of cop killers after uncovering a massive unexpected conspiracy.  
Starring: Chadwick Boseman, Sienna Miller, J.K. Simmons

Feb. 25

### Parasite (R) 2 HR 12 MIN



All unemployed, Ki-taek and his family take peculiar interest in the wealthy and glamorous Parks, as they ingratiate into their lives and get entangled in an unexpected incident.  
Starring: Kang-ho Song, Sun-kyun Lee, Yejo-jeong Jo

## WEEKLY MOVIE SCHEDULE

TUESDAYS	2:00 p.m. & 7:00 p.m.
FRIDAYS	2:00 p.m. & 7:00 p.m.
SATURDAYS	7:00 p.m.

## Breakfast Over Back Bay

### 📍 Main Lounge

Join us for our monthly Breakfast Over Back Bay on Saturday, February 8 in the Main Lounge at 9:00 a.m. We will be serving freshly made pancakes, waffles, scrambled eggs, bacon, sausage, hash-browns, fresh fruit, bagels, and juice! Breakfast is \$6.50 and complimentary for children 5 and under. Sign-ups will be taken at the door; please remember to bring your Park Newport ID.



## Pizza Night

### 📍 Main Lounge

Invite your friends and family to our monthly pizza night on Thursday, February 13 at 6:00 p.m. The Recreation Staff will be serving pizza, salad, dessert and beverages. Pizza options include Vegetarian, Cheese, Pepperoni, Hawaiian, BBQ Chicken and Margherita. Dinner is just \$7 and complimentary for children 5 and under. Sign-ups will be taken at the door; please bring your Park Newport ID.



# February 2020

## Tennis News

Thank you to all our wonderful residents who kicked off 2020 with a bang at the tennis courts! Cardio clinics have had great attendance and the courts have been busier than ever! Let's keep it going this month with cardio sessions every Saturday from 9:00 a.m. - 10:30 a.m. and every Wednesday from 7:00 p.m. - 8:30 p.m. Our junior players (6 and under) will have clinics on Fridays from 3:30 p.m. - 4:00 p.m. For ages 7-9, clinics will run from 4:00 p.m. - 5:00 p.m. Please remember that the tennis courts are for tennis use only skateboarding, biking, and all other sports are prohibited on the courts. Finally, please remember that all guests must always be accompanied by their resident host on the tennis courts.

## Super Bowl Sunday

On Sunday, February 2 the Recreation Staff will be hosting Park Newport's Super Bowl Viewing Party! You bring the drinks and we will provide the food. The game will be shown in the Theater as well as in the Library and Bayview Room. Kick-off is at 3:30 p.m. and the Recreation Staff will begin serving food in the Main Lounge at 3:00 p.m. This annual event is complimentary for all Park Newport Residents!

## Employee of the Month



Congratulations to our Employee of the Month Wade Cooper. He has been with the company for the past two years as the Shuttle Driver. Wade earned this award for his outstanding driving, safety and detail-oriented skills. From time to time you will also see Wade assisting with special events and working in the office. His dedication and willingness to provide exemplary customer service with a smile is exceptional. Prior to Park Newport, he worked as an Engineer for nearly 34 years in occupational safety and health. In his spare time, Wade enjoys playing bridge and spending time with family and friends. Please join us in congratulating him on this award.

## Hollywood & Rodeo Drive

Accompany us as we visit Hollywood & Rodeo Drive. Hollywood is known to be the home of the U.S. film industry, Hollywood Walk of Fame, and Dolby Theatre. After visiting Hollywood, we will be shopping our way through Rodeo Drive. Rodeo Drive is a two-mile-long street with more than 100 world renowned stores and hotels. Transportation is \$5, and we will be departing at 10:00 a.m. on Saturday, February 15.



## Fitness Classes

**CARDIO TENNIS**  
**WED @ 7 p.m. & SAT @ 9 a.m.**  
Geared towards fitness & conditioning at the tennis courts.

**STRETCH YOGA**  
**TUE & THU @ 11 a.m.**  
Learn basic yoga poses while building your strength and balance.

**HATHA FLOW YOGA**  
**TUE & THU @ 6:00 p.m.**  
Strong, steady flow from posture to posture with focus on strength, openness, awareness and breath.

**SIT & FIT**  
**MON & FRI @ 11 a.m.**  
**WED @ 10:30 a.m.**  
Light cardio and strength training performed while sitting in chairs, balanced for all skill levels.

**ZUMBA**  
**MON @ 10:00 a.m.**  
Zumba combines Latin and international music for a fun, effective workout system.

**CIRCUIT TRAINING**  
**MON @ 6:00 p.m.**  
A fast paced body conditioning workout method that combines several strength training and high intensity aerobic exercises.

**BODY SCULPTING**  
**WED @ 9:45 a.m. & 6:00 p.m.**  
A non-aerobic, muscle-toning class focused on core strength.

# February 2020

## Phone Numbers

Courtesy Patrol 644-7333 Rental 644-1900  
 Administration 644-7333 Tennis Shop 759-1729  
 Clubhouse 644-4664 Non-Emergency Police 644-3717  
 Maintenance 644-2622 Emergency 911

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>FITNESS CENTER HOURS</b> Mon-Fri: 5 a.m. - 10 p.m. Saturday: 8 a.m. - 10 p.m. Sunday: 8 a.m. - 8 p.m.						<b>1</b> Movie: 7 p.m. Maleficent: Mistress of Evil  Pechanga 10:00 a.m. Departure  Cardio Tennis 9 a.m.
Super Bowl Serving: 3:00 p.m. Kickoff Starts: 3:30 p.m.	<b>2</b> Shuttle Service 10 a.m. - 5 p.m.  Zumba 10 a.m. Sit & Fit 11 a.m. Circuit 6 p.m.	<b>3</b> Movie: 2 p.m. & 7 p.m. The Farewell  Blood Pressure Screen 8:30 a.m. Stretch Yoga 11 a.m. Hatha Flow Yoga 6 p.m.	<b>4</b> Shuttle Service 10 a.m. - 5 p.m.  Body Sculpting 9:45 a.m. Sit & Fit 10:30 a.m. Body Sculpt 6 p.m. Cardio Tennis 7 p.m.	<b>5</b> Shuttle Service 10 a.m. - 5 p.m.  Resident Services Office Hours: 8:30 a.m. - 7 p.m.	<b>6</b> Movie: 2 p.m. & 7 p.m. Marriage Story  Zumba 10 a.m. Sit & Fit 11 a.m.	<b>7</b> Movie: 7 p.m. Marriage Story  Breakfast 9:00 a.m. Main Lounge  Cardio Tennis 9 a.m.
Oscar Viewing Red Carpet Starts: 3:30 p.m. Nominees: 5:00 p.m.	<b>9</b> Shuttle Service 10 a.m. - 5 p.m.  Zumba 10 a.m. Sit & Fit 11 a.m. Circuit 6 p.m.	<b>10</b> Movie: 2 p.m. & 7 p.m. A Beautiful Day in the Neighborhood  Blood Pressure Screen 8:30 a.m. Stretch Yoga 11 a.m. Hatha Flow Yoga 6 p.m.	<b>11</b> Shuttle Service 10 a.m. - 5 p.m.  Valentine's Day Craft 6:00 p.m. Bayview Room  Body Sculpting 9:45 a.m. Sit & Fit 10:30 a.m. Body Sculpt 6 p.m. Cardio Tennis 7 p.m.	<b>12</b> Shuttle Service 10 a.m. - 5 p.m.  Resident Services Office Hours: 8:30 a.m. - 7 p.m.	<b>13</b> Movie: 2 p.m. & 7 p.m. Ford Vs Ferrari  Pizza Night 6:00 p.m. Main Lounge  Zumba 10 a.m. Sit & Fit 11 a.m.	<b>14</b> Movie: 7 p.m. Ford Vs Ferrari  Hollywood & Rodeo Drive 10:00 a.m. Departure  Cardio Tennis 9 a.m.
<b>16</b> La Jolla & Seaport Village 9:00 a.m. Departure	<b>17</b> Shuttle Service 10 a.m. - 5 p.m.  CLUBHOUSE HOURS 9:00 a.m. - 8:00 p.m.	<b>18</b> Movie: 2 p.m. & 7 p.m. Playing with Fire  Blood Pressure Screen 8:30 a.m. Stretch Yoga 11 a.m. Hatha Flow Yoga 6 p.m.	<b>19</b> Shuttle Service 10 a.m. - 5 p.m.  Resident Services Office Hours: 8:30 a.m. - 7 p.m.	<b>20</b> Movie: 2 p.m. JoJo Rabbit  Lasagna Dinner 6:30 p.m. Main Lounge  Zumba 10 a.m. Sit & Fit 11 a.m.	<b>21</b> Movie: 7 p.m. JoJo Rabbit  Griffith Park & Observatory 9:30 a.m. Departure  Cardio Tennis 9 a.m.	<b>22</b> Movie: 7 p.m. JoJo Rabbit  Cardio Tennis 9 a.m.
<b>23</b>	<b>24</b> Shuttle Service 10 a.m. - 5 p.m.  Zumba 10 a.m. Sit & Fit 11 a.m. Circuit 6 p.m.	<b>25</b> Movie: 2 p.m. & 7 p.m. Parasite  Blood Pressure Screen 8:30 a.m. Stretch Yoga 11 a.m. Hatha Flow Yoga 6 p.m.	<b>26</b> Shuttle Service 10 a.m. - 5 p.m.  Body Sculpting 9:45 a.m. Sit & Fit 10:30 a.m. Body Sculpt 6 p.m. Cardio Tennis 7 p.m.	<b>27</b> Resident Services Office Hours: 8:30 a.m. - 7 p.m.	<b>28</b> Movie: 2 p.m. & 7 p.m. 21 Bridges  Zumba 10 a.m. Sit & Fit 11 a.m.	<b>29</b> Movie: 7 p.m. 21 Bridges  Downtown Disney 4:00 p.m. Departure  Cardio Tennis 9 a.m.