

# Park Newport View

January 2020

## UPCOMING EVENTS

Wednesday January 1  
**CLUBHOUSE & FITNESS  
CENTER CLOSE AT 7:00 P.M.**

Thursday January 2  
**POST PARADE OF FLOATS  
9:00 A.M. DEPARTURE**

Saturday January 4  
**SANTA MONICA  
10:00 A.M. DEPARTURE**

Wednesday January 8  
**MUG CRAFT NIGHT  
6:00 P.M. BAYVIEW ROOM**

Friday January 10  
**COUSINS MAINE LOBSTER  
5:00 P.M.- 8:00 P.M. CLUBHOUSE**

Saturday January 11  
**ANAHEIM PACKING  
DISTRICT  
4:30 P.M. DEPARTURE**

Saturday January 11  
**BREAKFAST  
9:00 A.M. MAIN LOUNGE**

Thursday January 16  
**PIZZA NIGHT  
6:00 P.M. MAIN LOUNGE**

Sunday January 19  
**LITTLE ITALY & GASLAMP  
9:00 A.M. DEPARTURE**

Wednesday January 22  
**CALMING JAR CRAFT  
6:00 P.M. BAYVIEW ROOM**

Friday January 24  
**TACO NIGHT  
6:30 P.M. MAIN LOUNGE**

Saturday January 25  
**SANTA BARBARA  
8:00 A.M. DEPARTURE**

Sunday January 26  
**RIVERSIDE LUNAR FESTIVAL  
9:00 A.M. DEPARTURE**

## General Manager's Comments

With the dawn of a new year, if only figuratively, comes a clean slate and perhaps the resolve to do things differently. There will be change, of course. Winston Churchill said, "To improve is to change; to be perfect is to change often" So, as we begin this new journey of twelve months' time, let us remember the possibilities of a new year. To that end, your Park Newport staff is committed to making your home environment more inviting, with outstanding service, world-class amenities, and a spectrum of activities for everyone. Thank you for your loyalty and pride in our community. Please keep in mind the following housekeeping items: Holiday lights and decorations must be removed from windows and patios no later than January 15th. Likewise, we ask your assistance in the disposal of holiday trees in designated containers only. Park Newport will be happy to dispose of your tree when you call us to have your tree picked up by our staff, who will bag it and place it in the designated recycle dumpster. You will also find a tree bin between 1840 and 2200 buildings (a.k.a. buildings 5 and 6) expressly for discarded trees. You may notify us for pick-up via email or by phone. Simply send your apartment number, along with the date of pick-up, to pnafacilities@gb-a.com and we will place you on the list for pick-up. Our phone # is (949) 644-2622. Please do not leave trees in trash rooms or outdoor trash enclosures. Thank you in advance for your assistance with this matter. Your business is always appreciated. Happy New Year!

## Manifestation Mug Craft Night

Attend Park Newport's craft night on Wednesday, January 8 as we head into the New Year making Manifestation Mugs. Everyone gets to decorate and design their own mug with their New Year's Resolution or goals you want to pursue for the upcoming year. This event is only \$3, so be sure to visit the Clubhouse and sign up for this craft! Spots will go fast. There will be refreshments for all those who attend. We hope to see you at 6:00 p.m. in the Bayview Room.



## Cousins Maine Lobster Food Truck



On Friday, January 10, we welcome the Cousins Maine Lobster food truck back to our property! Cousins Maine Lobster will be here from 5:00 p.m. - 8:00 p.m. in front of the Clubhouse. Featured menu items include: lobster rolls, lobster tail & tots, lobster grilled cheese, New England clam chowder, lobster tacos, lobster quesadilla, and lobster bisque. For anyone with a sweet tooth, they even have whoopie pies for dessert! We hope to see you there!



## *Employee of the Year*



Sergio Vargas has been elected the Park Newport Employee of the Year. Sergio has been with us over 25 years and has recently been promoted to Senior Mechanic. Although he sometimes operates behind the scenes, his work is instrumental in making sure that overall service is kept at a very high level. When not working at Park Newport, Sergio enjoys spending time with his family, enjoying all the wonderful things Southern California has to offer. If you see Sergio around property, be sure to congratulate him on a job well done!

## *Anaheim Packing District*

Please join us as we are going to the Anaheim Packing District on Saturday, January 11 at 4:30 p.m. The Anaheim Packing District has over 40 unique food and beverage experiences such as; The Blind Rabbit, Mini Monster, The Kroft, Urbana and so much more! Transportation is complimentary, so be sure to sign up before all the spaces fill up.



📍 *Temecula, CA*

## *Pechanga Casino*

On Saturday, February 1 we will be visiting Pechanga Casino located in Temecula, California. Pechanga Casino has one of the largest casino floors totaling 188,000 square feet! The casino features over 5,000 slot machines, 158 table games, a non-smoking poker room with 38 tables and a 700-seat bingo facility. Pechanga has multiple eateries such as; The Great Oak Steakhouse, Umi Sushi & Oyster, a buffet and many other options. Transportation is \$5, and we will be departing at 10:00 a.m.

📍 *Santa Barbara, CA*

## *Santa Barbara*

Take a trip to Santa Barbara on Saturday, January 25. Santa Barbara is known for the golden hillsides that cascade into the sparkling seas, the red tile roofs that give way to abundantly sunny skies, and the wine country and lush gardens that welcome you to the quaint downtown enclaves. There are so many things to explore: outdoor activities, seafood restaurants, boutiques, the historic theatre and more! Transportation is \$5 and departure is at 8:00 a.m. Be sure to sign up at the Clubhouse to reserve your spot today!

## *Santa Monica*

Spend the day with your friends or family in Santa Monica on Saturday, January 4. Santa Monica is a beachfront city in Los Angeles that features breathtaking beaches, downtown shopping centers, and art galleries. Some of the more popular tourist attractions are the Santa Monica Pier, Pacific Palisades, and Third Street Promenade. Departure is at 10:00 a.m. and transportation is just \$5. Sign up today!



# January 2020



## Calming Jar Craft



Join us on Wednesday, January 22 at 6:00 p.m. for another fun craft night! We will be creating calming jars which are meant to relieve stress. The craft materials that we will be using consist of mason jars, glitter glue, glitter, confetti and other craft materials. This event is \$5 and is due upon sign up. Spaces are limited, so be sure to sign up.

## Superbowl Sunday

On Sunday, February 2 the Recreation Staff will be hosting Park Newport's Super Bowl Viewing Party! You bring the drinks and we will provide the food. The game will be shown in the Theater as well as in the Library and Bayview Room. Kick off is at 3:30 p.m. and the Recreation Staff will begin serving food in the Main Lounge at 3:00 p.m. This annual event is complimentary for all Park Newport Residents!



## Taco Night



Come join us on Friday, January 24 for our ever-so-popular Taco Night! Starting at 6:30 p.m. in the Main Lounge, the Recreation Staff will be serving your choice of chicken or beef tacos with all the fixings: beans, rice, chips with guacamole, dessert and a beverage. Dinner is \$7 for adults and complimentary for children 5 and under. Please bring your Park Newport ID with you to sign up.

## National College Football Championship

On Monday, January 13 at 5:30 p.m. we will be showing the National College Football Championship game in the Park Newport Theater. The Recreation Staff will be serving complimentary hotdogs and chips to all those who attend. Who will be our next champion in the NCAA Division?? Join us and find out!



## Post Parade of Floats



Accompany us to Pasadena on Thursday, January 2 to attend the Post Parade of Floats! The showcase of floats takes place after the Rose Parade and gives attendees a chance to walk within feet of these magnificent floral and animated masterpieces. You'll have the opportunity to observe the workmanship of each entry, as well as ask questions and learn about the float process from tournament volunteers. There is a \$5 transportation fee, and a \$20 admission fee at the door. Departure is at 9:00 a.m.

 Pasadena, CA

# Park Newport View

## January Movies - Park Newport Theater -



Jan. 7

**Ad Astra (PG-13)**  
2 HR 3 MIN

Astronaut Roy McBride undertakes a mission across an unforgiving solar system to uncover the truth about his missing father.

Starring: Brad Pitt, Tommy Lee Jones, Ruth Negga



Jan. 3, 4

**Gemini Man (PG-13)**  
1 HR 57 MIN

An over-the-hill hitman faces off against a younger clone of himself.

Starring: Will Smith, Mary Elizabeth Winstead, Clive Owen



Jan. 14

**El Camino: A Breaking Bad Movie (NR)**  
2 HR 2 MIN

El Camino: A Breaking Bad Movie follows fugitive Jesse Pinkman as he runs from his captors, the law and his past.

Starring: Aaron Paul, Jonathan Banks, Matt Jones

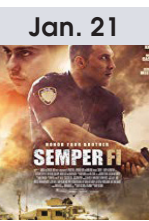


Jan. 10, 11

**Zombieland: Double Tap (R)**  
1 HR 39 MIN

Columbus, Tallahassee, Wichita, and Little Rock move to the American heartland as they face off against evolved zombies.

Starring: Woody Harrelson, Jesse Eisenberg, Emma Stone

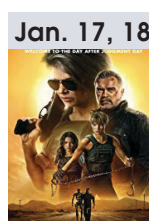


Jan. 21

**Semper Fi (R)**  
1 HR 39 MIN

A police officer who serves in the Marine Corps Reserves is faced with an ethical dilemma when it comes to helping his brother in prison.

Starring: Leighton Meester, Jai Courtney, Finn Wittrock



Jan. 17, 18

**Terminator: Dark Fate (R)**  
2 HR 8 MIN

An augmented human and Sarah Connor must stop an advanced liquid Terminator from hunting down a young girl whose fate is critical to the human race.

Starring: Linda Hamilton, Arnold Schwarzenegger, Mackenzie Davis

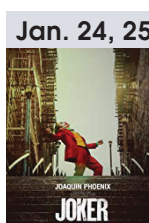


Jan. 28

**Brittany Runs a Marathon (R)**  
1 HR 44 MIN

A young woman decides to make positive changes in her life by training for the New York City Marathon.

Starring: Jillian Bell, Jennifer Dundas, Patch Darragh



Jan. 24, 25

**Joker (R)**  
2 HR 2 MIN

In Gotham City, mentally troubled comedian Arthur Fleck is disregarded and mistreated by society. He then embarks on a downward spiral of revolution and crime.

Starring: Joaquin Phoenix, Robert De Niro, Zazie Beetz

## WEEKLY MOVIE SCHEDULE

TUESDAYS	2:00 p.m. & 7:00 p.m.
FRIDAYS	2:00 p.m. & 7:00 p.m.
SATURDAYS	7:00 p.m.



Jan. 31

**Maleficent: Mistress of Evil (PG)**  
1 HR 59 MIN

Maleficent and her goddaughter Aurora begin to question the complex family ties that bind them as they are pulled in different directions.

Starring: Angelina Jolie, Elle Fanning, Harris Dickinson

## Breakfast Over Back Bay

### Main Lounge

Join us for our monthly Breakfast Over Back Bay on Saturday, January 11 in the Main Lounge at 9:00 a.m. We will be serving freshly made pancakes, waffles, scrambled eggs, bacon, sausage, hash-browns, fresh fruit, bagels, and juice! Breakfast is \$6.50 and complimentary for children 5 and under. Sign-ups will be taken at the door; please remember to bring your Park Newport ID.



## Pizza Night

### Main Lounge

Invite your friends and family to our monthly pizza night on Thursday, January 16 At 6:00 p.m. the Recreation Staff will be serving pizza, salad, dessert and beverages. Pizza options include Vegetarian, Cheese, Pepperoni, Hawaiian, BBQ Chicken and Margherita. Dinner is just \$6.50 and complimentary for children 5 and under. Sign-ups will be taken at the door; please bring your Park Newport ID.



# January 2020

## Tennis News

Happy New Year from your friends at the Pro Shop! We hope you all thoroughly enjoyed the holidays. If one of your New Year's resolutions is to improve your health and/or work off some of the holiday indulgence, please come out and join us for cardio tennis. Your first session is complimentary, and subsequent sessions are \$20 each (or \$150 for a 10-session package). These clinics are the perfect combination of cardiovascular activity, point play, and technical skills-plus they're lots of fun. Clinics are every Wednesday 7:00 to 8:30 p.m. and every Saturday 9:00 to 10:30 a.m. We're also continuing our Jr. clinics; stop by the Pro Shop for more information! Finally, please remember that the tennis courts are for tennis use only.

## Riverside Lunar Festival

Come celebrate the year of the Rat in Downtown Riverside with food, shopping, and cultural performances on Sunday, January 26 at 9:00 a.m. The Riverside Lunar Festival will host over 100 food and merchandise vendors, live performances, and fun Lunar surprises. There will be Lion Dancers, a Chinese instrument orchestra, and Shaolin Kung Fu! Admission is complimentary and transportation is \$5.

## Employee of the Month



Congratulations to our employee of the month, Allison Chapman! Allison has been an integral part of the Recreation Department for over four years. She began working as a Recreation Leader and was quickly recognized for her hard work, which led her to a promotion as an Assistant Recreation Director. In her free time, Allison loves to spend her weekends hiking, going to the gym, and spending time with her adorable French Bulldog. Be sure to stop by the Clubhouse front desk to congratulate her!

## Little Italy & Gaslamp District

Aboard the Shuttle as we visit Little Italy and the Gaslamp District on Sunday, January 19 at 9:00 a.m. Little Italy is a chic neighborhood packed with trendy restaurants, and shops. Next, we will be visiting the Gaslamp District. The Gaslamp District will be having an artisan market, where more than 30 local artisans offer homemade local products. Spend a day trying new foods all while enjoying the live musical acts that will be performing throughout the day. Transportation is \$5 and is due upon sign up.

San Diego, CA



## Fitness Classes

### ATHLETIC YOGA

**MON & WED @ 7:15 p.m.**

A vigorous fitness-based approach to vinyasa-style yoga with an emphasis on strength and flexibility.

### SHAPE & TONE

**MON & WED @ 6:30 p.m.**

A combination of heavy and lighter weight resistance training, body weight workouts and muscle definition.

### CARDIO TENNIS

**WED @ 7 p.m. & SAT @ 9 a.m.**

Geared towards fitness & conditioning at the tennis courts.

### STRETCH YOGA

**TUE & THU @ 11 a.m.**

Learn basic yoga poses while building your strength and balance.

### 1/2 HATHA FLOW YOGA

**TUE & THU @ 6:30 p.m.**

Strong, steady flow from posture to posture with focus on strength, openness, awareness and breath.

### SIT & FIT

**MON & FRI @ 11 a.m.**

**WED @ 10:30 a.m.**

Light cardio and strength training performed while sitting in chairs, balanced for all skill levels.

### ZUMBA

**MON @ 10:00 a.m.**

Zumba combines Latin and international music for a fun, effective workout system.

### BODY SCULPTING

**WED @ 9:45 a.m.**

A non-aerobic, muscle-toning class, focused on core strength.

# January 2020

## Phone Numbers

Courtesy Patrol 644-7333 Rental 644-1900  
 Administration 644-7333 Tennis Shop 759-1729  
 Clubhouse 644-4664 Non-Emergency Police 644-3717  
 Maintenance 644-2622 Emergency 911

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>FITNESS CENTER HOURS</b> Mon-Fri: 5 a.m. - 10 p.m. Saturday: 8 a.m. - 10 p.m. Sunday: 8 a.m. - 8 p.m.			<b>1</b> <b>CLUBHOUSE &amp; FITNESS CENTER HOURS:</b> 10:00 A.M. - 7:00 P.M.	<b>2</b> Resident Services Office Hours: 8:30 a.m. - 7 p.m.  <b>Post Parade of Floats</b> 9:00 a.m. Departure  Stretch Yoga 11 a.m. 1/2 Hatha Flow Yoga 6:30 p.m.	<b>3</b> Movie: 2 p.m. & 7 p.m. Gemini Man	<b>4</b> Movie: 7 p.m. Gemini Man  <b>Santa Monica</b> 10:00 a.m. Departure  Cardio Tennis 9 a.m.
<b>5</b>	<b>6</b> Shuttle Service 10 a.m. - 5 p.m.  Zumba 10 a.m. Sit & Fit 11 a.m. Shape & Tone 6:30 p.m. Athletic Yoga 7:15 p.m.	<b>7</b> Movie: 2 p.m. & 7 p.m. Ad Astra  Blood Pressure Screen 8:30 a.m. Stretch Yoga 11:00 a.m. 1/2 Hatha Flow Yoga 6:30 p.m.	<b>8</b> Shuttle Service 10 a.m. - 5 p.m.  <b>Mug Craft</b> 6:00 p.m. Bayview Room  Body Sculpting 9:45 a.m. Sit & Fit 10:30 a.m. Shape & Tone 6:30 p.m. Cardio Tennis 7 p.m. Athletic Yoga 7:15 p.m.	<b>9</b> Resident Services Office Hours: 8:30 a.m. - 7 p.m.  Stretch Yoga 11 a.m. 1/2 Hatha Flow Yoga 6:30 p.m.	<b>10</b> Movie: 2 p.m. & 7 p.m. Zombieland: Double Tap  <b>Cousins Maine Lobster</b> 5:00 p.m. - 8:00 p.m. Outside the Clubhouse  Zumba 10 a.m. Sit & Fit 11 a.m.	<b>11</b> Movie: 7 p.m. Zombieland: Double Tap  <b>Breakfast</b> 9:00 a.m. Main Lounge  <b>Anaheim Packing District</b> 4:30 p.m. Departure  Cardio Tennis 9 a.m.
<b>12</b>	<b>13</b> Shuttle Service 10 a.m. - 5 p.m.  <b>National Championship Football NCA</b> 5:00 p.m.  Zumba 10 a.m. Sit & Fit 11 a.m. Shape & Tone 6:30 p.m. Athletic Yoga 7:15 p.m.	<b>14</b> Movie: 2 p.m. & 7 p.m. El Camino: A Breaking Bad Movie  Blood Pressure Screen 8:30 a.m. Stretch Yoga 11:00 a.m. 1/2 Hatha Flow Yoga 6:30 p.m.	<b>15</b> Shuttle Service 10 a.m. - 5 p.m.  Body Sculpting 9:45 a.m. Sit & Fit 10:30 a.m. Shape & Tone 6:30 p.m. Cardio Tennis 7 p.m. Athletic Yoga 7:15 p.m.	<b>16</b> Resident Services Office Hours: 8:30 a.m. - 7 p.m.  <b>Pizza Night</b> 6:00 p.m. Main Lounge  Stretch Yoga 11 a.m. 1/2 Hatha Flow Yoga 6:30 p.m.	<b>17</b> Movie: 2 p.m. & 7 p.m. Terminator: Dark Fate	<b>18</b> Movie: 7 p.m. Terminator: Dark Fate
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<b>Little Italy &amp; Gaslamp District</b> 9:00 a.m. Departure	<b>27</b> Shuttle Service 10 a.m. - 5 p.m.  Zumba 10 a.m. Sit & Fit 11 a.m. Shape & Tone 6:30 p.m. Athletic Yoga 7:15 p.m.	<b>28</b> Movie: 2 p.m. & 7 p.m. Brittany Runs a Marathon  Blood Pressure Screen 8:30 a.m. Stretch Yoga 11:00 a.m. 1/2 Hatha Flow Yoga 6:30 p.m.	<b>29</b> Shuttle Service 10 a.m. - 5 p.m.  Body Sculpting 9:45 a.m. Sit & Fit 10:30 a.m. Shape & Tone 6:30 p.m. Cardio Tennis 7 p.m. Athletic Yoga 7:15 p.m.	<b>30</b> Resident Services Office Hours: 8:30 a.m. - 7 p.m.  Stretch Yoga 11 a.m. 1/2 Hatha Flow Yoga 6:30 p.m.	<b>31</b> Movie: 2 p.m. & 7 p.m. Maleficent: Mistress of Evil  Zumba 10 a.m. Sit & Fit 11 a.m.	<b>Santa Barbara</b> 8:00 a.m. Departure  Cardio Tennis 9 a.m.
<b>Riverside Lunar Festival</b> 9:00 a.m. Departure	<b>26</b>					