

Park Newport View

July 2019

UPCOMING EVENTS

SATURDAY JULY 6

GASLAMP & SEAPORT VILLAGE

9:00 A.M. DEPARTURE

SUNDAY JULY 7

BOWERS MUSEUM

10:30 A.M. DEPARTURE

FRIDAY JULY 12

STEAK & SALMON

6:30 P.M. MAIN POOL

SATURDAY JULY 13

RONALD REAGAN LIBRARY

9:00 A.M. DEPARTURE

SUNDAY JULY 14

GERMAN HERITAGE DAY

1:30 P.M. DEPARTURE

THURSDAY JULY 18

PHANTOM OF THE OPERA

6:00 P.M. DEPARTURE

FRIDAY JULY 19

FAMILY MOVIE NIGHT

8:00 P.M. SHOWTIME

SATURDAY JULY 20

VENICE & SANTA MONICA

10:00 A.M. DEPARTURE

SUNDAY JULY 21

OCEAN FESTIVAL

9:30 A.M. DEPARTURE

FRIDAY JULY 26

ANGELS VS ORIOLES

5:00 P.M. DEPARTURE

SATURDAY JULY 27

SANTA BARBARA

8:00 A.M. DEPARTURE

SUNDAY JULY 28

LB DRAGON BOAT FESTIVAL

9:30 A.M. DEPARTURE

**THE CLUBHOUSE & GYM WILL BE
CLOSED ON THE 4TH OF JULY.**

General Manager's Comments

Growing up on a ranch in a county with one stoplight, I thought often of beaches and balmy evenings such as the ones we enjoy in Newport Beach. So, it was no accident I arrived here at the age of 22 by way of Montana, the Southern Cascades, and Texas in a '62 bug with a surfboard and a piece of drift wood for a front bumper. Let's just say an unplanned vehicle malfunction in the low plains called for a change of plans, and I had to leave the VW in a barn next to a train station as winter came on. I hadn't yet figured out how I would reach my ultimate destination—Newport Beach—but I had \$65 in my wallet, the wind at my back, and kindness of strangers in great supply. Oh, and a surfboard. After a \$60-dollar bus fare for transportation between Deming, NM and Santa Ana, CA, I had just about a dollar left in my pocket by the time I saw the blue Pacific stretching out beyond the intersection of PCH and Superior. It was a time when I thought anything was possible and all my young ambition came down to two miles of sand between Newport Pier and The Wedge. I took a few odd jobs that led me to work in the apartment business and the crazy good luck to live 15 of the past 30 years in Newport Beach. Maybe you feel as I do that Park Newport's iconic location is simply the best in the city—the kind of place you could settle into, stay awhile, dream big, and live a little. Along that line, please join us for our July 4th BBQ between 11:00 a.m. and 5:00 p.m. Starting July 7th, there will be Poolside BBQs from 1:00 p.m. to 5:00 p.m. every Sunday through Labor Day. Don't miss our legendary Steak and Salmon Dinner on Friday, July 12th at 6:30 p.m., Family Movie Night and BBQ on Friday evening, July 19th at 6:30 p.m., and Pizza night on Thursday evening, July 25th at 6:00 p.m. Breakfast on the Back Bay and many summer excursions also await you, so please sign up as soon as possible.



4th of July Celebration

 **Main Pool**



Kick off summer at our annual 4th of July celebration on Thursday, July 4 from 11:00 a.m. to 5:00 p.m. The Recreation Staff will be barbecuing hamburgers, hotdogs and veggie burgers as well as hosting games and activities with the opportunity to win prizes. Kona Ice Truck will be on site selling shaved ice with an array of flavors and DJ Sherri will be playing your favorite music. We will also have a face painter! Meal combos start at \$5. Please bring your Park Newport I.D to attend the BBQ.



Sherri's Walking Class

📍 ***Aerobics Room***

On Saturday, July 20 at 9:00 a.m. we will meet in the Aeorbics Room for an invigorating walk down by the Back Bay. This is a great opportunity for residents to come meet their neighbors and make new friends. Sherri will start off with a quick warm up and then head down the hill for a 4-mile round trip. For those who may have difficulty climbing the hill at the end, an alternate route will be provided. Walking improves your digestive system and helps mobilize and loosen your joints. Our beautiful, serene surroundings of the Back Bay will help you interact with nature and provide great social benefits. After the walk we will come back to the Clubhouse for some light refreshments.

Family Movie Night

📍 ***Main Pool***

Come attend our first annual family movie night at the main pool on Friday, July 19! As the sun sets around 8:00 p.m., we will be showing *Wonder Park*, the story of a magnificent amusement park where the imagination of a wildly creative girl named June comes alive. Starting at 6:30 p.m., there will be \$3 hotdogs, chips, cookies, and beverages for all those who attend. We hope to see you there!

Ocean Festival

📍 ***San Clemente, CA***

The San Clemente Ocean Festival is celebrating 43 years of "The Greatest Show on Surf!" Come see the electrifying competitions of many ironman water and land events, including the dory boat races, tandem boogieboard contest, pier bowl surf contest and so much more! Don't worry, there are numerous activities you can participate in as well, such as: the great rubber duck race, a free beach concert, sand sculpting contest, ocean art show, and woody car exhibits! We will be departing at 9:30 a.m. on Sunday, July 21. Transportation is complimentary.

Bowers Museum & Main Place Mall

📍 ***Santa Ana, CA***

Visit the Bowers Museum with us on Sunday, July 7. The museum's permanent collection includes more than 100,000 objects in the areas of pre-Columbian Mesoamerica, Native American art, and the art of Asia, Africa, and Oceania. Be sure to explore the brand-new exhibition *Guo Pei: Couture Beyond*, which showcases the iconic work of world renowned couturiere designer Guo Pei. Featuring more than 40 breathtaking pieces from her most bold runway shows, the exhibit underlines the artist's impact on the fashion world and beyond. Admission for adults is \$15, seniors \$12, kids under 12 are free, and transportation is complimentary. We will be departing at 10:30 a.m.

Phantom of the Opera

Andrew Lloyd Webber's *The Phantom of the Opera* makes its triumphant return to Orange County at the Segerstrom Center for the Arts this summer! Critics are raving that Cameron Mackintosh's new production is "bigger and better than ever," featuring an amazing new scenic design, as well as costume and lighting design by Tony Award@-winners Maria Björnson and Paule Constable. Join us on Thursday, July 18 for the 7:30 p.m. showing. Ticket price is \$52 for rear orchestra. Departure is at 6:00 p.m.



Dragon Boat Festival

Join us as we attend the 2019 Long Beach Dragon Boat Festival on Sunday, July 28. Dragon boat racing is an amateur watersport with roots in an ancient folk ritual held over the past 2000 years throughout Southern China. In addition to hosting one of the largest dragon boat competitions in California, there will be Chinese traditional art demonstrations, Chinese Acrobats, traditional dance, hip hop, music and martial arts performances. Come for all the fun, food, and excitement! Admission is complimentary, and transportation is \$5. We will be departing Park Newport at 9:30 a.m.

July 2019

Catalina Island



Venture to Catalina Island with us on Saturday, August 3. Catalina Island offers a variety of activities for all ages, including hiking, botanical gardens, ziplining, bars, shops and more! There are several restaurants on the island to stop for lunch, such as Avalon Grille, Maggie's Blue Rose Mexican, or Coney Island West. This is a great way to spend a beautiful summer day with your family and friends! Tickets are just \$50 for roundtrip transportation. Departure is at 7:30 a.m.

Seaport Village & Gaslamp

 *San Diego, CA*

Accompany us on Saturday, July 6 as we visit Seaport Village and the Gaslamp Quarter. Seaport Village is known for its Bayview restaurants, waterfront shops, and sidewalk eateries, while the Gaslamp Quarter is known as the historic heart of San Diego! With its rich Victorian architecture, rooftop attractions, shops, and art museums, there is something for everyone! Departure is at 9:00 a.m., and transportation is \$5. Please bring your Park Newport ID to sign up at the Clubhouse.

Angels Vs Orioles



On Friday, July 26, join us as we watch the Los Angeles Angels bat against the Baltimore Orioles. This game is a promotional evening, so all guests will receive an Angels tank top. The cost is \$20, which includes your seat in the lower view all-star section and transportation. Departure is at 5:00 p.m.

 *Anaheim, CA*

Santa Barbara

 *Santa Barbara, CA*

Take a trip to Santa Barbara on Saturday, July 27. Santa Barbara is known for the golden hillsides that cascade into the sparkling seas and red tile roofs that give way to abundantly sunny skies. This is where wine country and lush gardens welcome you to the quaint downtown enclaves. There are so many things to explore, such as: outdoor activities, seafood restaurants, boutiques, the historic theatre and more! Transportation is \$5.00, and departure is at 8:00 a.m.

Ronald Reagan Library: The World of Da Vinci

Join us as we venture to the Ronald Reagan Presidential Library and Museum on Saturday, July 13. Discover the true Leonardo da Vinci through the remarkable new exhibition *The World of da Vinci*. This exhibit features over three-dozen reconstructions of Leonardo Da Vinci's fantastic machines, including his Mechanical Lion, Flying Bicycle, Mechanical Bat and Great Kite. We will be departing at 9:00 a.m. Transportation is \$5, and admission rates are: \$25 adults, \$22 seniors (62+), \$18 youth (11-17), and \$15 child (3-10).

Steak & Salmon

Join us at the Main Pool on Friday, July 12 at 6:30 p.m. for barbecued steak and salmon! Dinner includes both steak and salmon, a baked potato, mixed veggies, dinner roll, salad, dessert and beverage. Dinner is just \$14 for adults and \$6 for kids 10 and under. Sign up by Tuesday, July 9 to pay only \$12 for your meal. Sign-ups at the door are limited—be sure to reserve your spots.



Park Newport View

July Movies - Park Newport Theatre -



JULY 2
Always Be My Maybe (PG-13)
1 HR 42 MIN
Childhood sweethearts have a falling out for 15 years, only to reconnect as adults when Sasha runs into Marcus in San Francisco.
Starring: Ali Wong, Randall Park



JULY 5-6
US (R)
2 HR 1 MIN
With her family, Adelaide Wilson returns to the beachfront home where she grew up, becoming increasingly concerned that something bad is about to happen.
Starring: Lupita N'yong'o



JULY 9
The Public (PG-13)
2 HR 2 MIN
An act of civil disobedience turns into a standoff with police when homeless people in Cincinnati take over the public library to seek shelter from the bitter cold.
Starring: Emilio Estevez



JULY 12-13
The Catcher & the Spy (PG-13)
1 HR 38 MIN
Major league baseball player Moe Berg lives a double life as a spy for the Office of Strategic Services during World War II.
Starring: Paul Rudd



JULY 16
The Professor (R)
1 HR 31 MIN
After learning he has 6 months to live, a college lecturer transforms into a rebellious party animal.
Starring: Johnny Depp



JULY 19-20
The Best of Enemies (PG-13)
2 HR 13 MIN
The true story of the unlikely relationship between Ann Atwater, an outspoken civil rights activist, and C.P. Ellis, a local Ku Klux Klan Leader.
Starring: Taraji P. Henson



JULY 23
The Hummingbird Project (R)
1 HR 51 MIN
Cousins Vincent & Anton are players in the high-stakes game of high-frequency trading, where winning is measured in milliseconds.
Starring: Jesse Eisenberg



JULY 26-27
Dumbo (PG)
1 HR 52 MIN
A struggling circus owner enlists a former star and his two children to care for Dumbo, a baby elephant born with oversized ears.
Starring: Colin Farrell



JULY 30
Little (PG-13)
1 HR 49 MIN
Jordan is a tough tech mogul who torments her assistant and other employees. She soon faces an unexpected obstacle when she magically turns into a 13 year old version of herself.
Starring: Regina Hall

WEEKLY MOVIE SCHEDULE

TUESDAYS 2:00p.m. & 7:00p.m.
FRIDAYS 2:00p.m. & 7:00p.m.
SATURDAYS 7:00 p.m.

On Friday, July 12 and July 19, we will not be playing the 7 p.m. movie.

Breakfast Over Back Bay

📍 Main Lounge

Join us for our monthly Breakfast Over Back Bay on Saturday, July 6 in the Main Lounge at 9:00 a.m. We will be serving freshly made pancakes, waffles, scrambled eggs, bacon, sausage, hash-browns, fresh fruit, bagels, and juice! Breakfast is \$6 for adults and \$4 for children 10 and under. Sign-ups will be taken at the door; please remember to bring your Park Newport ID.



Pizza Night

📍 Main Lounge

Invite your friends and family to our monthly pizza night on Thursday, July 25. At 6:00 p.m. the Recreation Staff will be serving Fresh Brother's pizza, salad, dessert and beverages. Pizza options include Vegetarian, Cheese, Pepperoni, Hawaiian, BBQ Chicken and Margherita. Dinner is just \$6 for adults and \$4 for children 10 and under. Sign-ups will be taken at the door; please bring your Park Newport ID.



July 2019

Tennis News

This month, cardio tennis will continue on-schedule every Wednesday from 7:00-8:30 p.m. and every Saturday from 9:00-10:30 a.m. Thursday night round robins will also continue weekly at 7:00 p.m. Be sure to check out the new windscreens, benches, and fresh paint on all our tennis courts. Park Newport has invested a lot of time and money into our wonderful tennis courts, so please remember a few guidelines to keep them in pristine condition: be sure to wear non-marking tennis shoes, avoid bringing glass bottles on court, and keep non-tennis activities off the courts. We hope to see you all out here enjoying your summer!

German Heritage Day Huntington Beach, CA

On Sunday, July 14, come celebrate German heritage at the Old-World Village in Huntington Beach! This fun family event includes a live performance by a German American 18-piece brass band, Donau Schwaben German folk dancers, Dachshund “wiener dog” races, carnival games and a bouncy house for kids, and of course delicious German food, drinks, and beers! Admission and transportation are free, and we will be departing at 1:30 p.m.

Employee of the Month



Kim Corona recently received a promotion and transferred to Park Newport. However, she has been with the company for more than 16 years. Her administrative skills have contributed to solving many problems while increasing service and timeliness of work order completion. As a new member of the Park Newport team, Kim quickly moved into her new role with alacrity and aplomb. She’s an awesome addition to a remarkable team. Please stop by the Facility/Maintenance Offices to congratulate her on such a fine achievement.

Venice & Santa Monica Los Angeles, CA

Come visit Venice and Santa Monica with us on Saturday, July 20. Venice is a vibrant beach town with a free-spirited boardwalk. The boardwalk features unique shops, street performers, colorful murals, and cute boutiques. Our next stop is Santa Monica, a coastal city west of downtown Los Angeles that is home to the historic Looff Hippodrome carousel and Santa Monica Pier Aquarium. Santa Monica has an array of restaurants, such as 41 Ocean, Back on the Beach, Bubba Gump Shrimp, and more! Transportation is \$5, and departure is at 10:00 a.m.



Fitness Classes

ATHLETIC YOGA

MON & WED @ 7:15 p.m.

A vigorous fitness-based approach to vinyasa-style yoga with an emphasis on strength and flexibility.

SHAPE & TONE

MON & WED @ 6:30 p.m.

A combination of heavy and lighter weight resistance training, body weight workouts and muscle definition.

CARDIO TENNIS

WED @ 7 p.m. & SAT at 9 a.m.

Geared towards fitness & conditioning at the tennis courts.

STRETCH YOGA

TUE & THU @ 11 a.m.

Learn basic yoga poses while building your strength and balance.

1/2 HATHA FLOW YOGA

TUE & THU @ 6:30 p.m.

Strong, steady flow from posture to posture with focus on strength, openness, awareness and breath.

SIT & FIT

MON & FRI @ 11 a.m.

WED @ 10:30 a.m.

Light cardio and strength training performed while sitting in chairs, balanced for all skill levels.

ZUMBA

MON @ 10:00 a.m.

Zumba combines Latin and international music for a fun, effective workout system.

BODY SCULPTING

WED @ 9:45 a.m.

A non-aerobic, muscle-toning class, focused on core strength.

JULY 2019

Phone Numbers

Courtesy Patrol 644-7333 Rental 644-1900
 Administration 644-7333 Tennis Shop 759-1729
 Clubhouse 644-4664 Non-Emergency Police 644-3717
 Maintenance 644-2622 Emergency 911

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
FITNESS CENTER HOURS Mon-Fri: 5 a.m. - 10 p.m. Saturday: 8 a.m. - 10 p.m. Sunday: 8 a.m. - 8 p.m.	1 Zumba 10 a.m. Sit & Fit 11 a.m. Shape & Tone 6:30 p.m. Athletic Yoga 7:15 p.m.	2 Movie: 2 p.m. & 7 p.m. Always Be My Maybe Blood Pressure Screen 8:30 a.m. Stretch Yoga 11:00 a.m. 1/2 Hatha Flow Yoga 6:30 p.m.	3 Body Sculpting 9:45 a.m. Sit & Fit 10:30 a.m. Shape & Tone 6:30 p.m. Cardio Tennis 7 p.m. Athletic Yoga 7:15 p.m.	4 CLUBHOUSE & GYM CLOSED JULY 4TH CELEBRATION 11:00 a.m. Main Pool	5 Movie: 2 p.m. & 7 p.m. Us Zumba 10 a.m. Sit & Fit 11 a.m.	6 Movie: 7 p.m. Us Gaslamp & Seaport Village 9:00 a.m. Departure Breakfast 9:00 a.m. Main Lounge Cardio Tennis 9 a.m.
7 Bower's Museum 10:30 a.m. Departure Sunday BBQ 1-5 p.m. Main Pool	8 Zumba 10 a.m. Sit & Fit 11 a.m. Shape & Tone 6:30 p.m. Athletic Yoga 7:15 p.m. Shuttle Service 10 a.m. - 5 p.m.	9 Movie: 2 p.m. & 7 p.m. The Public Blood Pressure Screen 8:30 a.m. Stretch Yoga 11:00 a.m. 1/2 Hatha Flow Yoga 6:30 p.m.	10 Body Sculpting 9:45 a.m. Sit & Fit 10:30 a.m. Shape & Tone 6:30 p.m. Cardio Tennis 7 p.m. Athletic Yoga 7:15 p.m. Shuttle Service 10 a.m. - 5 p.m.	11 Resident Services Office Hours: 8:30 a.m. - 7 p.m. Stretch Yoga 11 a.m. 1/2 Hatha Flow Yoga 6:30 p.m.	12 Movie: 2 p.m. The Catcher and the Spy Steak & Salmon 6:30 p.m. Main Pool Zumba 10 a.m. Sit & Fit 11 a.m.	13 Movie: 7 p.m. The Catcher and the Spy The World of Da Vinci: Ronald Reagan 9:00 a.m. Departure Cardio Tennis 9 a.m.
14 German Heritage Day 1:30 p.m. Departure Sunday BBQ 1-5 p.m. Main Pool	15 Shuttle Service 10 a.m. - 5 p.m. Zumba 10 a.m. Sit & Fit 11 a.m. Shape & Tone 6:30 p.m. Athletic Yoga 7:15 p.m. Shuttle Service 10 a.m. - 5 p.m.	16 Movie: 2 p.m. & 7 p.m. The Professor Blood Pressure Screen 8:30 a.m. Stretch Yoga 11:00 a.m. 1/2 Hatha Flow Yoga 6:30 p.m.	17 Shuttle Service 10 a.m. - 5 p.m. Body Sculpting 9:45 a.m. Sit & Fit 10:30 a.m. Shape & Tone 6:30 p.m. Cardio Tennis 7 p.m. Athletic Yoga 7:15 p.m.	18 Resident Services Office Hours: 8:30 a.m. - 7 p.m. Phantom of the Opera 6:00 p.m. Departure Stretch Yoga 11 a.m. 1/2 Hatha Flow Yoga 6:30 p.m.	19 Movie: 2 p.m. The Best of Enemies Family Movie Night 6:30 p.m. Main Pool Zumba 10 a.m. Sit & Fit 11 a.m.	20 Movie: 7 p.m. The Best of Enemies Venice & Santa Monica 10:00 a.m. Departure Sherri's Walking Class 9:00 a.m. Clubhouse Cardio Tennis 9 a.m.
21 Ocean Festival 9:30 a.m. Departure Sunday BBQ 1-5 p.m. Main Pool	22 Shuttle Service 10 a.m. - 5 p.m. Zumba 10 a.m. Sit & Fit 11 a.m. Shape & Tone 6:30 p.m. Athletic Yoga 7:15 p.m. Shuttle Service 10 a.m. - 5 p.m.	23 Movie: 2 p.m. & 7 p.m. The Hummingbird Project Blood Pressure Screen 8:30 a.m. Stretch Yoga 11:00 a.m. 1/2 Hatha Flow Yoga 6:30 p.m.	24 Shuttle Service 10 a.m. - 5 p.m. Body Sculpting 9:45 a.m. Sit & Fit 10:30 a.m. Shape & Tone 6:30 p.m. Cardio Tennis 7 p.m. Athletic Yoga 7:15 p.m.	25 Resident Services Office Hours: 8:30 a.m. - 7 p.m. Stretch Yoga 11 a.m. 1/2 Hatha Flow Yoga 6:30 p.m.	26 Movie: 2 p.m. & 7 p.m. Dumbo Angels vs Orioles 5:00 p.m. Departure Zumba 10 a.m. Sit & Fit 11 a.m.	27 Movie: 7 p.m. Dumbo Santa Barbara 8:00 a.m. Departure Cardio Tennis 9 a.m.
28 Long Beach Dragon Boat Festival 9:30 a.m. Departure Sunday BBQ 1-5 p.m. Main Pool	29 Shuttle Service 10 a.m. - 5 p.m. Zumba 10 a.m. Sit & Fit 11 a.m. Shape & Tone 6:30 p.m. Athletic Yoga 7:15 p.m.	30 Movie: 2 p.m. & 7 p.m. Little Blood Pressure Screen 8:30 a.m. Stretch Yoga 11:00 a.m. 1/2 Hatha Flow Yoga 6:30 p.m.	31 Shuttle Service 10 a.m. - 5 p.m. Body Sculpting 9:45 a.m. Sit & Fit 10:30 a.m. Shape & Tone 6:30 p.m. Cardio Tennis 7 p.m. Athletic Yoga 7:15 p.m.			