

Women in Leadership

A Restorative Retreat

Leadership is not just about strategy, performance, and results. It is also about connection—to ourselves, to others, and to the deeper wisdom that guides us.

Research increasingly recognizes leaders who integrate both analytical thinking and intuitive intelligence are often better equipped to foster innovation, engagement, and resilience within their organizations.

Designed for women and those who identify as women who are currently in leadership roles, this interactive workshop explores how intuition, self-awareness, and authentic leadership can strengthen decision-making, resilience, and impact. All while, enjoying delicious, nourishing food in a setting that inspires.

Ideal For:

- Current business and nonprofit leaders and managers
- Entrepreneurs and business owners
- Professionals seeking greater confidence in their leadership

Go Home:

- Connected and engaged with a community of accomplished and supportive women leaders plus access to two follow-up Zoom sessions to keep the momentum going.
- With greater clarity, confidence, and alignment around your personal mission, leadership vision, and next steps.
- With actionable strategies to prioritize your well-being, integrate burnout- prevention practices for yourself and your team.

Led by Laura King and Heather Burt, two longtime women business leaders committed to supporting growth and success for women leaders and their teams.

September 22

10:00 am - 4:00 pm

**The Contented Sole,
New Harbor, Maine**

Cost: \$250/person;

We welcome groups of women, so please reach out for group discounts by emailing laura@laurakingconsulting.com

REGISTER HERE

