

HOW TO DISAGREE BETTER

Creating your conflict resolution toolkit

In this interactive learning experience you will discover your role in creating trust, building relationships, and responding to conflict.

By exploring what is difficult (difficult conversations, difficult co-workers, difficult supervisors) you will practice communication and self-awareness skills to center human connection and relationships with clarity and kindness.

This workshop is designed to support all leaders seeking greater ease and less stress at work. Together we will explore what is at the heart of disagreement and conflict and ways to find your footing as well as common ground.

Highlights:

- Learn skills to be more responsive and less reactionary
- Understand what is necessary to build and restore trust
- Practice listening to learn not listening to be right
- Hone in on cultivating strategies and behaviors necessary to benefit from conflict and navigate it successfully.

3-part series in collaboration with Provender Alliance:

Wednesdays, July 31, August 7 & 14

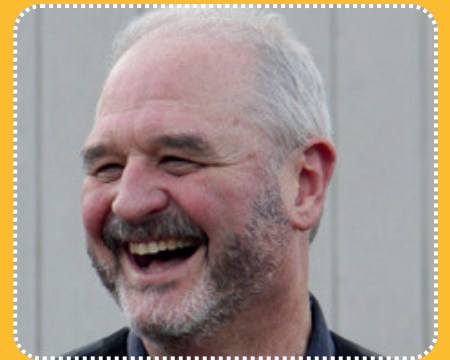
1:00 - 2:30 PT

Cost: \$349 for Provender members; \$429 for non-members

PRESENTED BY:



LAURA KING
Leadership Development Coach



MARK MULCAHY
Regenerative Retail Specialist

Register Now at
<https://provender.org>

