



DR RAJANGUPTA, MD

CEO

Pain Instacare

Gupta Institute for Pain

Rajan Gupta, M.D

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Website: www.rajanguptamd.com, www.paininstacare.com

CURRENT EMPLOYMENT AND POSITIONS

Pain Instacare®, LLC,

100 Springdale Rd, Suite B5, Cherry Hill, NJ 08003

1420 Walnut St, Suite 1201, Philadelphia, PA 19102

CEO and Medical Director

(January 2017- Present)

Gupta Institute for Pain, Wellness & Rehabilitation

100 Springdale Rd, Suite B5, Cherry Hill, NJ 08003

CEO and Medical Director

(March 2006-Present)

PAST EMPLOYMENT

Phoenix Physical Rehab, PC, Interventional Pain Physician,

(December 2005-October 2006)

Nazareth Pain Institute, Director, Philadelphia, PA

(August 2004 – December 2005) Started and established the pain institute.

Southeast Regional Pain Center, Columbus, GA

(August 2003 – August 2004)

EDUCATION

Pain Management Fellowship in Anesthesia Department at Vanderbilt University, Nashville, TN

(June 2002 – June 2003)

Physical Medicine and Rehabilitation (PM&R) Residency at St. Francis Medical Center

(UPMC), Pittsburgh, PA (April 2000- March 2002) Break for move (April – June)

Combined (PM&R and Internal Medicine) Residency at SFMC, Pittsburgh, PA

(October 1997 – March 2000)

Observership at St. Francis Medical Center

(July 1997 – September 1997)

Dermatology Residency at B. J. Medical College, Ahmedabad, Gujarat, India

(July 1995 – April 1996)

Internship at B. J. Medical College, Ahmedabad, Gujarat, India

(July 1994 – June 1995)

Medical School at B. J. Medical College, Ahmedabad, Gujarat, India

(July 1989 – June 1994)

Occupational Therapy at the Institute for the Physically Handicapped, Delhi, India

(July 1988 – June 1989)

Philadelphia, PA

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LICENSURE AND CERTIFICATION

Board Certified in Pain Management

(2003 - 2013) Re cert till 2023

Board Certified in Physical Medicine and Rehabilitation

(2003 - 2013) Re cert till 2023

Board Certified in Independent Medical Examination

New Jersey State License	(25 MA07713800 - Active)
Pennsylvania State Medical License	(MD 418725- Active)
New York	(281834-1 - Active)
Delaware	(C1-0012190-Active)
Tennessee State Medical License	(MD 0000036297-Inactive)
Georgia State Medical License	(53070 - Inactive)
California	Active
Florida	Active
DEA	(BG 8331504 - Active)
CDS	(D08552900- Active)
NPI:	(1114997962- Active)

SCIENTIFIC AND PROFESSIONAL SOCIETIES (Current and Past)

American Medical Education and Research Institute (**AMERI**)
American Association of Physicians of Indian Origin (**AAPI**)
American Association of Physical Medicine and Rehabilitation (**AAPMR**)
American Society of Interventional Pain Physicians (**ASIPP**)
American Pain Society (**APS**)
American Medical Association (**AMA**)
American Society of Regional Anesthesia and Pain Management (**ASRA**)

PRESENTATIONS AT NATIONAL, REGIONAL, AND STATE MEETINGS

Recurrent Post Herpetic Neuralgia associated with menstrual cycle, case report,
American Pain Society Meeting, 2003

Complex Regional Pain Syndrome: The New Horizons, presentation at the Emory University, Atlanta,
GA, February 2003

Understanding EMG / NCS, Vanderbilt University Pain Center, 2003

Mechanism of Pain, presentation at VA hospital, Nashville, TN, August, 2002

Pain Management, lecture for Resident Presentation Series, SFMC, January 2002

Pineal Tumor case report, SFMC Research week, April 2001

Central Pontine Myelinolysis case report, SFMC Research week, April 2000

Spontaneous Coronary Artery Dissection case report, SFMC Research week, 1998

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PROFESSIONAL EXHIBITS AND AUDIOVISUAL PROGRAMS

Pain & Practice Management Seminar July 2017, Voorhees, NJ, Organizer and Speaker
Pain and Practice Management Seminar 2015, Voorhees, NJ, Organizer and Speaker
International Pain Management Conference, 2016, India, Organizer and speaker
Multiple educational programs between 2007-2014 which included community, healthcare providers.
Family Practice Pain Management Pearls, AIPER Program, Cherry Hill, NJ, 2007
Pain Management, American Trial Lawyer Association meeting, Atlantic City, NJ, 2007
Interventional Pain Management, AIPER program, Mansion, NJ, 2007
Interventional Pain Management, Nazareth Hospital, Philadelphia, PA, 2004
Married with Pain, Community Teaching, Nazareth Hospital, Philadelphia, PA, 2004
Comprehensive Pain Management, Nazareth Hospital, Philadelphia, PA, 2004
Complex Regional Pain Syndrome Review, Columbus Clinic, Columbus, GA
Pain Management: “An Overview”, Valley, Al, 2003
Pain Management: “An Overview”, Medical Center, Columbus, GA, 2003
Pain Management: “Doing The Right Thing”, LaGrange, GA, 2003
Pain Management for Primary Care: Columbus Clinic, Columbus, GA, 2003
Pain Management “The Fifth Vital Sign”: Columbus, GA, 2003
Recurrent Post Herpetic Neuralgia Associated with Menstrual Cycle, case report, American Pain Society Meeting, 2003
Complex Regional Pain Syndrome: The New Horizons, presentation at the Emory University, Atlanta, GA, 2003
Understanding EMG / NCS, Vanderbilt University Pain Center, 2003
Mechanism of Pain, presentation at VA hospital, Nashville, TN, 2002
Pain Management, lecture for Resident Presentation Series, SFMC, 2002
Pineal Tumor case report, SFMC Research week, 2001
Central Pontine Myelinolysis case report, SFMC Research week, 2000
Spontaneous Coronary Artery Dissection case report, SFMC Research week, 1998

RESEARCH

Effect of topical lidocaine vs Sensorcaine prior to procedure, 2014-ongoing
Recurrent Post Herpetic Neuralgia associated with menstrual cycle, case report, American Pain Society Meeting, 2003
Pineal Tumor case report, SFMC Research week, April 2001
Central Pontine Myelinolysis case report, SFMC Research week, April 2000
Spontaneous Coronary Artery Dissection case report, SFMC Research week, 1998

PUBLICATIONS

Wrote a book “The Briefcase Life.... carry what matters the most”
Writing a book on Pain Management: **“Stop Suffering!! Start Living!!”**
Wrote book “7 ways in 7 days to change your life”
Wrote a book “Surviving Corona”
Wrote a book “Growing to be pain free”

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Writing book “3SSS in a Successful Relationships”

Wrote a **Review Book on Psychiatry** for the USMLE Boards

Written educational newsletter in pain

CEO & Chief Editor of the Magazine: The Centerspread (www.thecenerspread.com)

AWARDS

Featured on the cover of South Jersey Magazine as Top Physician, January 2018

Top Physician Award 2017, 2018, 2019 South Jersey Magazine

Top Doctors Award, 2015, 2016, 2017, 2018, 2019

Top Pain Management Specialist award, 2017

I-Event Community Award, 2016

Prestigious Pillar of the Community Award 2013

"Best Hands" award in the Intervention Fellowship Program

Community Care International Award

Live Well pain clinic Community service award

TEACHING EXPERIENCE

Ten Minute knowledge series at Gupta Institute

TODay (thought of the day) at Gupta Institute

CME program teaching

Multiple lectures for community and physicians

Senior Lectures in residency

Kaplan Institute, Southfield, MI (Dec 1996 – May 1997)

Tutoring groups of USMLE students (Dec 1996 – May 1997)

VOLUNTEER EXPERIENCE

Observership at SFMC, Pittsburgh, PA

(July 1997 – September 1997)

William Beaumont Hospital, Radiation Oncology Laboratory, Royal Oak, MI

(May 1996 – Dec 1996)

COMMUNITY ACTIVITIES

Community medical clinic at Swaminarayan temple

Participates in Rotary Club of Cherry Hill, NJ

Participates in Local Organizations for community work

LANGUAGES

English, Hindi, Punjabi, Gujarati

REFERENCES

On request

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