

Check Out Tabitha Rose's Story

[Local Stories](#) November 11, 2021



Today we'd like to introduce you to Tabitha Rose.

Hi Tabitha, we'd love for you to start by introducing yourself.

It is an interesting story because it wasn't planned, it all fell together. My grandmother talked about wanting to hire a ghostwriter to help her write her life story. She mentioned it a few times, and for some reason, I told her I wanted to give it a try. At the time, I was working in a different field and thought I was on the right career path, but a part of me always felt some resistance. I started this adventure with my grandmother. We took a trip back to her home country, where she told me her stories. We spent a lot of time together, and I felt more present than ever in those moments. During this time, life started to happen. I was fired from my job yet somehow still had a push-through mentality. However, the universe had a different plan. Every time I got up, I would get knocked back down. My most pivotal moment was when I collapsed during a

flight and rushed to the hospital. Luckily, my family was supportive and reminded me to pause and recharge.

I was fortunate to meet a mentor who eventually pushed me to bring Life to Paper to life. I was opposed to the idea of starting a business because building from scratch was foreign to me. I hesitated to step out and share this idea since the only roles I'd known were politics and business. With each step, I felt content and felt the need to keep going.

Fast forward six years later, what began as me writing memoirs for the elderly has evolved to much more than that. I stepped a little further into what I was doing, constantly dreaming about publishing these special stories to the world. I started building a team, and the people who came along were great at things I wanted to offer, which evolved to a foundation focused on life story writing for people who need it most – This process is therapeutic and many find it helpful.

I began to dream about having a bookshop, a place for people to gather, share stories, dreams, and connect. We were finally able to open on my birthday in 2021. Over 200 people came out to support, it was so special. We started to host events and next thing you know people gathered around to help build this month-long festival filled with events, speakers, authors, and artists coming together to connect and share in this special space. I get to be surrounded by the things and people I love most – a true dream come true.

I'm sure you wouldn't say it's been obstacle free, but so far would you say the journey have been a fairly smooth road?

The road has been unique. There are times of joy, the most joy I've experienced in my life, and there are also moments of struggle. I am lucky to have a mentor who has had her own business for almost 30

years. I was sharing some of my struggles and she said something that stuck with me, "This is going to be consistent throughout your journey; this is part of being an entrepreneur. Either you can handle things like this or you can't." I reflected on this and decided even if it gets uncomfortable, I am handling it. If anything, these problems are blessings in disguise. I've decided that whatever corner I turn, I am ready for it because the entrepreneurial joys outweigh the bad.

As you know, we're big fans of you and your work. For our readers who might not be as familiar what can you tell them about what you do?

As the founder of Life to Paper Publishing, director of Life to Legacy Foundation, owner of The Bookshop, and creator of Life to Paper Book Festival, my goal continues to be to bring people together through stories. To put it simply, we help individuals bring their lives to paper, but when you think about it, it is beyond that. People enjoy the process of being able to dive deep into their dreams and map them out, and we use stories as a way to get there. They share their dreams and it outlines their journey, whether it'll be writing a book or publishing a book.

Any advice for finding a mentor or networking in general?

Finding a mentor happened naturally. I was conversing with a friend's parents and mentioned my business. Their eyes lit up, and they pulled me over to this wonderful man, Richard Campbell, who wrote the best-selling guide, *Writing Your Legacy*. Not only did he write this book, but he was traveling the world and helping others write their stories too. I asked him to be my mentor on the spot. The ability to be honest about your struggles and ask for help is key to your success. My dad always reminds me to enjoy the journey and the excitement that comes along,

so I try to approach every situation with an eager mindset, ready to learn from others. I recently just found a coffee mug that says, Enjoy the Journey. I drink from it every morning as a constant reminder.

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