# GOALS & OBJECTIVE SETTING



### A GOAL WITHOUT A PLAN IS JUST A DREAM

Focus on end results rather than activities or tasks. Differentiate between a long term vision/purpose and achievable goal. Avoid common goal-setting pitfalls.

A yearly must-do exercise for all employees and leaders

# **WORKSHOP DETAILS**

# **LEARNING OBJECTIVES**

### **Target audience**

• All leaders and employees

### Time investment

- 30 minutes of prep work
- 1 x 1-hour workshop
- · Post-workshop discussion or coaching

### **Workshop format**

- Live classroom
- Virtual classroom

# **Workshop features**

- Easy process for creating accountable and time-specific goals & objectives.
- · Clear actions & commitments
- Designed to be practical, interactive, memorable

### Workshop participants will ...

- Learn to create practical and achievable goals using the SMART CAR model
- Identify unrealistic goal language and learn how to adjust to achievable goal setting
- Build the foundation for successful achievements towards personal and organizational goals
- Learn to contribute to a culture of open communication and feedback
- Accelerate and enable team and individual success



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