# CHANGE MANAGEMENT



#### **"THERE IS NOTHING PERMANENT EXCEPT CHANGE"** ~Heraclitus

Change can be emotionally draining and lead to burnout. The ability to guickly and easily adapt can be a competitive advantage. Using emotional intelligence to help you embrace change is the key.

No one wants to be an obstacle to change - learn how to lead through it!

# WORKSHOP DETAILS

#### **Target audience**

- Employees
- Leaders
- Human Resources

#### Time investment

- 1 hour workshops
- Post-workshop discussion

### Workshop format

- Live classroom
- Virtual classroom

#### **Workshop features**

- Why there are emotional obstacles to change
- How to use emotional intelligence to lead through change
- How over-communicating benefits change management practices
- Prosci 3-Phase process

# LEARNING OBJECTIVES

## Workshop participants will ...

- Learn how change can emotionally impact employees
- Discover how leading through change with emotional intelligence can benefit the employees and the business
- Understand the impact communication has on employee engagement
- Understand how the Prosci 3-phase change management process can be used effectively to enable change
- Learn how to prepare and use a simple communication plan, including tips that can immediately and easily improve communication and change management competencies



thrivewisesolutions.com

- in linkedin.com/company/thrivewise-solutions
- facebook.com/ThriveWiseSolutions

**B** Jessica Moore jessica.moore@thrivewisesolutions.com 609.571.8377