

# INSIGHTS FROM THE ENNEAGRAM



**ThriveWise**  
SOLUTIONS LLC

## GROWTH STARTS WITH SELF-AWARENESS

Ancient archetype of 9 personalities synthesized and adapted into modern psychology and psychometrics. Validation and highlighting attitudes and behaviors that drive interaction styles. The ultimate goal - style integration!

A part of any aspiring leader's development to understand impact on their leadership

### WORKSHOP DETAILS

### LEARNING OBJECTIVES

#### Target audience

- Any employee

#### Time investment

- 1-hour workshop
- ~30 minutes pre-work / assessment

#### Workshop format

- Live classroom
- Virtual classroom




#### Workshop features




- Personalized report (truity.com)
- Overview of the Enneagram types
- Focus on effectiveness and leadership style using self-awareness
- Designed to be fun, practical, and interactive way to bring a team together when used in a group setting

#### Workshop participants will ...

- Be introduced to the 9 Enneagram archetypes and their Centers of Intelligence
- Learn the Heart, the Head, and the Body centers and the connection to the focus, motivation, and preferred style that has impact on personal interactions and leadership style
- Use the Johari Window model to guide the self-awareness journey to identify personal blind spots
- Develop specific actions and commitments for future interactions as leaders with peers and direct reports



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