# COMMUNICATE & CONNECT WITH DISC®



#### WHY DO THEY BEHAVE LIKE THAT?

We know that everyone has different communication and interaction styles, yet we tend to judge others through the lens of our personal preferences. DiSC® helps you read others' styles and find value in their way. These tools offer ways to adapt your approach allowing better connections, collaboration, and partnerships.

#### **EXCELLENT ASSESSMENT AND TOOLS FOR ALL EMPLOYEES**

# **WORKSHOP DETAILS**

# LEARNING OBJECTIVES

### **Target audience**

- Any employee
- Intact teams
- Entire Organization

#### **Time investment**

- 2 hour, 4 hour, and all day workshops available
- ~30 minutes pre-work / assessment

# **Workshop format**

- Live classroom
- Virtual classroom

# **Workshop features**

- Personal & team DiSC profile reports
- Group and individual exercises
- Take-away tools and reference guides
- Access to MyEverythingDiSC website
- Designed to be practical, interactive, memorable and fun

# Workshop participants will ...

- Explore basic DiSC principles
- Understand the 12 DiSC styles in-depth: common traits, motivators, stressors, super-powers, and blind spots
- Learn to "read" others' styles, interpret their actions with grace, and find value in their "way"
- Discover simple "do and don't" tips for interacting with each style
- Develop specific action plans to enhance interactions with leaders, peers, direct reports, and more
- Optional for in-tact teams: Explore group strengths and create plans to mitigate team gaps



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# **WORKSHOP CONTENT**

### 1-Explore the fundamentals of DiSC

- Understand your assessment
- Understand DiSC basics
- Learn the 4 DiSC styles

#### 2-Enhance individual interactions

- Explore your own DiSC style
- Reflect on how your style impacts interactions with others
- Read others' DiSC styles
- Prepare do and don't tips for interacting with each DiSC style
- Build a personal action plan that enhances your ability to communicate, connect, and influence at work and at home!

# 3- Enhance your team interactions

- Dig into your team's collective DiSC styles
- Identify collective team strengths
- Identify collective team gaps and brainstorm mitigation plans to limit their impact

 The session was informational, engaging and certainly helped to strengthen the team dynamic.

**CLIENT FEEDBACK** 

- I cannot let you know how much this helps and how much I appreciate it
- We've gained a better understanding of one another's styles and that is certainly helpful in the workplace and also in our personal lives... can I give this to my spouse?
- It was very enlightening to go through this exercise.





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