



# You booked your appointment, now what?

We are so glad you're scheduled for an Electro-Equiscope session with us. You're taking a powerful step toward relief, regulation, and recovery—and we want you to feel completely prepared for your visit.

Here's what to know before you arrive:

## **What Is the Equiscope?**

The Equiscope is a non-invasive, FDA-registered microcurrent device that helps the body reduce pain, inflammation, and cellular dysfunction by reading your body's biofeedback in real time and delivering targeted electrical signals that promote healing—on a cellular level. Most clients report feeling relaxed, clear, and even energized after just one session. Some also sleep more deeply at night.

It supports your body's natural repair systems and is used for:

- Acute and chronic pain and inflammation
- Nervous system regulation
- Stress and trauma recovery
- Immune and lymphatic support
- Athletic recovery and performance
- Detox support
- Mental clarity and emotional balance
- Neurological disorders
- Injury recovery
- There is so much more. Just ask.

## **What to Expect During the Session**

Sessions are painless, drug-free, and typically last between 30–90 minutes depending on

your needs. Small plates or probes are gently placed on the skin with a conductive gel—most people find it deeply relaxing.

## **What to Expect After**

Some people feel lighter and more energized. Others feel tired or notice temporary symptoms as the body begins to detox (this is normal). You might experience things like headache, fatigue, or mild nausea if your body is clearing out built-up toxins or inflammation. That's why hydration is key!

## **How to Prepare**

- **Drink plenty of water (electrolytes are even better) before and after**
- Avoid alcohol and caffeine 4 hours before and after your session if possible
- No baths, saunas, ice plunges, or showers for 4–24 hours post-treatment
- Let me know if you've had facial fillers or Botox recently
- If you're on medication, continue taking it as prescribed
- If you have a pacemaker, are pregnant, or have A-Fib, we'll need to discuss before treatment

## **Important Reminder**

This therapy does not diagnose or treat disease. It's a tool to support your body's own healing process—safely, gently, and intelligently. If you have a complex medical condition, please make sure your physician is aware you're exploring this modality. Jen is more than happy to speak to anyone.

We can't wait to work with you. You're going to be amazed at what your body is capable of when we give it the right support.

If you have any questions or concerns, just give Jen a call or text her directly at 830.252.1131.

[Please take some time to fill out the attached documents, save them, and then email them back to us. You also print them and bring them with you for your first appointment.](#)

[Due to the high demand of our appointments, we do collect payment up-front for our services.](#)

# SHARE THE HEALING. SAVE ON YOUR NEXT SESSION

## Love your Equiscope sessions?

Now you can share the results with friends and family—while saving money on your next visit!

Here's how it works:

- Refer someone new to us for an Equiscope session.
- When they book, **you get \$50 off your next service.**
- The best part? There's no limit. Refer more, save more!

Because when someone you care about feels better, you both win.

[TheHighLevelLife.com](http://TheHighLevelLife.com)

830-252-1131

## CONFIDENTIAL CLIENT HEALTH HISTORY FORM

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Male: \_\_\_\_\_ Female: \_\_\_\_\_

Address: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Cell / Home / Work Phone (circle one): \_\_\_\_\_

Email: \_\_\_\_\_

Relationship Status:  Single  Married  Partnered  Widowed  Divorced

How did you hear about us? \_\_\_\_\_

What is your main concern today? \_\_\_\_\_

What is your occupation? \_\_\_\_\_

### HEALTH HISTORY

Have you been under the care of a physician or other medical professional within the past year? \_\_\_\_\_

Yes  No; If yes, please explain: \_\_\_\_\_

Have you been diagnosed with a chronic illness? If yes, please explain: \_\_\_\_\_

Do you exercise?  Yes  No; If yes, describe and how often? \_\_\_\_\_

Have you sustained any recent injuries?  Yes  No; If yes, describe: \_\_\_\_\_

List prior and recent surgeries and dates: \_\_\_\_\_

Do you have any metal or electrical implants?  Yes  No; If yes, details: \_\_\_\_\_

Do you wear a demand pacemaker?  Yes  No; If yes, details: \_\_\_\_\_

Do you receive Botox® injections?  Yes  No; If yes, how often? \_\_\_\_\_

Do you have any known allergies?  Yes  No; If yes, details: \_\_\_\_\_

Do you have allergies to latex or drugs?  Yes  No; If yes, details: \_\_\_\_\_

Do you experience any problems sleeping?  Yes  No; If yes, details: \_\_\_\_\_

Are you pregnant, breastfeeding or trying to get pregnant? \_\_\_\_\_

Are you epileptic or do you experience seizures? If yes, please explain: \_\_\_\_\_

Do you have a history of stroke or hypertension?  Yes  No; \_\_\_\_\_

Do you smoke tobacco?  Yes  No; If yes, how many per day? \_\_\_\_\_

How many ounces consumed in a day? Water  Coffee  Tea  Alcohol  Soda

Have you had any skin conditions or open sores or lesions? \_\_\_\_\_

Are you taking any prescription or over-the-counter medications? Please list: \_\_\_\_\_

Are you taking any supplements? List: \_\_\_\_\_

Do you consume minerals, electrolytes and salts?  Yes  No; List: \_\_\_\_\_

Client's Name \_\_\_\_\_ Client's Signature \_\_\_\_\_

# ♦ Cancellation & Rescheduling Policy ♦

*Effective for all coaching sessions, group programs, VIP intensives, and Electro-Equiscope appointments.*

To honor both your time and mine, all sessions must be **paid in full at the time of booking**. Because these sessions are reserved specifically for you, we do not offer cancellations — only reschedules.

## **Rescheduling Policy:**

- You may reschedule your appointment **with at least 24 hours' notice** via **text or phone call**.
- Each client is allowed **one grace reschedule** at no penalty.
- After the first late reschedule (under 24 hours), **50% of the session fee will be forfeited**.

## **No-Show Policy:**

- If you do not attend your scheduled session and do not provide notice, the session is considered a **no-show**, and **100% of the session fee will be forfeited**.

## **Emergencies:**

I understand that life happens. In the case of emergencies (such as illness, accidents, or family issues), exceptions may be considered **on a case-by-case basis**. Please communicate as soon as possible so we can determine next steps.

Thank you for respecting the energetic and time investment this work requires — your commitment allows for deeper healing and higher-level results.

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Sign and Date

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Printed Name

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### **Release Form for Use of Photograph/Videotape/Testimonial**

**Please print the following information:**

Name of Participant: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

I hereby grant permission to Intelligent Bioenergetics, Inc. (IBI) to use any personal or professional photos, video material, or other media, including written/printed testimonials regarding the use of the Electro-Acuscope, Myopulse, and Proscope devices. I understand photos, video material, and/or written testimonials will be used for promotional purposes on IBI's website, brochures, literature, social media platforms, etc. I have the right to request removal of testimonials at any time.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

email: \_\_\_\_\_

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## ELECTRO-EQUISCOPE® THERAPY RELEASE AND WAIVER AGREEMENT

**Recipient Name** (Print): \_\_\_\_\_ Age: \_\_\_\_\_  
Street Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Cell Phone: \_\_\_\_\_ Home Phone: \_\_\_\_\_  
Email: \_\_\_\_\_  
Occupation: \_\_\_\_\_  
Referred by: \_\_\_\_\_  
Emergency Contact: \_\_\_\_\_ Emergency Phone: \_\_\_\_\_

### **Recipient understands and acknowledges that:**

- Technician has successfully completed the Electro-Equiscope® Technical Course conducted by Thorp Institute of Integrated Medicine, is a Certified Technician and continues quarterly Technical Course Trainings.
- Technician is not a medical practitioner, does not have any medical degrees, and shall not diagnose or treat any specific disease.
- The Electro-Equiscope® is an FDA-registered diagnostic myograph device. It is a pain management, rehabilitation and peak performance system, equipped with outstanding capabilities and performance. It calculates transcutaneous impedance and applies a corrective electronic impulse to meet a preselected nominal baseline, voltage or current. Correction involves a charge input at microcurrent (or magnitudes less) levels.
- Technician will place probes and/or plates on various parts of Recipient's body according to specific protocols that will emit microcurrent into Recipient's body. Equiscope® Therapy Sessions are painless and drug free.
- Technician makes no medical claims regarding the performance or outcomes of using the Electro-Equiscope® (the "Instrument/Device").
- The Equiscope® Therapy session is not a substitute for or an alternative to any prescribed medical treatment.
- The services to be provided by Technician are not the practice of medicine, chiropractic or naturopathy and are not licensed as such by the state.
- No personal information but only the initials and age of Recipient with protocols used and, in some instances, photos of the technique including results may be submitted to Thorp Institute for study.
- Recipient fully accepts the Equiscope® therapeutic protocol(s) provided by Technician at Recipient's own risk.
- Recipient understands that Equiscope® Therapy sessions are not covered by Medical Insurance or Medicare.
- Recipient affirmatively states that he/she has none of the specific conditions\* **listed on page 2** that may exclude him/her from receiving Equiscope® Therapy or any other conditions as the case may be which may exacerbate Recipient's present condition or cause harm to Recipient when using the Instrument/Device.

Date: \_\_\_\_\_, 2025

Recipient Initials: \_\_\_\_\_

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## ELECTRO-EQUISCOPE® THERAPY RELEASE AND WAIVER AGREEMENT (page 2)

### Recipient understands and acknowledges that:

- Recipient specifically releases and holds harmless Technician and the Equiscope® distribution and training companies, Intelligent Bioenergetics, Inc. and Thorp Institute, Inc., and their officers, directors, employees, technicians and agents.
- Recipient acknowledges that he/she has read and understands the terms and conditions of the Electro-Equiscope® Therapy Release and Waiver Agreement.

DATE: \_\_\_\_\_, 2025

*Signature of Recipient*

### \*Known conditions that exclude use of the Instrument/Device:

1. A demand pacemaker or any other type of pacemaker in his or her body or implanted device.
2. Pregnancy.
3. A physical, mental or medical condition—such as a heart condition, seizures and/or A-Fib—which could be triggered or exacerbated by use of Equiscope Therapy® unless prescribed by a physician.
4. For Facials: Please notify Technician prior to the start of the Equiscope® Therapy session if you have had Botox or facial fillers.

Recipient Initials: \_\_\_\_\_

### Possible Symptoms After Equiscope® Therapy:

Some other *Herxheimer or microbial die-off detoxification* symptoms that can occur after Equiscope® therapeutic protocols sessions:

|                       |                          |
|-----------------------|--------------------------|
| Nausea                | Diarrhea                 |
| Headaches             | Vertigo                  |
| Dehydration           | Dizziness                |
| Fainting              | Muscle spasms            |
| Hot/cold sweats       | Chills                   |
| Skin irritation       | Temporary increased pain |
| Early menstrual cycle |                          |

Recipient Initials: \_\_\_\_\_

### Other Recommendations:

- Always consult with your physician for any medical condition.
- Medication should be taken as prescribed.
- Hydrate with electrolytes and water before and after each session.
- Taking an Epsom Salt bath the night before or a few hours before Equiscope® Therapy can help maintain electrolyte and hydration but is not necessary.
- Avoid drinking caffeinated drinks and/or alcohol 4 hours before each session and after, if possible, to prevent dehydration.
- Avoid immersing the body in water (bath, sauna, steam, ice) or showering for a minimum of four hours up to 24 hours after each session.
- Avoid shaving protocol area (if applicable) before session to prevent stinging.

Recipient Initials: \_\_\_\_\_

**Recipient is age 18 years or older and has read, understands and accepts all the provisions of this Agreement and acknowledges the receipt of a copy of all the provisions stated above.**

Date: \_\_\_\_\_, 2025

*Signature of Recipient:* \_\_\_\_\_

PRINT NAME: \_\_\_\_\_

**Disclaimer:** The Electro-Equiscope® does not diagnose nor treat any disease. For all health-related concerns, always seek the advice of a licensed physician or healthcare practitioner.



# Equiscope Success

Please let us know what success would look like to you after our sessions. How would you like to feel? What would you like to see improved? Be as specific as possible.



# ATP and Why It Matters

## The Body's Energy Currency

### What Is ATP and Why Does It Matter?

**ATP—adenosine triphosphate—is the energy currency of the body.** Every muscle contraction, nerve signal, and repair process runs on ATP. When ATP runs low, the nervous system dysregulates, the brain slows down, and the body struggles to recover.

Healthy mitochondria (the “power plants” of our cells) make ATP from oxygen, glucose, and fats. But stress, trauma, injury, and inflammation drain ATP faster than it can be restored. This is why people in chronic pain, burnout, or post-trauma often feel like they “hit a wall.”

### How Your Body Uses ATP

- **Muscles:** Every movement, from lifting a weight to raising an eyebrow, burns ATP.
- **Brain:** Thinking, focusing, and learning are energy-hungry. The brain uses a lot of ATP to keep nerves firing.
- **Repair:** Healing injuries, digesting food, and fighting off illness all require ATP.
- **Calm and Stress:** Even regulating stress takes ATP. When you relax after a tough day, your body is still spending energy to reset.

Your body makes a huge amount of ATP every single day, but it doesn’t store much. That means you are constantly making it and using it up.

### Why ATP Gets Used Up So Fast

ATP is like a phone battery. It’s powerful, but it drains quickly.

- **Stress:** Fight-or-flight burns energy fast.
- **Illness or Injury:** The body spends extra ATP trying to repair itself.
- **Poor Sleep, Diet, or Oxygen:** Without fuel or rest, ATP production slows.
- **Overuse:** Pushing too hard without recovery drains your reserves.

That’s why people who are in pain, under stress, or burned out often feel like they have no energy left. Their cells are literally out of “currency.”

# How the Electro-Equiscope Boosts ATP

## 1. Microcurrent & the Mitochondria

- The Equiscope delivers **very low-level electrical currents** (microcurrent) that mimic the body's own bioelectric signals.
- These signals penetrate into the tissues and interact with the **mitochondria**—the “power plants” of the cells where ATP is made.
- Research shows that when microcurrent hits mitochondria, it increases the efficiency of the **electron transport chain**, the last stage of cellular respiration that generates ATP.
- Result: **ATP production can rise 300–500% in treated cells compared to baseline** (this figure comes from published microcurrent studies, including work by Cheng et al., 1982).

## 2. Restoring Cellular Communication

- Inflammation, trauma, or stress can cause “electrical noise” in tissues, disrupting how cells communicate and function.
- The Equiscope’s **feedback-driven current** clears out that static by normalizing voltage across cell membranes.
- When the membrane charge is restored, cells can once again bring in nutrients and oxygen effectively, both of which are essential for ATP synthesis.

## 3. Increased Circulation & Oxygen Delivery

- Microcurrent also stimulates local blood flow and oxygen delivery.
- More oxygen = more efficient oxidative phosphorylation in mitochondria = more ATP.
- This is especially important in areas with chronic injury, where cells are often starved of oxygen and energy.

## 4. Reducing ATP Drain from Stress

- Chronic stress keeps the nervous system in **sympathetic overdrive**, which burns through ATP at unsustainable rates.
- By calming the nervous system and reducing inflammatory signals, the Equiscope not only helps cells make more ATP—it also prevents **wasteful energy leakage**.
- Every nervous system recalibration you guide is amplified because the Equiscope is giving clients more **cellular fuel** to sustain regulation.
- More ATP = faster recovery after trauma release, better resilience in high-stress situations, and more stable nervous system function.
- It’s not just “feeling better”—it’s measurable, biological energy restoration.

## Why It’s Different From “Natural Means”

- **Natural approaches** like breathwork, exercise, sleep, and nutrition are essential—they reduce stress load and build long-term ATP capacity. But they work **systemically and**

**gradually.**

- The **Equiscope is local and fast**—it delivers energy directly to the injured or dysregulated tissue and accelerates the process.

Think of it like this: **exercise builds your paycheck, but the Equiscope is the cash advance** that gives your cells the resources they need immediately.

## **Natural Ways to Boost ATP**

Your body is designed to make ATP all the time, but you can help it along.

- **Exercise:** Moving your body teaches cells to build more mitochondria (the “power plants” that make ATP).
- **Breathwork & Oxygen:** Deep, steady breathing delivers the oxygen your mitochondria need to produce energy.
- **Good Nutrition:** Whole foods, protein, and healthy fats give your body the raw materials to create ATP.
- **Sleep & Rest:** Repair and energy production happen when you rest. Skipping sleep drains ATP.
- **Sunlight:** Natural light supports cellular energy cycles.

These are the **foundations**. Without them, no tool or treatment will give lasting results.

## **Why You Should Care**

### **Faster Recovery**

If you’ve been dealing with pain, stress, or trauma, your cells are often running on empty. The Equiscope helps your body make more ATP—the fuel your cells run on—so you can recover faster and feel relief sooner.

### **More Calm, Less Stress**

Practices like deep breathing, mindfulness, or meditation all work better when your cells have energy to support them. With more ATP, your nervous system can stay calm instead of snapping back into stress mode.

### **Relief That Lasts**

Many people report less pain, clearer thinking, and more energy after just a few sessions. That’s because the Equiscope doesn’t just mask discomfort—it helps your body function better at the cellular level.

### **Everyday Benefits You Can Feel**

- **More Energy for Daily Life:** Whether it's keeping up with family, working, or exercising, you'll have more "fuel in the tank."
- **Better Sleep and Recovery:** When your body has the energy to repair, sleep becomes deeper and more restorative.
- **Support for Stubborn Issues:** If you've felt "stuck" with chronic pain, stress, or slow healing, the Equiscope can give your cells the jumpstart they need.
- **A Boost to Natural Healing:** Healthy habits like exercise, breathwork, and nutrition are the foundation. The Equiscope doesn't replace them—it *amplifies* them by giving your cells more power to respond.

## The Bottom Line

The Electro-Equiscope isn't just covering up symptoms. It's helping your body at the source: your cells and their energy supply.

More ATP means more healing. More energy. More clarity. More life.