

*****Trevino's Gymnastics*****

LEVEL 4 NORTH STATE MEET

- MEET:** Level 4 North State
PLEASE COME PREPARED TO TURN IN ENTRY, PAYMENT AND LEO SIZES FOR STATE MEET!
- DATE:** **October 29-30, 2022**
- SITE:** Trevino's Gymnastics
1438 S. I-35E
Lancaster, TX 75146
(972)223-0167 (phone)
(972)223-6657 (fax)
meetdirector@trevinosgymnastics.com
www.trevinosgymnastics.com
- HOST:** Trevino's Gymnastics
- MEET DIRECTOR:** Rich Trevino
- JUDGES:** per Texas rules & policies
- ENTRY FEE:** **\$70.00 per athlete**
\$35.00 per team entry
****Indicate Small(3-5), Medium(6-10) or Large(11+) team on entry**
Checks payable to: Trevino's Gymnastics

ENTRIES MUST BE MADE THROUGH THE MEET SANCTION ON THE USAG WEBSITE. PLEASE EMAIL ENTRY SAME DAY INDICATING TEAM ENTRIES.

PLEASE SEND ONE ENTRY FEE CHECK PER CLUB ALONG WITH ENTRY FORM INDICATING TEAM SIZES FOR EACH LEVEL.

No personal checks will be accepted.

ALL ENTRY FEES ARE NON-REFUNDABLE, REGARDLESS OF CIRCUMSTANCES, AS PER USAG RULES AND POLICIES.

MAIL YOUR ENTRIES TO:

MEET ENTRIES
Trevino's Gymnastics
1438 S. I-35E
Lancaster, Texas 75146
www.trevinosgymnastics.com

ONLY COMPLETE AND PROPERLY FILLED OUT ENTRIES WILL BE ACCEPTED, PLEASE NOTE: UNLESS PAYMENT IS RECEIVED AT DISTRICT CHAMPIONSHIP MEET, THE ENTRY WILL BE COUNTED AS LATE, AND WILL BE SUBJECT TO FINES

PER TXUSAG RULES.

ENTRY DEADLINE: All entries and payment **MUST BE TURNED IN AT YOUR DISTRICT CHAMPIONSHIP MEET**. All entry forms must be filled out completely and properly on the correct form or they **WILL NOT BE ACCEPTED**.

FORMAT: The competition will be run in the **Modified Capital Cup Format**. You will be notified of any changes in format when the schedule is posted.
The competition will follow the USAG Rules and Policies.

FINAL SCHEDULE: **A final competition schedule will be posted no later than 10/14/2022 on www.txusag.com and www.trevinosgymnastics.com.**

Coaches: Please do not allow parents of individual gymnasts to call for schedule verification. If there is a question, please have one club representative call.

*******No information regarding competition times will be available prior to 10/14/2022*******

BAR SETTINGS: Bar settings may be obtained during the general stretch time prior to each session. Coaches, please be prepared to work with each other to help things operate smoothly.

EQUIPMENT: AAI Elite Beams
AAI Elite Bars
ROSS spring floor
AAI Tac 10 Vaulting table
80' vaulting runway
Spieth Anderson & AAI Tac 10 boards
Personal boards will be allowed.

COACHES MEETING: There will be a coaches meeting prior to each session. All competition information will be distributed at that time.

COMPETITION AREA: **Only properly registered coaches, with credentials, and competing athletes will be allowed on the floor during competition. No parents will be allowed on the competition floor.**

AWARDS: As per Texas Rules and Policies

Parents Info:

ADMISSION: **\$15.00 per session and/or day - adults**
\$10.00 per session and/or day - children(3-12) & Sr. Citizens(60+)

NEARBY HOTELS:

Main Stay Suites

3508 N I-35E, Bldg B,
Lancaster, TX 75134
Phone: 469-993-2042

*** Main Stay Suites have Free WiFi, Free Breakfast, Microwaves and Mini fridges, and just a few minutes from the gym. Please call 469-993-2042 and mention "TREVINO'S GYMNASTICS" to get the special rate.

GL0 by Best Western

1215 N I-35E
DeSoto, TX 7515
469.747.3700

Holiday Inn Express- De Soto

Very Modern, FREE hot breakfast, exercise facility, heated outdoor pool & Jacuzzi. Next to Cracker Barrel.
1310 E. Wintergreen
DeSoto, TX 75115
972-224-3100