

DISTRICT 2 QUALIFIER

Hosted By: Trevino's Gymnastics

**1438 S. I-35E
LANCASTER, TEXAS 75146
972-223-0167**

September 9-10, 2023

MEET FORMAT: CONTINUOUS CAPITAL CUP

Saturday, September 9, 2023

SESSION 1

ALL Levels 1 & 2

Gym Opens:	8:00am
Open Stretch:	8:30am
March In:	8:50am
Timed Warm Up:	8:58am
Competition:	9:08am

Awards to follow

Saturday, September 9, 2023

SESSION 2

ALL Level 4A & 4P

Open Stretch:	11:30am
March In:	11:50am
Timed Warm Up:	12:02pm
Competition:	12:12pm

Awards to follow

Saturday, September 9, 2023

SESSION 3

ALL Level 5

Open Stretch:	4:15pm
March In:	4:35pm
Timed Warm Up:	4:43pm
Competition:	4:53pm

Awards to follow

Sunday, September 10, 2023

SESSION 4

ALL Level 3A & 3P

Gym Opens: 8:00am

Open Stretch: 8:30am

March In: 8:50am

Timed Warm Up: 9:00am

Competition: 9:10am

Awards to follow