



Healing Herbs for Home Gardens

Growing tips and care guide

Anu Ganapathy



Rosemary

- Grow Bag Size: 8-10 inch deep bag (one plant per bag)
- Soil mix: Compost + soil + coco peat in the ratio of 2 : 1 : 1
- Add a handful of neem cakes to keep plants healthy and pest-free
- Sunlight: At least 5-6 hours of direct sunlight daily
- Watering: Light. Water only when the top inch of soil feels dry. Rosemary hates soggy roots

Tip: Trim regularly to keep it compact and bushy



Doddapatre/Ajwain Leaf

- Grow Bag Size: 12-inch deep bag (one plant per bag). It has a moderate root system
- Soil mix: Compost + soil + coco peat in the ratio of 2 : 1 : 1
- Add a handful of neem cakes to keep plants healthy and pest-free
- Sunlight: 4-6 hours of direct sunlight or bright partial sun
- Watering: Water only when the top inch of soil feels dry. Avoid overwatering as the fleshy stems and leaves retain moisture

Tip: Harvest by snipping the stem tips, not just the leaves



Brahmi

- Grow Bag Size: 6–8-inch shallow, wide bag — roots don't run deep. I use a 6" deep X 18" diameter bag
- Soil mix: Compost + soil + coco peat in the ratio of 2 : 1 : 1
- Add a handful of neem cakes to keep plants healthy and pest-free
- Sunlight: Prefers partial shade or dappled sunlight
- Watering: Loves humidity — keep soil moist at all times.

Tip: Perfect for trailing or hanging setups; great near water features

Lemon Balm



- Grow Bag Size: I use 6" deep, 18" diameter growbag (it spreads fast)
- Soil mix: Compost + soil + coco peat in the ratio of 2 : 1 : 1
- Add a handful of neem cakes to keep plants healthy and pest-free
- Sunlight: Partial shade preferred, especially in strong sunlight
- Watering: Keep soil evenly moist but not soggy

Tip: Regular trimming keeps the leaves tender and prevents overgrowth



Celery

- Grow bag size: 12-inch deep and wide bag (celery needs root room)
- Soil mix: Compost + soil + coco peat in the ratio of 2 : 1 : 1
- Add a handful of neem cakes to keep plants healthy and pest-free
- Sunlight: Partial to full sun (4–6 hours) daily
- Watering: Keep consistently moist — never let it dry out

Tip: Mulch to retain moisture and add a handful of compost once a month



Tulsi (Holy Basil)

- Grow Bag Size: 12-inch deep bag (one plant per bag)
- Soil mix: Compost + soil + coco peat in the ratio of 2 : 1 : 1
- Add a handful of neem cakes to keep plants healthy and pest-free
- Sunlight: At least 5-6 hours of direct sunlight daily is essential
- Watering: Water when the topsoil feels dry. Avoid overwatering

Tip: Pinch off the flower spikes for more leafy growth



Mint

- Grow Bag Size: 6-18 inch shallow bag to accommodate its spreading runners
- Soil mix: Compost + soil + coco peat in the ratio of 2 : 1 : 1
- Add a handful of neem cakes to keep plants healthy and pest-free
- Sunlight: 3-5 hours of morning sunlight or bright partial shade
- Watering: Keep the soil consistently moist. Water when the top soil just begins to dry

Tip: Harvest by snipping stems just above a pair of leaves to encourage fresh, bushy growth



Kadi Patta/Curry Leaves

- Grow Bag Size: 12-inch deep bag (one plant per bag)
- Soil mix: Compost + soil + coco peat in the ratio of 2 : 1 : 1
- Add a handful of neem cakes to keep plants healthy and pest-free
- Sunlight: At least 5-6 hours of direct sunlight daily
- Watering: Water only when the top inch of soil feels dry.

Tip: Harvest by snipping entire leaf stalks rather than just leaves

Lemon Grass



- Grow Bag Size: 12-inch deep bag (one plant per bag)
- Soil mix: Compost + soil + coco peat in the ratio of 2 : 1 : 1
- Add a handful of neem cakes to keep plants healthy and pest-free
- Sunlight: At least 5-6 hours of direct sunlight daily
- Watering: Water regularly. Allow for top soil to become slightly dry between watering

Tip: Harvest the outer stalks at the base, leaving the inner shoots to continue growing



Oregano

- Grow Bag Size: 10-inch wide bag (one or two plants per bag)
- Soil mix: Compost + soil + coco peat in the ratio of 2 : 1 : 1
- Add a handful of neem cakes to keep plants healthy and pest-free
- Sunlight: Loves full sun — 6+ hours a day.
- Watering: Water when topsoil dries; prefers dry feet to damp ones

Tip: Pinch tips often for lush, bushy growth



Sage

- Grow Bag Size: 10–12-inch deep bag (one per bag)
- Soil mix: Compost + soil + coco peat in the ratio of 2 : 1 : 1
- Add a handful of neem cakes to keep plants healthy and pest-free
- Sunlight: Full sun — 5–6 hours minimum, daily
- Watering: Let soil dry thoroughly between watering

Tip: Ensure good airflow; sage dislikes humidity and poor ventilation

Thyme



- Grow Bag Size: 8–10-inch bag (can plant 2–3 saplings together)
- Soil mix: Compost + soil + coco peat in the ratio of 2 : 1 : 1
- Add a handful of neem cakes to keep plants healthy and pest-free
- Sunlight: Full, direct sunlight
- Watering: Let soil dry thoroughly between watering. Thyme hates wet roots

Tip: Trim back woody stems to encourage fresh, bushy growth



Happy gardening!

Ping me – I would love to hear from you

Anu Ganapathy



+91 98455 24268



anuganapathy2020@gmail.com



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