

### WE ARE AN OFFICIAL LOCATION FOR









**INFORMATION PACK 2025** 

### STUDIO INFORMATION



# WELCOME TO LAUREN WALL SCHOOL OF DANCE

Thank you for choosing Lauren Wall School of Dance for your child's dance education. This info pack provides essential details about our studio and the Ready Set Dance, Ballet & Acro programs. From fees, term dates, policies and FAQ, it's all in here!

Ready Set Dance, Ballet & Acro classes are offered in the mornings on Wednesday, Friday, and Saturdays and are designed to keep children stimulated, fit and most importantly, ensure they have lots of fun!

STUDIO DETAILS: Lauren Wall School of Dance 5/63 Duffy Street, Epping

**EMAIL**:

enquiries.lwsod@gmail.com

CONTACT NUMBERS: Studio 9408 3088 Lauren 0404 841 181 Janelle 0409 337 946

**OFFICE HOURS:** 

Tuesday, Wednesday, Thursday 10:00am-2:00pm

**RECEPTION HOURS:** 

Monday - Thursday 4:30pm - 7:30pm, Saturday 9:00-3:00pm

Information about the studio is available on our website:

www.laurenwallschoolofdance.com.au

Periodic newsletters will be sent out by email and we also have a private facebook group for Ready Set Dance Parents where we share information and class photos/videos! Once enrolled you will be given access to our LWSOD Parent Portal.

We hope you find this information pack helpful. If you have any questions or need further assistance, please don't hesitate to contact us. We look forward to sharing the joy of dance with your child and your family!

### TIMETABLE



### **EPPING**

5/63 Duffy St, Epping

#### WEDNESDAY

9:30am Ready Set Dance10:30am Ready Set Ballet11:00am Ready Set Acro\*Combined Ages

#### SATURDAY

9:00am Level 1 Ready Set Dance 10:00am Level 1 Ready Set Ballet 10:30am Level 1 Ready Set Acro

Level 1 Classes - 2-3yrs

#### **FRIDAY**

9:30am Ready Set Dance10:30am Ready Set Ballet11:00am Ready Set Acro\*Combined Ages

#### SATURDAY

11:00am Level 2 Ready Set Dance 12:00am Level 2 Ready Set Ballet 12:30pm Level 2 Ready Set Acro

Level 2 Classes - 4-5yrs

### **2025 TERM DATES**

The calendar for dancing follows the school calendar. Therefore the dates for the dancing year are as follows:

#### TERM 1

1st Feb - 3rd April

#### TERM 2

22nd April - 5th July

#### TERM 3

21st July - 20th September

#### TERM 4

6th October - 13th December







# OUR PROGRAMS



READY SET BALLET is magical ballet experience for 2-5 year olds where they learn the fundamentals of classical ballet.

#### MUSIC

Engage in specifically designed music that captures the beauty of classical ballet.

#### **CURRICULUM**

Develop coordination, body awareness, strength and flexibility both through visual and auditory instruction.

#### MIME

Explore creativity and gain confidence by going on a picnic with FREEZE and TWIRL, riding the tutu train to storybook lane and so much more.

#### THEMED DANCES

Learn the beautifully themed dances that have music prompts to support preschooler's playful participation.

#### **PROPS**

Have fun twirling with rainbow ribbons, swaying with feathers and popping bubbles. These resources support tactile awareness and strengthen fine motor coordination and control.



### **OUR PROGRAMS**



READY SET ACRO is a collaborative acrobatic program developed with Industry Leader Acrobatic Arts, specifically designed for preschoolers. It emphasises safe and effective progressions to foster the physical and social skills needed for healthy early childhood development.

The program is developed with original music with lyric cues and focuses on three key components: STRETCH, STRENGTH & SKILLS.

#### **STRETCH:**

Enhance flexibility and expand the range of motion in all major muscle groups.

#### **STRENGTH:**

Young learners engage in a variety of exercises designed to promote physical strength and control.

#### **SKILLS:**

Preschoolers develop social literacy and build confidence while exploring a wide range of AcroDance movements, from basic poses and balances, to more complex hand stands and cartwheels whilst always working at an appropriate level for their skill and experience.







# CONFIDENCE

Regular and sustained participation in Ready Set Dance classes helps children to develop their confidence as they try new things, practice and consolidate existing skills and experience success and mastery.





# COORDINATION

The carefully sequenced and playful program develops physical coordination, the coordination of the senses, the coordination of the mental processes and language and the coordination of social connections.



### CREATIVITY 🌽



Children are encouraged to use their imaginations to think divergently and to explore their own creative responses to the invitations within dance, music & drama.



# STRETCH

WITH FLEXY TO INCREASE FLEXIBILITY & RANGE OF MOTION



# STRENGTH

EXCERCISES WITH BRIDGIE TO INCREASE CONTROL & PHYSICAL LITERACY



# SKILLS

WITH FLIP TO BUILD CONFIDENCE, SOCIAL LITERACY & ACRODANCE MOVEMENTS



# FEES & UNIFORMS



Ready Set Dance - 1 hr	\$18 per class
Ready Set Ballet - 30 mins	\$14 per class
Ready Set Acro - 30 mins	\$14 per class
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Ready Set Combo	\$27 per class
Annual Enrolment Fee	\$45 + GST



Ready Set Combo Class includes 1hr Ready Set Dance and either 30 mins Ready Set Ballet or 30 mins Ready Set Acro Please Note: All class prices are inclusive of GST and classes are invoiced by the Term.

#### **UNIFORM**

All Ready Set Dance, students will be required to wear the official uniform that we are sure you will love. Below are the following options that can be purchased at reception.



**TUTU FRILL DRESS** 



CROSS OVER



T SHIRT



**SHORTS** 



**JACKET** 



**STOCKINGS** 



HAIR ACCESSORIES



SOCKS



BIKETARD



TULLE SKIRT







### FAQ'S



#### Can I watch my child's classes?

In our experience preschoolers are able to concentrate better without the distraction of other noise in the room from parents and other siblings. Our program has been endorsed by leading child care experts who support the independent learning model. As preschoolers participate in classes they have the opportunity to develop additional secure attachments with adults (teachers) and peers. This helps them transition positively into the larger world and helps with school readiness.

Having said that, a lot of children are timid at first and need to know that a parent is close by. Our program allows parents to watch the first class if necessary to help them adjust.

#### Are your teacher's qualified?

All teachers have their Working with Children Check (or equivalent) and follow the program that is endorsed by early learning experts. Ready Set Dance teachers are required to gain their certification from Ready Set Dance head office before delivering the program.

#### Do we need to purchase uniform and shoes?

Students must wear the Ready Set Dance uniform. However, we need to make sure we are the right fit for you and your child before committing to anything. Comfortable clothes and sneakers are fine for the first couple of lessons. Once your child has settled you can purchase the official Ready Set Dance uniform at reception which we are sure you will love.

#### What is watching day?

Watching day is where parents get to view their child dance as an audience in the classroom. It's a chance for your child to begin their first step to working on their performance skills.

#### If we miss a class can it be made up on another day of the week?

You may swap days during Terms 1, 2 and 3 if you miss a class (as long as the make up class is not full). In term 4, each class works on a different routine for the end-of-year concert, and it is too confusing for students to be swapping days. We do recommend that you avoid alternating days too much as preschoolers need the comfort of knowing that the same teacher and their friends will be there when they go to dancing.

#### How can I experience Ready Set Dance at home?

Ready Set Dance airs on Nick Jr and Paramount Plus. You can also catch us on YouTube and the Nick Jr Play App. The Show has been so popular that it is now airing in 120 countries all over the world. Preschoolers love to dance along to their favourite songs from the TV show in their classes every week.