

PIH Health

Employee Chiropractic Benefits

PIH TIER 1 Provider - \$20 Co-Pay/NO DEDUCTABLE

Chiropractic Coverage – (60) office visits per calendar year

Benefits Include:

- ✓ Chiropractic adjustments
 - Spine & Extremities
- ✓ Treatment therapies
 - Electrical muscle stimulation
 - Therapeutic ultrasound
 - Mechanical traction
- ✓ **Massage therapy**
 - Up to **30 minutes** in conjunction with chiropractic treatment
- ✓ Custom Fit Orthotics (depending on diagnosis)
- ✓ Exercise Prescription
 - Exercises designed to improve stability, strength, and flexibility
- ✓ Includes Dependents

To set up an appointment with [Dr. Manuel Urteaga](#), DC, MS, RCEP-ACSM, CSCS

CALL (562) 274-7771

***** (Please mention or bring this flyer) *****

Urteaga Chiropractic & Sports Medicine

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(Across from PIH Whittier Hospital)

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www.urteagachiropractic.com