

Cleaning Checklist



| Area | Daily Tasks | M | T | W | T | F | S | S |
|---------|--|---|---|---|---|---|---|---|
| Kitchen | Wipe down countertops and appliances | | | | | | | |
| | Wash dishes and load/unload the dishwasher | | | | | | | |
| | Sweep or vacuum the floor | | | | | | | |
| | Empty trash bin | | | | | | | |

| Area | Daily Tasks | M | T | W | T | F | S | S |
|----------|--|---|---|---|---|---|---|---|
| Bathroom | Wipe down bathroom surfaces (sink, countertop) | | | | | | | |
| | Wipe down toilet seat and handle | | | | | | | |
| | Empty and clean bathroom trash bin | | | | | | | |
| | Wipe down bathroom surfaces (sink, countertop) | | | | | | | |

| Area | Daily Tasks | M | T | W | T | F | S | S |
|-------------|--------------------------------------|---|---|---|---|---|---|---|
| Living Room | Dust surfaces and electronic devices | | | | | | | |
| | Vacuum or sweep the floor | | | | | | | |

| Area | Daily Tasks | M | T | W | T | F | S | S |
|---------|-------------------------------|---|---|---|---|---|---|---|
| Bedroom | Make the bed | | | | | | | |
| | Dust surfaces and electronics | | | | | | | |
| | Vacuum or sweep the floor | | | | | | | |
| | Make the bed | | | | | | | |

| Area | Daily Tasks | M | T | W | T | F | S | S |
|--------------|--|---|---|---|---|---|---|---|
| Common Areas | Vacuum under furniture and in corners | | | | | | | |
| | Dust and wipe down light fixtures and ceiling fans | | | | | | | |



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| Area | Monthly Tasks | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
|---------|--------------------------------------|---|---|---|---|---|---|---|---|---|----|----|----|
| Kitchen | Clean the inside of the refrigerator | | | | | | | | | | | | |
| | Clean the inside of the oven | | | | | | | | | | | | |
| | Clean microwave interior | | | | | | | | | | | | |
| | Wipe down kitchen cabinets | | | | | | | | | | | | |

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|----------|--------------------------------|---|---|---|---|---|---|---|---|---|----|----|----|
| Bathroom | Scrub the bathtub and shower | | | | | | | | | | | | |
| | Clean bathroom tiles and grout | | | | | | | | | | | | |
| | Clean bathroom exhaust fan | | | | | | | | | | | | |

| Area | Monthly Tasks | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
|-------------|--------------------------------|---|---|---|---|---|---|---|---|---|----|----|----|
| Living Room | Vacuum upholstered furniture | | | | | | | | | | | | |
| | Clean windows and window sills | | | | | | | | | | | | |
| | Vacuum upholstered furniture | | | | | | | | | | | | |

| Area | Monthly Tasks | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
|---------|-------------------------------|---|---|---|---|---|---|---|---|---|----|----|----|
| Bedroom | Rotate and flip the mattress | | | | | | | | | | | | |
| | Vacuum or clean under the bed | | | | | | | | | | | | |
| | Rotate and flip the mattress | | | | | | | | | | | | |

| Area | Monthly Tasks | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
|--------------|--|---|---|---|---|---|---|---|---|---|----|----|----|
| Common Areas | Vacuum under furniture and in corners | | | | | | | | | | | | |
| | Dust and wipe down light fixtures and ceiling fans | | | | | | | | | | | | |