

# OAXACA CITY, MEXICO

## ITINERARY 10.21 - 27.2026

**Day 1**  
**Wednesday**  
**October 21**

ARRIVAL DAY

3 p.m. or later - Check in to our home away from home (a UNESCO-protected 18th-century colonial). Get acquainted and explore at your own pace.

**Day 2**  
**Thursday**  
**October 22**

**Breakfast**  
**Opening Ceremony**  
**La Voz de la Mujer** 4-hour walking tour, mostly flat terrain  
A woman scholar guided tour through the heart of Oaxaca City  
**Lunch**  
**Mezcal Tasting:** Discover the diverse flavors of Oaxaca's iconic spirit

**Day 3**  
**Friday**  
**October 23**

**Breakfast**  
**Cooking Class with Mimí López** 10 a.m. - 3 p.m.  
**Lunch:** Enjoying what we've prepared together

**Day 4**  
**Saturday**  
**October 24**

**Breakfast**  
*Choose Your Own Adventure!* Saturday is set aside for you to explore Oaxaca based on your preferences. We can provide suggestions for markets, ruins, tastings, alebrije-making, and more.

**Day 5**  
**Sunday**  
**October 25**

**Breakfast**  
**Fundación En Vía** 9:30 a.m. - 6:30 p.m., via bus, learning from En Vía Entrepreneurs  
**Curandera María Ruíz Méndez:** Discussion of practices, herbs, cleanses, and her Temezcal. Traditional limpia to expel negativity and sickness.  
**Lunch:** With an En Vía Entrepreneur in her traditional comedor.  
**Chocolate Presentation & Day of the Dead Traditions Discussion:** Demonstration and discussion of chocolate's significance to the Day of the Dead. We'll discuss how offerings are prepared for the souls and the symbolism of adorning the altar.

**Day 6**  
**Monday**  
**October 26**

**Breakfast**  
**Local Healer** exploring traditional healing practices and indigenous wellness wisdom  
**Closing Ceremony**  
**Celebratory Dinner:** At our home prepared by Mimí López

**Day 7**  
**Tuesday**  
**October 27**

DEPARTURE DAY

**Breakfast**  
By 10:30 a.m. - Depart our home away from home. Safe travels and farewell until next time!

All items written in bold are included