

Family activity

Make a Let Go & Let God

Have Fun

Step one: Find a jar, box, lunch bag anything that you can decorate.

Step two: Decorate the item from above as a family and make sure you put “Let God and Let Go” on the item.

Step three: Give everyone an index card or slip of paper and have each family member write a worry down on that slip of paper.

Step four: As you fold up the paper and insert it into the decorated item share with your family your worry.

Step five: Commit to letting God take care of that worry.

Step six: Help each family member stay true to letting God take care of our worries.