



**Build your Own**

**\$12**  
Regular

**\$9**  
Small

**Wave Favorites**

**BOWL**

**SMOOTHIE**

**JUICE**

**SAVORY BITES**

**Base**

**CHOOSE 1**

- ACAI
- PITAYA
- BLUE PARADISE
- COTTAGE CHEESE
- YOGURT

**Fruit**

**CHOOSE UP TO 3**

- STRAWBERRY
- BANANA
- MANGO
- PINEAPPLE
- KIWI
- BLUEBERRY

**Toppings**

**CHOOSE UP TO 3**

- COCONUT FLAKES
- PEANUT BUTTER
- SWEET CONDENSED MILK
- COCONUT NECTAR
- CHOCOLATE CHIPS
- CHIA SEEDS
- COCAU NIBS +\$1
- GOJI BERRIES +\$1
- ALMOND BUTTER +\$1
- GRANOLA
- GRANOLA GF
- NUTELLA
- AGAVE
- RAW HONEY

Turn your bowl into a smoothie! Layered or blended!

**ACAI**



- |   |   |   |
|---|---|---|
| THE WAVE<br>Strawberry<br>Banana<br>Blueberry | THE 1965<br>Strawberry<br>Banana<br>Nutella | PURA VIDA<br>Strawberry<br>Pineapple<br>Mango |
|---|---|---|

**BLUE PARADISE**



**PITAYA**



- |   |   |  |  |
|---|---|--|--|
| BLUE JADE<br>Mango<br>Banana<br>Pineapple | HIGH TIDE<br>Pineapple<br>Blueberries<br>Condensed Milk | LOCALS ONLY<br>Strawberry<br>Blueberry | ART DISTRICT<br>Strawberry<br>Banana<br>Kiwi |
|---|---|--|--|

All include granola and coconut flakes.

Add Agave, Honey, or Coconut Nectar to sweeten

**TOAST \$6**

**BANANA CRUNCH**

Peanut Butter, Banana, Honey, Cocau Nibs

**CREAMY BERRY**

Ricotta, Strawberries, Mint Blueberries, Coconut Nectar

**MEDITERRANEAN**

Hummus, Tiki Masala Paste, Cucumber, Chia Seeds

Served on a hearty multi-grain bread

**Daiquiris and Coladas**

- Strawberry Paradise
- Pineapple Beach
- Mango Mama

**\$8**  
Regular

**\$6**  
Small

ALL WAVE SMOOTHIES CONTAIN: GREEK YOGURT, SWEET CONDENSED MILK, COCONUT WATER, AND ALMOND MILK

PROTEIN (per scoop) 15g of protein per scoop + \$1.50 Each

**COASTAL CRISP** Apple, Ginger

**CORAL CRUSH** Apple, Carrot, Turmeric

**GREEN PARADISE** Apple, Cucumber, Kale, Mint

**BEET BLISS** Apple, Beet, Carrot, Ginger

No added artificial dyes, preservatives, sugars, or flavors  
All handmade juices contain lemon juice for freshness

**\$8**  
One Size

**GUARAPO**

Fresh Sugar Cane Juice  
Lime Optional

Add a splash of fresh fruit juice for a unique guarapo flavor experience

**HUMMUS**

Served with your choice of:  
Sun chips, Carrot/Celery Sticks, or Cucumber Chips

**\$5**

Add special flavor for \$1  
Pesto  
Tiki Masala Paste  
Thai Spicy Garlic Chili

\$1.50 WATER

\$2 CANNED / BOTTLED DRINK

\$3 COCONUT WATER

\$2 SUN CHIPS

\$4 CHOC/PEANUT BUTTER PROTEIN BAR

\$2 PUP-SICLE DOG TREAT

**EXTRAS**

**EMPANADAS**

**\$5 Each**

- |         |                   |
|---------|-------------------|
| CHICKEN | Sauce (\$0.75 ea) |
| BEEF    | GARLIC            |
| PORK    | PINK              |
| CHEESE  | VERDE             |

**CHICKEN BITES**

**\$6 Each**

- 6 PC. LIGHTLY BREADED CHICKEN BREAST CHUNKS
- Includes one dressing:  
Ranch, Honey Mustard, or Blue Cheese