



FRUIT BOWLS \$12 REGULAR (16 OZ) \$9 SMALL (12 OZ)

BASE (CHOOSE 1)

ACAI
PITAYA
BLUE PARADISE
COTTAGE CHEESE
YOGURT

SALAD BOWL

SPINACH
SALAD DRESSING (CHOOSE 1)
RASBERRY VINAGERETTE, BLUE CHEESE
RANCH, HONEY MUSTARD

FRUIT (UP TO 3)

STRAWBERRY
BANANA
MANGO
PINEAPPLE
BLUEBERRY
KIWI +\$1
CUCUMBER

TOPPINGS (UP TO 3)

COCONUT FLAKES
PEANUT BUTTER
SWEET CONDENSED MILK
COCONUT NECTAR
CHOCOLATE CHIPS
CHIA SEEDS
ALMOND MILK
+\$1 COCAU NIBS
GRANOLA
GRANOLA GF
NUTELLA
AGAVE
RAW HONEY
+\$1 ALMOND BUTTER
+\$1 GOJI BERRIES

\$0.75 per topping or fruit after 3

WAVE FAVORITE COMBOS



THE WAVE

Strawberry
Banana
Blueberry

THE 1965

Strawberry
Banana
Nutella

PURA VIDA

Strawberry
Pineapple
Mango



BLUE JADE

Mango
Banana
Pineapple

HIGH TIDE

Pineapple
Blueberries
Condensed Milk

What is it? Coconut, pineapple, mango & blue spirulina algae



LOCALS ONLY

Strawberry
Blueberry

ART DISTRICT

Strawberry
Banana
Kiwi +\$1

What is it? Dragon fruit

ALL INCLUDE: Granola, Coconut Flakes
CHOICE OF: RAW HONEY, AGAVE, OR COCONUT NECTAR

SMOOTHIES \$8 REGULAR (16 OZ) \$6 SMALL/KIDS (9 OZ)

FRUITS AND VEGGIES

ALOHA Strawberry, Banana
TROPIC Pineapple, Mango, Banana
OCEAN Blueberry, Mango, Banana
BREEZE Spinach, Pineapple, Banana

DAIQUIRI & COLADA - NO BANANA

STRAWBERRY PARADISE

PINEAPPLE BEACH

MANGO MAMA

SWEET TREATS

OASIS Peanut Butter, Banana, Choc Chips
BANANA CREAM
COOKIES & CREAM
CAFE MOCHA
VANILLA LATTE

BOWL BASE BEAUTIES!

BLUE PARADISE

PITAYA

ACAI

LAVENDER LEMON ACAI

BLACKBERRY PITAYA

VANILLA BLUE PARADISE

ADD: WHEY (15G) OR VEGAN (11G) PROTEIN +\$1.50/SCOOP

ADD: WHIP CREAM +\$0.50

WAVE SMOOTHIE BASE MIX CONTAINS: GREEK YOGURT, SWEET CONDENSED MILK, COCONUT WATER, AND ALMOND MILK

EMPANADAS

CHICKEN
BEEF
CHEESE

\$5 each

HANDMADE LOCALLY - BAKED

ADD SAUCE +\$0.75:

GARLIC, PINK, OR SPICY VERDE

CHICKEN BITES

LIGHTLY BREADED CHICKEN

BREAST - BAKED

6 PIECE BITES \$6

MINI CHICK & WAFFLES \$6

BITES ON A CROISSANT \$8

INCLUDES 1 SAUCE: HONEY MUSTARD, RANCH, BLUE CHEESE



TASTY TOASTS!

BANANA CRUNCH \$6
Organic Peanut Butter, Banana, Honey, Cocau Nibs

CREAMY BERRY \$6
Low Fat Ricotta, Strawberries, Mint Blueberries, Coconut Nectar

MEDITERRANEAN \$6
Hummus, Tiki Masala Paste, Cucumber, Chia Seeds

AVOCADO \$9
Fresh Avocado, Strawberries, Balsamic Drizzle

PUT IT ON A CROISSANT +\$2.00

Let's PARTY!

8" PARTY SHARE-A-BOWLS

GENDER REVEAL BOWLS

MINI TOAST TRAYS

MINI BOWLS

RESERVE THE WAVE SPACE

NON-ALCOHOLIC BEVERAGES

FRESH SUGAR CANE JUICE \$9

Lime Optional

Add Crushed Fruit \$1 ea

Strawberry Blueberry
Mango Pineapple

ICED TEA

Regular 16 oz \$3 Large 24 oz \$4

Sweet, Unsweet, Lemon Optional
Organic, Non-GMO Black Tea

Customize: Crushed Fruit \$1 4 oz Guarapo \$3

Flavor: lavender lemon, blackberry, cherry

MOCKTAIL

ANY AGE (INCLUDE WHIP CREAM)

\$5 SHIMMERING SHIRLEY

\$5 RADIANT ROY

21+ (ZERO PROOF ALCOHOL ALTERNATIVE)

\$10 NO-JITO

\$10 FROZEN CHILL-RITA (Mango or Strawberry)

SIDES & SNACKS

\$5 HUMMUS (chips or fresh cucumber slices)
+\$1 Add Thai Spicy Garlic

\$3 MINI (3 oz) FRESH FRUIT CUP

\$2 CHIPS or COOKIES

\$2 CROISSANT

ALCOHOL (LIMIT 2 PER CUSTOMER)

OVER 21 ONLY - ID REQUIRED

\$5 MICHELOB LITE 16oz BOTTLE

CORONA EXTRA 16oz BOTTLE