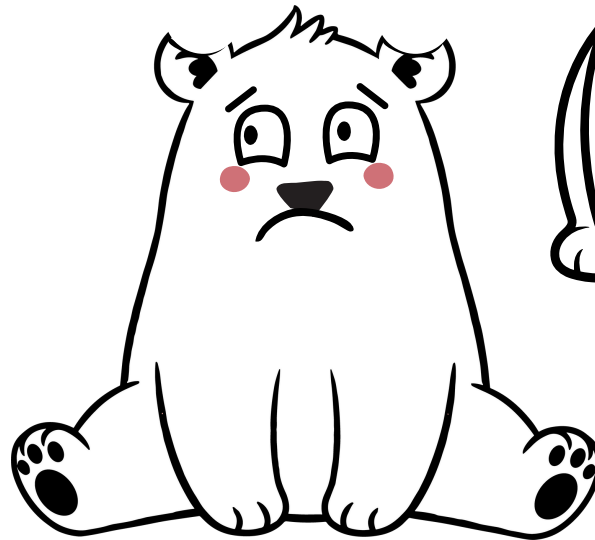
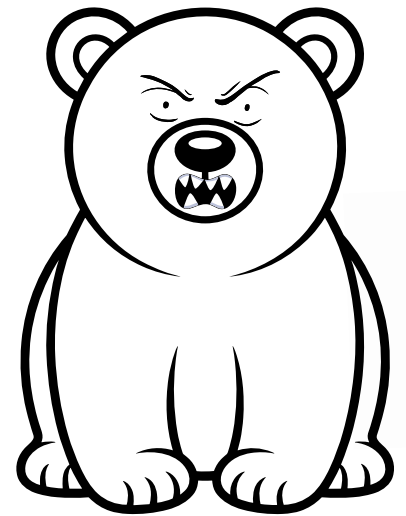
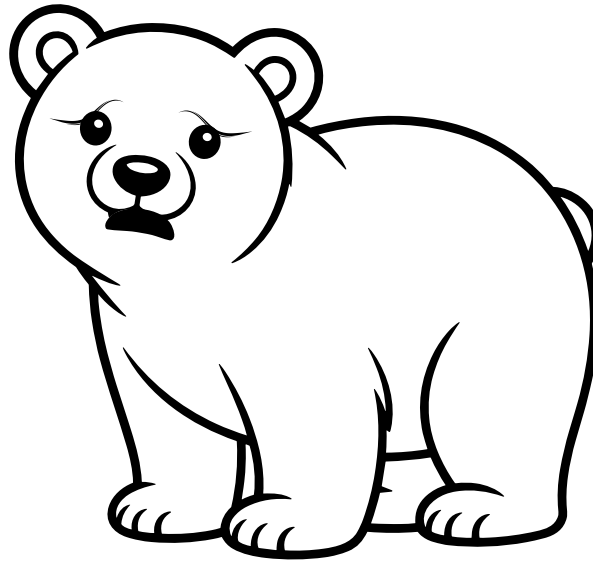
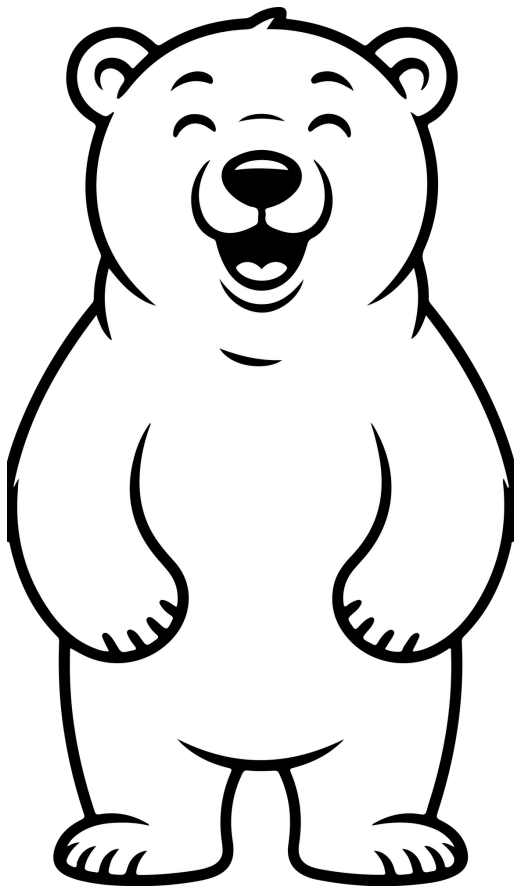




WINTER



Emotions



Can you name the emotions on the polar bears?
Identifying emotions is the first step in emotional literacy.
**FEELINGS RISE LIKE WINTER WINDS — ACCEPT THEM AND KNOW THAT
IT TOO WILL PASS.**