



Come unpack some baggage with strangers! And bring your mom!

FOR IMMEDIATE RELEASE – JULY 2026

Winnipeg, MB – Hunter Dance Project makes its Canadian debut presenting *Now, Don't Get Upset* at the Winnipeg Fringe Festival July 12 – 26, 2026.

Another voicemail. Have you called your mom back? She probably wants to see photos of her grandpets and discuss local politics or movies. Maybe she won't talk about religion. *Now, Don't Get Upset* is a solo dance monologue about a mother-daughter relationship that sifts through all the layers, hurdles, lessons, baggage, humour, grief and love within. From the growing pains in childhood to reversing roles in caretaking, this show takes a humorous yet heartfelt stroll down one particular memory lane. Audience members will be invited to respond and engage in post-show activities.

Visit www.hunterdanceproject.com for more info or see www.winnipegfringe.com for tickets. All performance with Winnipeg Fringe Festival will take place at the Salle Pauline-Boutal in the Centre Culturel Franco-Manitobain, 340 Provencher Blvd.

Performance Schedule:

Thursday, July 16 at 6:30pm

Friday, July 17 at 12:45pm

Saturday, July 18 at 4:30pm

Tuesday, July 21 at 10:00pm

Thursday, July 23 at 6:45pm

Friday, July 24 at 12:45pm

Saturday, July 25 at 2:45pm

Sunday, July 26 at 8:00pm

For additional information, contact us at hunterdanceproject@gmail.com.

MEDIA CONTACT:

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Hunter Dance Project started in 2017 when the director, Rachel S. Hunter, searched for an avenue in which to share her work. She wanted to invite the community to engage in a blend of dance, theatre, comedy, storytelling, and shared experience. Connecting with various collaborators, HDP continues to create work that engages audiences using various styles of dance alongside humor, drama, and more.